

The Annapurna Base Camp Trek is one of Nepal's most celebrated Himalayan journeys, offering an unforgettable blend of spectacular mountain scenery, rich cultural heritage, and rewarding adventure. Nestled within the heart of the Annapurna Conservation Area, this classic trek leads you through diverse landscapes to the breathtaking Annapurna Sanctuary, where some of the world's highest peaks surround you in every direction.

Your journey begins through picturesque Gurung and Magar villages, where warm hospitality and traditional mountain lifestyles have remained unchanged for generations. As you ascend, the trail winds through vibrant rhododendron and bamboo forests, terraced hillsides, crystal-clear rivers, and dramatic alpine valleys, revealing ever-changing views of Machhapuchhre (Fishtail), Annapurna South, Hiunchuli, and the majestic Annapurna I.

The highlight of the trek is reaching Annapurna Base Camp (4,130m), where a breathtaking natural amphitheatre of snow-covered Himalayan giants creates one of the most spectacular mountain panoramas in Nepal. Watching the sunrise illuminate the surrounding peaks is a moment that leaves a lasting impression on every trekker.

At Narba Treks & Expeditions, we combine experienced local guides, carefully planned itineraries, and genuine Himalayan hospitality to ensure your journey is safe, comfortable, and deeply rewarding. Whether you're taking on your first Himalayan trek or returning for another mountain adventure, the Annapurna Base Camp Trek promises an inspiring experience filled with unforgettable landscapes, cultural encounters, and a true sense of achievement.

Annapurna Base Camp Trek - 12 Days

Day Itinerary

Day 1 | Welcome to Kathmandu

Arrive in Kathmandu, where our team will greet you at the airport and transfer you to your hotel. Meet your guide for a trek briefing and enjoy a welcome dinner featuring authentic Nepali cuisine.

Day 2: Today is set aside for your final trek preparations, including permit checks and detailed briefing with your guide. Spend the rest of the day exploring Kathmandu's vibrant markets, ancient temples or relaxing at your hotel before your Himalayan adventure begins.

Day 3 | Drive to Pokhara

Travel by scenic tourist bus or private vehicle to Pokhara, Nepal's beautiful lakeside city. Spend the evening exploring the waterfront or relaxing before your trek begins.

Day 4 | Pokhara to Jhinu Danda - Trek to Chhomrong

Drive to Jhinu Danda before beginning your trek. Follow stone staircases through forests and traditional villages to Chhomrong, the gateway to the Annapurna Sanctuary.

Day 5 | Chhomrong to Dovan

Descend to the Chhomrong Khola before climbing through bamboo and rhododendron forests. Pass Sinuwa and Bamboo villages before reaching the peaceful settlement of Dovan.

Day 6 | Dovan to Deurali

Continue deeper into the Annapurna Sanctuary, trekking through alpine forests and narrow valleys with dramatic mountain views. Overnight in Deurali.

Day 7 | Deurali to Annapurna Base Camp

Trek past Machhapuchhre Base Camp as the valley opens into a spectacular natural Amphitheatre of towering Himalayan peaks. Arrive at Annapurna Base Camp (4,130m) and enjoy unforgettable sunset views surrounded by Annapurna I, Annapurna South, Hiunchuli, and Machhapuchhre.

Day 8 | Annapurna Base Camp to Bamboo

Wake early to witness sunrise over the Annapurna massif before retracing your steps through the sanctuary. Descend to Bamboo for the night.

Day 9 | Bamboo to Jhinu Danda

Continue downhill through lush forests to Jhinu Danda. If time permits, relax in the natural hot springs beside the Modi Khola—a perfect way to soothe tired muscles.

Day 10 | Drive to Pokhara

After breakfast, drive back to Pokhara. Spend the afternoon relaxing by Phewa Lake or exploring the city's cafés and shops.

Day 11 | Return to Kathmandu

Travel back to Kathmandu by tourist bus or private vehicle. Enjoy your final evening in Nepal with time for sightseeing or last-minute shopping.

Day 12 | Departure

After breakfast, transfer to the international airport for your onward journey.

□ Inclusions

1. Airport transfers
2. 2 nights' accommodation in Kathmandu
3. 2 nights' accommodation in Pokhara
4. Mountain teahouse accommodation during the trek
5. Breakfast in Kathmandu and Pokhara
6. Breakfast, lunch, and dinner during the trek
7. Experienced English-speaking licensed trekking guide
8. Porter service (1 porter for every 2 trekkers)
9. Guide and porter insurance
10. Tourist bus or private ground transportation (as per package)
11. Annapurna Conservation Area Permit (ACAP)
12. TIMS (Trekkers' Information Management System) cards

□ Not Included

1. International flights
2. Nepal tourist visa
3. Lunch and dinner in Kathmandu and Pokhara

4. Travel insurance (mandatory)
 5. Personal trekking equipment
 6. Hot showers, Wi-Fi, charging fees, and laundry during the trek
 7. Soft drinks, bottled water, and alcoholic beverages
 8. Personal expenses
 9. Emergency rescue or evacuation costs
 10. Additional private transportations
 11. Tips for guides and porters
 12. First aid kit
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□ Trek with Narba Treks & Expeditions

Our experienced local guides are passionate about sharing Nepal's mountains, culture, and traditions. With years of trekking experience in the Annapurna region, we prioritize your safety, comfort, and enjoyment every step of the way. From your arrival in Kathmandu to your final farewell, our team ensures a seamless trekking experience and genuine Himalayan hospitality.

□ Good to Know

Duration: 12 days

Route: Kathmandu → Pokhara → Jhinu Danda → Chhomrong → Annapurna Base Camp → Pokhara → Kathmandu

Difficulty: Moderate

Maximum altitude: 4,130m (Annapurna Base Camp)

Accommodation: Hotels in Kathmandu and Pokhara, traditional mountain teahouses during the trek

Best time to visit: March-May and September-November for the best weather and mountain views.

Suitable for: Active Travellers with a reasonable level of fitness. Previous trekking experience is helpful but not essential.

Equipment: Sturdy hiking boots, warm layered clothing, and a sleeping bag are recommended. Trekking equipment can be rented in Kathmandu or Pokhara before departure.

