

# Building Energy Rating (BER)

BER for the building detailed below is:

**G**

Unit 1 (formerly Heres Health)  
Market Parade  
51 Saint Patrick Street  
Cork  
Co. Cork  
T12 HC42

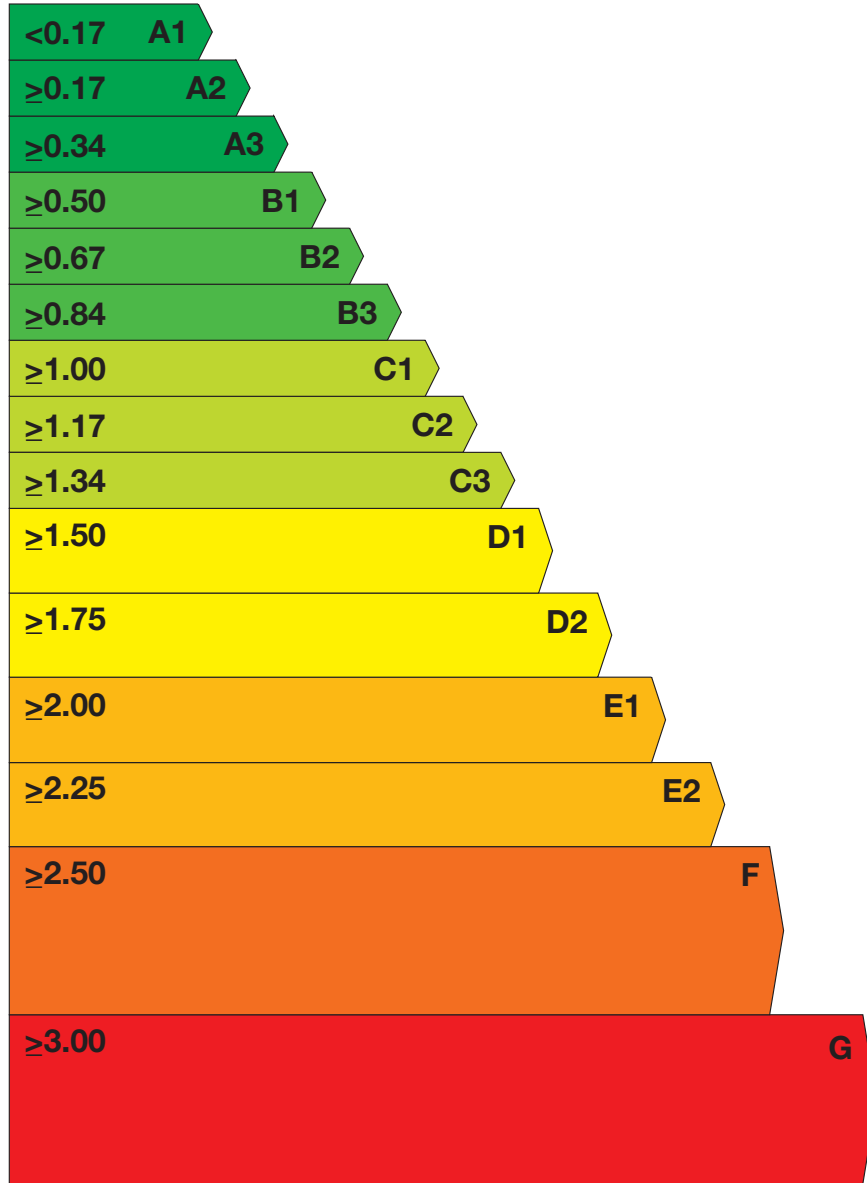
BER Number: **801080698**  
Building Type: Retail/Financial and Professional services  
Useful Floor Area (m<sup>2</sup>): **101**  
Main Heating Fuel: **Natural Gas**  
Building Environment: **Air Conditioning**

Date of Issue: **23 Jul 2025**  
Valid Until: **22 Jul 2035**  
BER Assessor No.: **104158**  
Assessor Company No.: **104158**  
Assessor Scheme: **SEAI**

The Building Energy Rating (BER) is an indicator of the energy performance of this building. It covers energy use for space heating and cooling, water heating, ventilation and lighting, calculated on the basis of standard operating patterns. It is accompanied by a CO<sub>2</sub> emissions indicator. These indicators are expressed as respective ratios of primary energy use and CO<sub>2</sub> emissions, relative to what would apply for a similar building generally satisfying the Building Regulations 2005. 'A' rated properties are the most energy efficient and will tend to have the lowest energy bills.

## Building Energy Rating (Indicator)

**MOST EFFICIENT**



**LEAST EFFICIENT**

## Carbon Dioxide (CO<sub>2</sub>) Emissions Indicator

**BEST**  
**0**

**1.0**

**2.0**

**WORST**  
**>3.0**

Calculated annual CO<sub>2</sub> emissions

**208.42 kgCO<sub>2</sub>/m<sup>2</sup>/yr**  
4.39

The less CO<sub>2</sub> produced, the less the building contributes to global warming.

**IMPORTANT:** This BER is calculated on the basis of data provided to and by the BER Assessor, and using the version of the assessment software quoted above. A future BER assigned to this building may be different as a result of changes to the building, its use or the assessment software.