THEORY FOR THE GRADED BALLET EXAMINATIONS

Theoretical questions will be marked in the section entitled 'Responses and Knowledge of Syllabus'. Most of the terms used in ballet are French (a few are Italian). Candidates are expected to learn these terms and to be able to answer what each means. It is important for the candidates to understand that these explanations are not necessarial literal translations of the French terms but relate to what they mean when used in a Ballet class.

GRADE ONE

Candidates may be asked up to 3 questions from the following: -

Question	Answer
dégagé	disengage/to release the foot from a closed to an open position
demi	half
plié	bend
battement	beat
tendu	stretch
en croix	in the shape of a cross
grand	large
retiré	draw up
adage	slow movements
coupé	cut/to cut the weight of the body from one foot to the other
chassé	slide
fondu	melt/a bend on the supporting leg
glissade	glide
petit	small
jeté	throw
sauté	spring
echappé	escape
posé	step/place
temps levé	hop
devant	front
derrière	back
en avant	travelling forwards