

BAKERY

Freshly Baked Croissant or Pain au Chocolat
Mini Pastry Basket *Homemade jams & Butter*
Toast *Butter & Preserves, White sourdough, Whole wheat*

FRUITS

Mixed Berries
Fresh Fruits Platter *Seasonal Selection*
Chia Seed Cup *Add Bee Pollen, Greek or Coconut Yoghurt, Berries*
Half Pink Grapefruit

ANNABEL'S CLASSIC EGGS

Two eggs Any Style, Toast
Full English Breakfast *Eggs Any Style, Sausage, Bacon Tomatoes, Black Pudding, Mushrooms*
Two Eggs Benedict - Florentine - Royale
Annabel's Omelette *Ham & Cheese - Vegetable - Lobster. Scrambled Eggs Smoked Salmon*
Two Soft Boiled Eggs & Soldiers..

SIGNATURE SELECTION

Pancakes *Fresh Blueberries, Whipped Cream, Maple Syrup* French
Toast *Crispy Bacon & Maple Syrup*
Toasted Bagel, Smoked Salmon *Avocado & Cream Cheese*
Bacon Sandwich

CEREALS

Homemade Granola *Organic Greek Yoghurt*
Annabel's Muesli
Classic Porridge *Berries, Seeds, Nuts*
Chilled Energy Porridge *Banana, Zucchini, Coconut & Berries*

ANNABEL'S SIGNATURE EGGS

Egg white Frittata *Kale, Green Asparagus & Avocado*
Avocado Poached Eggs, Sourdough
Cornish Crab Cakes Poached Eggs, Paprika
Haddock Poached Eggs, "Pomme Macaire", Chive
Green Asparagus Scrambled Eggs, Parmesan Crisps

SIDES

Ham Plate, Smoked Salmon, Potato Hash, Mushrooms, Crispy Bacon, Tomatoes, Sausages, Avocado, Spinach.

COLD PRESS JUICES

Kale, Spinach, Celery, Romaine, Cucumber, Apple & Lemon
Apple, Ginger & Lemon
Beetroot, Apple & Lemon
Strawberry, Apple, Lemon & Mint

COLD PRESS SHOT

Ginger Immunity

SMOOTHIES

Berry Recovery Smoothie *Apple, Banana, Coconut Water, Strawberry, Blueberry, Raspberry*
Immunity Smoothie *Orange, Avocado, Lemon, Ginger, Turmeric, Echinacea, Cayenne Pepper*
Super Green Smoothie *Apple, Cucumber, Spinach, Avocado, Lemon, Guarana, Moringa*

FRESH JUICES

Orange Apple Grapefruit Pineapple
Carrot & Ginger

COFFEE & TEA

Espresso, Macchiato, Mocha, Cappuccino, Latte (add matcha or turmeric)Americano, English Breakfast, Earl Grey, Lemongrass & Ginger, Green Tea, Peppermint