

**LUNCH MENU £8.95**

- Banana Wharf Salad**, *Dressed Leaves, Baby Spinach, Croutons, Boiled Egg, Avocado, Crumbled Goats Cheese*
- Asian Super Bowl**, *Mizuna Leaves, Tenderstem Broccoli, Carrot, Spring Onion, Green Chilli, Peanuts, Coriander, Black Sesame Miso Dressing*
- Local Trout Pate**, *Brown Crab Mayonnaise, Toasted Sourdough*
- Pappardelle Carbonara**, *Smoked Pancetta, Chestnut Mushrooms, Egg Yolk, Parmesan*
- Spaghetti Bolognese**, *Classic Rich Beef Ragù*
- Half of Any Pizza & Seasoned Fries**
- “BFC” (2 piece)** *Banana Wharf Fried Chicken, Fries & Slaw*
- Beef Rendang**, *Indonesian Beef & Coconut Curry, Toasted Coconut, Coriander Rice*
- Beef Burger**, *Aged Beef Patty, House Pickles, Messy Sauce, Fries*
- Moving Mountains Vegan Burger**, *House Pickles, Raw Slaw, Vegan Brioche Bun, Fries*
- Banana Wharf Nachos**, *Baked Tortilla Chips, Salsa, Guacamole, Sour Cream, Cheese & Jalapenos*
- Oriental Vegetable Stir-Fry**, *Egg Noodles, Fresh Chilli, Soy & Oyster Sauce*

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ANY OF THE FOLLOWING ON SOURDOUGH BLOOMER OR GRANARY WRAP

**SANDWICHES**

- Pea & Mint Falafel**, *Hummus, Beetroot, Horseradish, Baby Spinach* **7.25**
  - Chicken, Avocado & Bacon**, *Romsey Watercress, Mayonnaise* **7.95**
  - Cheddar Cheese**, *Branston Pickle, Spring Onion, Tomato* **7.25**
  - Hake Fish Fingers**, *Crushed Scampi Fries, Romsey Watercress, Tartare Sauce* **7.95**
  - Steak Sandwich**, *Pan Seared Minute Steak, Onion Rings, Salsa Verde* **9.75**
- All Served With Seasoned Fries

**THIRSTY?** .....

Add ½ a pint of coke zero, diet coke, lemonade or fruit juice for only £1

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