

Lime Tree Spa Updated treatments and Prices

MUM'S TO BE

Ultimate Pregnancy Massage* 60 mins £75

This gentle and nurturing massage with grape seed oil soothes tension brought on with pregnancy. Safely enjoy an hour of absolute relaxation and calm and connect with your unborn baby.

Hand and Foot Revival Treatment* 30 mins £40

A simple yet deeply nourishing hand and foot treatment; which will gently soften and restore the joints, muscles and skin. The hands and feet will be washed in aromatic water, scrubbed, soothed and massaged; reflexology points will be considered and you will feel completely balanced and indulged.

*Only suitable during trimesters 2 & 3

BODY SCRUBS & WRAPS - FOR HER

Divine Body Treatment 50mins £60

Exfoliating becomes a pleasure with our Caudalie divine body polish. It combines naturally exfoliating grains to remove dead skin cells, before applying a tranquil body oil to leave you feeling hydrated and silky smooth. A great pre-holiday treat.

Crushed Cabernet Scrub and Detox 50mins £60

The most popular scrub from the Vinotherapie spas. It is an ideal 'starter' for your treatments. A blend of grape-seed, honey, brown sugar and the essential oils of the Contouring Concentrate will regain your skin's natural radiance and softness, leaving it feeling clean, refined and perfectly smooth. This is an ideal treatment for a slimming program or to simply detox.

Caudalie Body Balm Wrap 60mins £70

A deeply nourishing treatment for the body, that starts with a Crushed Cabernet or Divine body scrub to exfoliate away the dead skin cells; followed by a Vine body butter, you are then wrapped into a cocoon of warmth and moisture, whilst enjoying a heavenly scalp massage. An ideal post-holiday treatment.



CAUDALIE SIGNATURE FACIALS - FOR HER OR FOR HIM

Premier Cru Facial - Ultimate anti-aging 75mins £95

This exceptional advanced anti-ageing facial will lift, moisturise, smooth & plump the skin with cutting edge innovative techniques and products from the Premier Cru Range. The facial includes a technique carried out using a roller with a micro-point system, stimulating the natural production of collagen and elastin.

Resveratrol Lift Facial - Firming and lifting 70mins £70

This tightening facial has been specially created for skin lacking in tone & firmness and looking to regain that youthful appearance. A thermal mask rich in unique anti-ageing active ingredients, gives immediate lifting and re-sculpting effects.

VineActiv Treatment - Anti-oxidant, anti-wrinkle 60mins £65

This detoxifying facial treatment hydrates, renews and energizes the skin cells in the epidermis, whilst deeply cleansing the skin and draining toxins. The facial incorporates the use of jade rollers to reduce the appearance of fine lines & wrinkles. It is perfect for those wishing to maintain and protect their skin from the environment and free radical damage.

Vinoperfect Radiance Facial - Complexion correcting / anti-dark spot 60mins £65

A unique facial treatment specifically designed to correct the complexion, restoring radiance and vitality to the skin. Created for tired, dull & uneven skin types, this treatment includes massage techniques using hot and cold basalt stones to awaken the luminosity of the complexion.

Vinosource Hydrating Facial - Hydrating / balancing 60mins £65

This signature Caudalie facial incorporates the use of fresh grapes for their amazing anti-oxidant and hydrating powers. The skin will be deep cleansed hydrated and refreshed. Ideal for all skin types including even the most sensitive.

Instant D-Vine Facial - Instant glow 30mins £40

This express treatment is tailor made to meet the needs of every skin type. This facial includes: eye and skin cleansing, deep exfoliation, the application of a customized mask, and a hand massage completes this moment of well-being. The experience is completed with serums and moisturisers to meet your individual requirements.

Premier Cru Eye Treatment* - Lifting & Firming 30mins £35

This treatment for the eye contour is perfect for really brightening the delicate area around the eyes. It starts with a delicate massage followed by the application of a hydrogel patch concentrated in red vine, horse chestnut and ivy leaf that smooth features, substantially diminishing dark circles and instantly reducing puffiness. The eye contour is lifted and the eyes enhanced.

*Incorporate the Premier Cru eye treatment to any Caudalie facial for £20 Purchase a course of any Caudalie facial treatments and receive: 10% discount on a series of four 20% discount on a series of six

BODY MASSAGE - FOR HER OR FOR HIM

Indian Head Massage 30mins £35

The benefits of Indian head massage can be both physical and psychological. Not only can it help you to relax, it can have the added benefit of reducing stress and tension headaches. This massage incorporates the upper back, shoulders, neck, face and scalp with added pressure points to melt away the stress of daily life.

De-stress Back Neck and Shoulder Massage 30mins £45

An incredible half-hour treatment that will melt away your tensions and restore balance. Your therapist will select essential oils to suit your mood and dissolve the stresses you've been facing, leaving you relaxed yet refreshed both in body and mind.

Lime Tree 'Back to Life' Massage 45mins £55

This wonderfully relaxing treatment combines all the elements for a de-stressing back massage, along with the deeply calming and healing benefits of an Indian head massage. Starting with a massage on the back, the therapist's hands then flow seamlessly onto the upper arms, upper chest, neck, face and scalp. You will leave feeling totally enveloped in peace and calm.

Relaxing Full Body Massage 60mins £70

This is a fantastically relaxing treatment which incorporates the back, arms, front and back of the legs and feet. As well as removing muscular aches and pains it will help cure tension and de stress your entire body. As no two people are the same each massage will vary catering to your body's specific needs.

Caudalie Fleur de Vigne Warm Oil Massage 60mins £75 This massage is one of Caudalie's most fragrant and special signature treatments. Using the warmed balm from a Fleur de Vigne candle, your body is nourished from top to toe. This moisturising massage activates blood circulation and muscle tone. You will leave feeling warmed, soothed and revitalised.

Lime Tree Ultimate Signature Massage 90mins £90

Every part of your mind, body and soul will feel deeply relaxed and recharged, following this personalised treatment designed to soothe you physically and emotionally. After consultation with your therapist, carefully applied pressures will stimulate the nervous system, whilst Swedish and aromatherapy techniques completely relieves tension. This treatment also includes the face and scalp.

Hot Stone Massage 60mins £75

This massage uses hot basalt stones to help warm the muscles and soothe you of any aches and pains. The smooth stones are warmed in a water heater so they are the perfect temperature to help work out any tight muscles or build up of knots.

Hopi Ear candles 40mins £40

As the candle gently burns down it is believed to act like a 'chimney' creating a light vacuum effect. The flicker of

the flame also creates vibrations that massage the eardrum. The herbal vapours from the lit candle also swirl into the ear canal, helping to soothe and balance.



HANDS - FOR HER

Express Manicure £20

Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with custom basecoat, completed by the perfect polish.

Shellac Manicure £25

Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with custom basecoat, completed by Shellac polish.

Luxury Manicure Including - Normal Polish £30

- Shellac Polish £35

Nails are assessed and treated for their specific type. Luxury manicure includes exfoliation, massage and cuticle care. Nails are shaped and treated with custom base coat, completed by the polish of your choice.

Removal and Mini Manicure/Tidy £10

FEET - FOR HER

Express Pedicure £20

Toe nails are carefully shaped and treated with a custom basecoat, completed by the perfect polish.

Shellac Pedicure £25

Toe nails are carefully shaped and treated with a custom basecoat, completed by Shellac polish.

Luxury Pedicure including - Normal Polish £30

- Shellac Polish £35

Nails are assessed and treated for their specific type. Luxury pedicure includes exfoliation, massage and cuticle care. Nails are shaped and treated with custom base coat, completed by the polish of your choice.

Paraffin wax treatment £10

Can be added to any manicure. The wax is a natural emollient, helping make skin supple and soft. When applied to the skin, it adds moisture and continues to boost the moisture levels of the skin after the treatment is complete. It can also help open pores and remove dead skin cells.



ESSENTIALS - FOR HER

Waxing Full leg wax £25

Underarm wax £10

Full leg and bikini wax £30

Fore-arm wax £20

Basic bikini £12

Half leg wax £18

High leg bikini £18

Lip or chin wax £8

Lip and chin wax £15

Eyes Eyebrow Wax Shape £10

Eyelash tint* £15

Eyelash and Eyebrow Tint* £20

Eyebrow tint* £10

Lash lift and tint* £35

*For all tinting, a patch test is required at least 24 hours prior to appointment.

Dermaplane Facial £30

Dermaplaning is a simple and safe procedure for exfoliating the face and ridding of fine vellus hairs (peach fuzz). Dermaplaning uses a sterile surgical scalpel specially designed for the face to gently remove the top layer of dead skin. Dermaplaning is more gentle, yet deeper exfoliating than microdermabrasion. Finished with a collagen hydration sheet mask.

ESSENTIALS - FOR HIM

Full Back & Shoulder Wax £25

Stomach & Chest Wax £30

Chest Wax £20 Upper Back & Shoulders £20

Eyebrow £10

Master manicure 30mins £25

Hands and cuticles are conditioned and moisturised, and your nails filed to your requirements. This treatment is completed with a wonderful hand massage and your nails are buffed to a healthy shine – a treat for any gentleman.



lime tree spa