



# THE FORESTERS GLUTEN FREE MENU

## STARTERS

## MAINS

Dear Customers

Just to say all of your food is freshly cooked to order by our chefs.

We are not a fast food pub! We buy fresh food and cook it fast as we can in our tiny kitchen ;)

If you have any Allergies, please speak to a member of staff, we will do our best to accommodate you.

Please pop to the Bar to order all your Food & Drink. Don't forget your table number. Thank you.

Jade & The Forest Crew xxx

### Cheddar & Spring Onion Soufflé

With Gluten Free Bread £6.95 (V)

### Duck & Orange Pate

With Gluten Free Bread £5.95

### Soup of the Day

With Gluten Free Bread £5.45 (VG)

### Oven Baked Camembert Sharer

With Sundried Tomatoes, Cranberry Sauce & Gluten Free Bread £10.95 (V)

## SIDE ORDERS

Thin Chips-£3 ; Chunky Chips-£3.50

Sweet Potato Fries £3.50;

Gluten Free Bread £1.50

### Gammon Steak

With Eggs, Chips & Peas £11.95

### Beef Burger Stack

With Bacon, Cheese, Gluten Free Roll & Chunky Chips £12.95

### Thai Spiced Quinoa & Veg Burger

With Gluten Free Roll, Chips & Salad £11.95 (VG)

### Choice of 10oz Rump or

### 10oz Rib-Eye Steak

Served with Chips, Peas, Grilled Tomato & Peppercorn Sauce £21.50

## GLUTEN FREE ROLLS £6.95

(AVAILABLE 12-2:30 Mon-Sat)

### Ham & Cheese

Bacon, Brie & Cranberry

Cheese & Tomato (V)

Tuna & Mayonnaise

With a Salad Garnish & Crisps or Add Chips for £2

Discretionary 10% Service Charge is added to tables of 6 or more.

V-Vegetarian

