



THE FORESTERS MENU

**Gluten Free Menu Available,
Please Ask!**

Dear Customers

**Just to say all of your food is freshly
cooked to order by our chefs.
We are not a fast food pub! We buy
fresh food and cook it fast as we can
in our tiny kitchen ;)**

**If you have any Allergies, please speak
to a member of staff, we will do our
best to accommodate you.**

**Please pop to the Bar to order all your
Food & Drink. Don't forget your table
number. Thank you.**

Jade & The Forest Crew xxx

STARTERS

- Honey Mustard Ham Hock Terrine**
With Toasted Brioche, Red Onion Marmalade &
Pickled Gherkins £6.50
- Spring Onion, Shallot & Cheddar Soufflé**
With Crusty Bread £6.95 (Can be Gluten Free) (V)
- Chicken Caesar Salad**
With Homemade Dressing, Anchovies & Croutons
£5.95 (Can be Gluten Free)
- Black Eyed Bean Salad**
With Mixed Leaf & Red Wine, Olive Oil
Vinaigrette £5.95 (VG) (GF)
- Avocado, Grapefruit & Cashew Nut Salad**
With a Rose Harissa Vinaigrette £6.95 (VG) (GF)

MAINS

- Beef Burger Stack**
With Bacon, Mature Cheddar, Onion Ring, Coleslaw
& Chips £12.95 (Can Be Gluten Free)
- Beer Battered Haddock**
With Chips, Tartar Sauce & Mushy Peas £11.95
- Sausages of the Day**
With Creamy Thyme Mash, Red Onion Marmalade,
Peas & a Red Wine Reduction £12.95
- Sweet Potato & Chickpea Burger**
With Coleslaw & Sweet Potato Fries £11.95 (V)
(Can be Gluten Free or Vegan)
- Castle Bay Scampi**
With Chips, Peas & Tartar Sauce £12.95
- Homemade Fish Pie**
Topped with Sweet Potato Mash, with Seasonal
Vegetables £13.95 (GF)
- Thai Green Vegetable Curry**
Served with Rice in a Filo Basket £14.50 (VG)
(Can be Gluten Free)

Discretionary 10% Service Charge is added to tables of 6 or more.

GF-Gluten Free

V-Vegetarian

VG-Vegan





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Please Ask!**

THE FORESTERS MENU

SALADS

Chicken Caesar Salad

With Homemade Dressing, Anchovies & Croutons
£11.95 (Can be Gluten Free)

Black Eyed Bean Salad

With Mixed Leaf & Red Wine, Olive Oil
Vinaigrette £11.95 (VG) (GF)

Avocado, Grapefruit & Cashew Nut Salad

With a Rose Harissa Vinaigrette £13.50 (VG) (GF)

KIDS MEALS £6.95

Beef Burger with Cheese, Chips & Peas

Scampi, Chips & Peas

Chicken Goujons, Chips & Peas

Battered Haddock, Chips & Peas

Ham, Eggs, Chips & Peas

BAGUETTES £6.95

(AVAILABLE 12-2:30 Mon-Sat)

Fried Chicken & Tomato

Ham & Cheese

Bacon, Brie & Cranberry

Cheese & Tomato (V)

Sausage, Bacon, BBQ Sauce & Cheese

Tuna & Mayonnaise

Fish Finger & Tartare Sauce Sandwich

Served with a Salad Garnish & Crisps

Add Chips for £2



SIDE ORDERS

Chunky Chips £3.50

Sweet Potato Fries £3.50;

Extra Bread £1.50

Onion Rings £2.50

Dauphinoise Potatoes £2.50

Cheesy Chips £4.00

PLEASE ASK TO SEE FULL DESSERT MENU

ICE CREAM AND SORBET

Served in portions of 3 scoops for £5.95

Ice Cream : (GF)

Chocolate, Vanilla, Cappuccino, Berries in Clotted
Cream, Salted Caramel, Honeycomb Hash

Sorbet: (VG) (GF)

Lemon, Passionfruit, Mango, Pineapple, Lime

Kids Tubs: (GF)

Strawberry, Chocolate, Vanilla, Salted Caramel,
Mint Choc Chip £2.50

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