



# Gluten Free

## Nibbles & Light Bites

**Pitta & Hummus £3.75/£4.75**

**Garlic Pitta £3.75/£4.75**

**Cheesy Garlic Pitta £4/£5**

**Soup of the Day £5.95**

**Marinated Olives £3.95**

**Fried Calamari, Aioli £5.50/£9.50**

**Falafel Bites Muhammara Sauce £4/£8**

**Baked Camembert, Dukkah & Crudités £6.95**

## Salads

**Crispy Chilli Beef, Asian Salad & Chilli Peanuts £6.75/£12.50**

**Roasted Vegetable, Falafel & Sunflower Seed Salad & Tahini Dressing £6.25/£9.75**

**Chicken Caesar Salad, Bacon Lardons, Anchovies, Soft Boiled Egg £6.75/£12.50**

## Mains

**Roasted Gressingham Duck Breast, Red Wine Braised Lentils & Smoked Bacon £15.95**

**Roasted Corn-Fed Chicken, Ham Hock, Root Vegetable & Herb Broth £14.95**

**Handmade Beef Burger, Smoked Bacon, Cheddar, Relish, Skin-on-Fries & Coleslaw £13.50**

**Falafel Burger, Pickled Red Cabbage, Muhammara Sauce, Skin-on-Fries & Coleslaw £11.95**

**Black Eyed Bean Burger, Smashed Avocado, Tomato Salsa, Skin-on-Fries & Coleslaw £11.95**

**Goan Cafreal Curry, with Roasted Vegetables or Fish, Cashew Nuts, Rice & Pitta £12.50**

**Sausages, Creamy Mash, Seasonal Vegetables & Gravy £12.95**

**Please let a member of staff know that you are ordering off of the Gluten Free Menu and if you have any other allergens**