

# CONNECT for HEALTH

Staying Well Together

## Are you living in Leeds South and East?

Connect for Health is a free, confidential, friendly signposting service for people aged 14 and over. We can help you to work out what's right for you and connect you with local services and groups.

To find out more, come see us at one of our  
community drop-ins:

St Richard's Church (Seacroft)

Seacroft Community Hub

The Compton Centre (Harehills)

Dewsbury Road Hub (Beeston)

The Vale Circles (Beeston)

Hunslet Methodist Church

BITMO's GATE (Belle Isle)

Rothwell Hub

call us to find out when we'll be in your area.

 [www.connectforhealthleeds.org.uk](http://www.connectforhealthleeds.org.uk)

 0113 387 6380