

**DUNCAN
AND TODD
OPHTHALMIC
OPTICIANS**



Why choose Contact Lenses?

Flexible packages,
whatever your lifestyle.

We can fit lenses to correct
99% of prescriptions!

duncanandtodd.com

Ask about our free trial today.

Anyday/Everyday.



She wears contacts.

LENSES FOR YOUR LIFESTYLE

WHY CHOOSE
DUNCAN AND TODD?

**Because we are
committed to our
patients.**

We are committed to providing
the best patient care available.

We ensure that your lenses are
comfortable and fit your lifestyle.

We offer support every step of
the way from trial to aftercare.

Contact Lenses the D&T Way

Thank you for choosing Duncan and Todd as your contact lens specialist. Whether you are an experienced wearer or this is your first time, we have the support you need to ensure that your lenses are comfortable and fit your lifestyle. Duncan and Todd are with you all the way, anyday/everyday.

Your free trial

Whether you want contacts for casual infrequent wear, or everyday use - why not take a free trial with Duncan and Todd and let us find the right lenses for you. Our expert team will talk to you to understand what you want from contact lenses and find the right lens for your prescription and needs.

After an eye exam and initial consultation with a Contact Lens Practitioner, you'll be introduced to your Contact Lens buddy and given a lens lesson to show you how to insert, remove and care for your lenses. Your Contact Lens Buddy will also keep in touch

with you during your trial to make sure you are getting on ok with your lenses.

Your trial pack will include either 7 days' worth of daily disposable contacts or 1 pair of monthly disposables and cleaning solution. After 7-10 days you will be invited back into your branch for a Contact Care appointment to see how you got on.

In the unlikely situation that you're not satisfied we can extend your trial but if you're happy with your lenses we'll get you set up on either our Complete Contact Care scheme or you can Pay as You Go.

Lens care

Aftercare is really important to ensure that you have the most suitable lenses for your prescription and needs. After your trial we'll invite you back for a Contact Care appointment at three months and then typically each year.

Of course, if you have any issues, or your requirements change, don't hesitate to get in touch and your Contact Lens Buddy will organise a sooner appointment.

Our Lens Packages

Complete Contact Care

Our best value package - everything is taken care of, hassle free. Everything you need is included and will be delivered straight to your door!

- Unlimited Contact Care appointments
- 50% off prescription glasses
- 25% non-prescription sunglasses
- Free home delivery every 3 months
- Free replacement lenses (monthly and daily)
- Free contact lens solution (for monthly lenses)

NOTES:

Contact Care Only

We will ensure all your healthcare, vision and comfort needs are taken care of. Lenses and solution can be purchased as required

- Unlimited Contact Care appointments
- 25% off frames
- 10% off Pay-as-you-Go Lenses (monthlies and dailies)
- 25% off non disposable lenses

NOTES:

10 Myths about Contacts



1 Contact lenses are uncomfortable

Once you're used to contact lenses, most people can't even feel them once they're in! Modern materials are very soft and full of moisture to keep your eyes comfortable all day long.

Myth

2 I will have to wear them all the time

Daily disposables are a flexible way to use contacts. You can keep your glasses and wear contacts whenever it suits your activities be it a special occasion, exercise or to avoid double frames for 3D films!

Myth

3 Contacts are expensive

Myth

Standard monthly lenses and solutions start from around 50p a day, or under £1 a day for daily disposables.

4 They're hard to put in and out

It can feel strange to do at first but our expert staff will take all the time you need to teach you how to handle your lenses and we'll keep in touch until you are confident with your contacts.

Myth

5 Contact lenses have age restrictions

There is no minimum or maximum age for contact lenses. As long as you are capable of caring for the lenses themselves, then you can have contacts!

Myth

6 My prescription isn't suitable for contacts

Myth

Advances in lenses mean we can correct almost all prescriptions - even those with astigmatism and patients that usually wear bifocals or varifocals.

7 Contacts are difficult to look after

Myth

Monthly lenses can be cleaned with a one-bottle contact lens care systems make cleaning and disinfecting easy. Or you can go for daily disposables and throw away after each use!

8 Contact lenses can pop out of my eyes

Myth

Modern soft contact lenses will fit close to the eye and so will only move if somebody moves them by touching your eyes.

9 Contacts can get stuck to my eyes

If your eyes get very dry, soft contacts can get momentarily stuck to the surface of the eye but re-moistening the lens by applying sterile saline or a multipurpose contact lens solution will get it moving again.

Myth

10 Contact lenses can get stuck behind my eyes

Myth

Fear not, contacts can't get stuck behind your eye because a thin membrane called the conjunctiva covers the white of your eye and connects to the inside of your eyelids, making it impossible for a lens to get lost!



For more information on
our Contact Lens Service,
please visit your nearest
Duncan and Todd store.

Find your nearest store at
duncanandtodd.com

Anyday/Everyday.