

Fleet Fun Walk 2020 (FFW 2020)

HEALTH AND SAFETY BRIEFING

Introduction

The aim of this briefing note is to ensure participants in Fleet Fun Walk 2020 are aware of the possible hazards or risks that could be encountered on the route for the walk. This briefing note is not to be seen as identifying all risks on the route but to inform on all those identified by the organizers and to raise sufficient awareness in participants to allow them to take all necessary care when carrying out the walk.

Identified Hazards on the Walk

The following hazards have been identified by the organizers of the walk where care should be taken by walkers/participants:

- **Road crossings.** Main road crossings will be controlled by marshals but minor roads will not be. Walkers should always proceed with caution when crossing all roads
- **Shared walkways.** Some foot paths will be shared with cyclists so walkers should be aware where this is the case.
- **Fleet Pond area.** Walkers should always keep to the footpaths and bridges in this area and not venture onto adjacent land. They should also be aware of the various trip hazards that can be found in this area together with off road cyclists.
- **Basingstoke Canal.** Walkers must keep to the towpaths along the Canal and be aware of the low head height and pinch points under bridges. They must also be aware of other members of the public and cyclists using the towpaths.
- **Styles.** There are two styles on the 'walk extension', between MP8 and MP9, for this reason the 'walk extension' is not recommended for those who use wheelchairs, walking frames or sticks; they should return from MP8 to complete the main 7.3mile walk
- **Emergencies.** Walkers are to ensure they are fully aware of their current position during the walk at all times so that in the event of an emergency they can report their position to the organisers in accordance with the

emergency procedures provided. If they do get lost they should advise FFW 2020 Control of the last 'marshal point' they passed, and the 'last direction sign number' they saw - if known.

- **Missing sign posts.** If any sign posts are noted as missing by those participating in FFW 2020 they should report the fact back to the control/ start point.
- **Communications.** Each group is to appoint a Team Leader who is to be in possession of a fully charged mobile phone which should remain on during the walk. They are to log their phone details at the start of the walk with the organisers. If they intend leaving before completing the walk they are to communicate this to the organisers using the numbers provided.
- **Weather.** Walkers are to ensure they are aware of the current weather forecast on the day of the walk and ensure they have sufficient clothing and water with them given the prevailing conditions.

This safety briefing is not to be seen as exhaustive in identifying hazards on the route and walkers may experience other hazards on the day. The message is that all involved in walking the route should take every precaution to ensure they complete the walk safely.

This is to certify that I have read the safety briefing and fully understand all the points raised therein.

Signed..... Leader of group number.....

Full name.....

Mobile telephone number..... Date.....

V2 09th December 2019