

Covid-19 Case study: Evington Crochet4All group

Evington Crochet4All group, were asked to 'spread the love' by a local hospital who tasked them to crochet some hearts for patients and their families. The mini heart pairs were made so a patient at the hospital could have one heart and their family member the other, just to let them know that their family members were close even though they could not be by their bedside during this Covid-19 pandemic period.

The Crochet4All group, who stay in contact with each other daily via a WhatsApp group, had a virtual lesson from Abdul, the group lead, who showed them how to make the hearts. Group members then went off, shared their progress and pictures with each other all whilst #DistantSocialising. The group produced a colourful display from hearts made for the hospital. Staff were so pleased with the hearts that they would like the group to make them some more.

So, if you would like to try and have a go at making some





hearts, for your nearest and dearest, to let them know you are thinking of them, the pattern is as follows:

You need wool, could be single or double knit, and a 4mm crochet hook:

- You make a slipknot then chain 4 stitches to start your heart
- Double treble in the first chain x3 times
- Then treble in the same chain x3
- Next do 1 double treble stitch in the same hole
- Then...3 treble stitches in the same hole again
- Next chain 3 double treble stitches in the same hole
- Then...chain 3 stitches and lock the chain in the centre of the heart to finish it off by chaining one then cutting your wool.

That's it, 1 heart done! Now make heart number 2!

Make sure your pairs are of the same colour wool...enjoy your handy work and share with that special someone close to you!

