

LANCASHIRE WOMEN

Support each other

These groups are led by trained volunteers and provide a relaxed and informal opportunity to meet others, develop new skills and receive support - from women who know what you are going through.

Our groups are always welcoming, safe and supportive. Groups vary from centre to centre, according to local interest and needs.

Accrington

Drop in Support Session
Tuesday 10am-12noon

ESOL -
Wednesday 10am-12noon

Burnley

Drop in Support Session
Monday 10am-12noon

Coffee Colour Connect -
Friday 12pm-2pm

Coffee Circles -
Wednesday 9.30am-11am

Blackpool

Coffee Circles -
Tuesday 10am-11:30am
(continues all year round)

Craft Group-
Tuesday 1pm - 3pm

Preston:

Arty Social -
Monday 10am-12noon

Coffee Circles -
Thursday 10am-12noon

**FREE
SESSIONS**

Term time only

#TimeToTalk