

Volunteer with **LANCASHIRE WOMEN**

**Thank you for your
interest in Volunteering.**

**Please read the following
information before completing the
application form on our website:**

lancashirewomen.org/volunteer

PERSON SPECIFICATION

These are the skills and attributes we look for in a Volunteer at Lancashire Women. If successful in your application we will provide training to help you develop all of these skills.

- A good listener who is empathetic and person-centred
- Patient, friendly and approachable
- Self-motivated and able to work as part of a team.
- Organised, punctual and reliable
- Good communication and observational skills
- Adaptable, reflective and resilient
- Have an understanding of confidentiality and personal and professional boundaries

POSSIBLE ROLES

Once your application has been accepted, and following a 5 week (one day a week) training course, volunteers can apply their new skills and learning in a variety of ways. For example:

- Facilitating a peer group
- Supporting a trainer
- Fundraising and engagement
- Researching or inputting data to help measure impact
- Signposting to external support services
- Offering support and guidance/befriending
- As a volunteer Therapist (NB minimum Level 4 or working towards required for counsellors)
- Co-designing and producing services

THE APPLICATION PROCESS

1. Read the guidance notes, complete and submit the application form on our website: lancashirewomen.org/volunteer
2. If we feel that LW would be the right place for you - a member of the team will get in touch to discuss your application further.
3. You will be then be invited to attend a short interview via Zoom.
4. Successful applicants will be invited to join the team and begin your 5 week training course with Lancashire Women. (1 day a week). The next training course starts on Friday 10th September 2021 and every following Friday 9:30am-2:30pm until the 8th October 2021.
5. Your volunteering journey with Lancashire Women will begin!

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GUIDANCE NOTES FOR VOLUNTEER APPLICATIONS

Please read through the following notes that will help you complete the application form.

Minimum Requirements:

- Applicants must be over 18
- Applicants must be available to volunteer for a minimum of 4 hours per week and for at least 6 months
- If the application is successful, a 5 week (one day a week) training course must be completed
- A DBS check will be required

Q8: Please take a look at the Lancashire Women website and/or social media channels to familiarise yourself with our values and services. Then describe how you might be best suited to working at our organisation.

Q9: Skills and Experience - Tell us about the skills and experience you can offer to Lancashire Women as a volunteer. This could include any transferable skills, knowledge or experience you have that could enhance our current offer or lead to developing something completely new! Please read the Person Specification in the guidance notes on the Volunteering page to guide you.

Section 3 - References: Please provide 2 referees who can comment on your employment skills and your personal attributes; if you don't have a previous or current employer, then please provide 2 personal referees. Please check with them they know you've put them as a reference in case we need to contact them. These must not be family members.

Before submitting your application, check that you have completed all sections of the form and read through your answers as a final check.

Wherever our volunteers find themselves, they can be sure that they will be empowering women to be able to transform their lives and ensuring that they too can have choices in becoming the individuals they want to be.