

The logo features the word "Somerset" in a dark blue serif font at the top. Below it is a red house icon with a white heart inside. To the right of the house icon, the words "my home" are stacked vertically in a dark blue sans-serif font, and "my life" is stacked vertically in a red sans-serif font.

Somerset  
**my home**  
**my life**

Delivered by Aster Living

**home from hospital**  
**support**

The text is arranged in three lines. The first line is "live your life" in a dark blue sans-serif font. The second line is "safely & independently" in a smaller, lighter blue sans-serif font. The third line is "in your own home" in a red sans-serif font.

**live your life**  
safely & independently  
**in your own home**

Delivered by Aster Living



## who are we?

**my home my life** helps residents of Somerset live safely and independently in their homes.

Our service is focused on your housing being warm, safe and secure, well maintained and suitably adapted so you are able to live independently.

## how can we help?

Our home from hospital service gives essential advice and support on making simple adjustments within and outside your home to keep you safe.

Our aim is to make you stay independent, mobile, confident and medically fit as possible following discharge from hospital or after receiving treatment from another health provider.

# what do we do?

Our dedicated team of Caseworkers and Technicians will provide advice and practical help before you go home, or within the first few weeks after you are home such as:

- > Moving of beds or other furniture within the home
- > Help you set up food delivery services
- > Arrange the installation of Telecare Life Line equipment which includes an 8 week free trial
- > Meet and Greet you at Home following your stay in hospital
- > Make arrangements for the fitting of key safes, home improvements and adaptations
- > Provide benefit and welfare advice
- > Help you sort out utility bills and other post whilst you have been in hospital
- > Carry out a Home Safety check to ensure you are safe and secure
- > Carry out a Home Energy Assessment to keep you warm, well and reduce fuel poverty.
- > Make arrangement for urgent shopping requests for those clients who have no one else to help
- > And lots, lots, more...  
please contact us for advice



This isn't everything we can do

If you would like any advice on any of **my home my life's** services, please don't hesitate and call us today.

**eligibility:** The service is available to all Somerset residents following a stay in hospital or after receiving treatment from another health provider.

## Is there a charge?

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There is no charge for our advice service but you may have to pay for any adaptations, repairs, maintenance or equipment we arrange on your behalf.

We will discuss any potential costs with you beforehand.

Please call or email us today for advice or information on any of our products, services, prices or to arrange a repair.

## Extra help?

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Our HandiHelp service can do all sorts of small jobs around your home at competitive rates. We also offer a range of private Telecare equipment. Call us for more details.

Please don't hesitate to call us **today!**

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Call: **0333 400 8299**

Email: [info@asterliving.co.uk](mailto:info@asterliving.co.uk)

or visit our websites:

[www.somersetmyhomemylife.com](http://www.somersetmyhomemylife.com)

[www.asterliving.co.uk](http://www.asterliving.co.uk)

Please quote **2369** when you contact us.

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If you need this leaflet in another language, braille, large print or on audio tape or CD, please let us know by calling the number above.