Healthcare Priorities – Lessons from Rural life for City living

Dr Tan Lai Yong
College of Alice and Peter Tan (NUS)
International Forum on Quality and Safety in Healthcare: Singapore 2016
College of Alice and Peter Tan
National University of Singapore
Community Engagement
College of Alice and Peter Tan
“Community Engagement”
Yunnan 1996-2010

No Sponsors or Financial Interest
Rivers and Mountains
Yunnan
28 Minority Ethnic Groups
Yunnan
Village Poverty
Village Joy
Community Development
Caring for the Poor

Orphans
HIV affected
Leprosy
Migrant kids
Disabled
Mental Illness
Sharing Knowledge
Loving People
Crossing The Nu Jiang (Angry River) - Wild China - BBC

https://www.youtube.com/watch?v=LQusBAhL-Gs

Who Gets to Cross?
Who Don’t?
Why Cross The River?
Who Wont Get To Cross?
Back To The City – Lessons from Rural Yunnan

• Active Ageing
• Community
• Environment
Active Ageing
Seniors Health Day
“Health Screening”
What is the aim of “health screening”?
Community

Active Ageing

Community

Environment
Community Care – “protected time”
Community – Silver Connect @ Tampines Changkat

https://www.youtube.com/watch?v=KfnBqnlml5k
Silver “Disconnect”?
Silver Re-Connect ???
Meals Delivery
or ....
Seniors cook up camaraderie in novel void deck kitchen

The elderly residents - (From left) Madam Sng Kah Huay, 68; Madam Ing; Mr Looi Hong Teck (standing), 63; Mr Ku and Madam Hindon - preparing popiah at the GoodLife! Makan kitchen on Wednesday. ST PHOTO: LIM YAOHUI

PUBLISHED: JAN 29, 2016, 5:00 AM SGT
Montfort Care launches GoodLife! Makan, an innovative community kitchen for the stay alone seniors

SATURDAY, 30 JANUARY 2016 (Singapore) – GoodLife! Makan, a brand new programme by Montfort Care that encourages stay alone seniors to come together, to provide for the community, was officially opened by Guest-of-Honour, Emeritus Senior Minister Goh Chok Tong, today.

With stay alone senior households becoming more prevalent due to factors such as a rapidly ageing population and changing family structures, GoodLife! Makan hopes to create a space that allows seniors to create bonds and rediscover their potential with the help of the community. Located at Blk 52 Marine Terrace, GoodLife! Makan is a community kitchen with a twist. Using food as the talking point, the centre not only offers a place for stay alone seniors to prepare, cook and share their meals with one another but more importantly, a space for conversations, learning and companionship.
HEALTHSERVE – reaching out to low income migrant workers

HealthServe is a non-profit organisation dedicated to providing healing and hope to migrant workers.
HealthServe is a non-profit community based organisation serving the migrants workers and the poor in our local community,
Geylang Food Project
Healthserve – Injured Workers
BACK TO THE “ANGRY” RIVER
Nine in every 10 teenage boys in Singapore have watched or read sexually explicit materials within the past year, a survey has found, with some first exposed to it even before they start primary school.

In contrast, only 8 per cent of girls - less than one in 10 - admitted to viewing pornography last year, either intentionally or by accident.

Conducted by Touch Cyber Wellness, the main agency that gives online safety talks in schools here, the survey polled 921 students aged 13 to 15 to examine teenage exposure to pornography.
Environment

Active Ageing

Community

Environment
Environment
Environment
Environment


2 CLIMATE ACTION PLAN

OVERVIEW

The climate is changing, and Singapore — a low-lying island state — is vulnerable. The 2015 Paris Agreement on climate change is a call to action for every country to mitigate climate change, and Singapore will play its part. We aim to reduce our emissions intensity by 36 per cent below 2005 levels by 2030 and stabilise our emissions with the aim of peaking around 2030.

Climate Action Plan: Take Action Today, For a Carbon-Efficient Singapore sets out four strategies to achieve this. Improving energy efficiency will remain our
“A successful person finds the right place for himself. But a successful leader finds the right place for others.

By John Maxwell”
Listen to the music of my soul
Thank You