



**Caring for our communities,
thanks to you.**

2016 Fairview Foundation Giving Report



Faith community nurse Jeanne Mugge, RN, provides well-being for the whole patient.

Better health through faith and connection.

Jeanne Mugge, RN, leans in closely to her patient Frances as the two women examine a set of documents. They are not reviewing medical records, but family photos. Jeanne is doing what she describes as “holy listening” and it is part of her role as a Faith Community Nurse for the Trinity Lutheran congregation. “It’s my duty to support a member of our congregation physically, spiritually and emotionally,” Jeanne explains.

Faith community nurses are licensed, registered nurses who have received training to provide care that is spiritually focused in a faith community. “We do all of the nurse things,” Jeanne clarifies. “We take blood pressure, go over medications, and look out for safety issues in their home. But in addition, we take care of our patients spiritually and emotionally.”

Those tasks extend far beyond monitoring a patient’s vital signs. “Nurses like Jeanne support the people and the ministry in any way they can,” explains Ann Ellison, Fairview’s director of community health. Ann has seen faith community nurses fill their roles in a variety of creative ways with the help of grant funding provided by the Foundation.

“These nurses are serving their communities beyond the walls of the congregation,” she says. Thanks to your generous support, additional funds are available to the nurses to support their health initiatives in the community.

The communities that the nurses serve have changed over time. When the program began, nurses supported only Lutheran congregations in Minneapolis. Today, the positions are supporting small urban parishes as well as suburban churches with congregations of thousands. “We are realizing that our communities are changing and becoming more diverse,” Ann says. “And we know that churches continue to play a large part in people’s lives. It’s a place of trust, community gathering and connection.”

Faith Community Nurses are an integral part of that connection and trust. Nurses like Jeanne understand the needs in congregations like Trinity Lutheran, and work to educate others on how stress and struggle can lead to other physical problems. That’s why she takes her time during her visit with Frances. “It’s really a privilege to listen to people and hear their stories. I can just be with them as long as they need.”

Frances feels the same way. “I love it. She brings me information and takes me for a walk. I really miss her in between our visits,” she says.

“These nurses are serving their communities beyond the walls of the congregation.”



12+ faith community nurses serving thousands of congregants.



Camp Lift provides counseling and support for children who have experienced the loss of a loved one.

Kids healing together.

Children creating art projects and eating s'mores around a campfire may not look like grieving to some adults, but it does to Akmed Khalifa. Akmed is the director of Camp Lift, a free, one-day camp for children who have experienced the loss of a loved one. Fairview started the camp in 2016, and thanks to your support, 50 children attended Camp Lift in September.

“We encourage the kids to work on something creative, like a memory jar,” says Akmed. Participating in creative activities brings up thoughts and feelings that camp attendees are able to share with others who understand and relate to their experience.

Akmed adds that it is a challenge to raise awareness about the program within the North Minneapolis community, an area of the city that is disproportionately affected by violent crime. In 2016, 215 of the 340 people shot in Minneapolis were on the north side of the city. Akmed wants to reach out and help that community. “There isn’t enough information about the bereavement process in general, especially for kids,” he says. “These communities don’t know that there are services available for them.” That’s why Akmed is active in community events, spreading the word about Camp Lift and the healing power it provides to children and their families.

Camp Lift is one program that is funded by generous donations through Fairview’s Youth Grief Services.



200+ children, teens and adults received grief support services.



Low-income families receive critical dental care, preventing tooth decay.

A community of smiles.

Thanks to donors like you, and a grant from Delta Dental, 560 children in low-income communities will receive a fluoride dental varnish when they get their annual flu shot through the Minnesota Immunization Networking Initiative (MINI) clinics.

For children under 3, low socio-economic status is the greatest risk factor in predicting tooth decay. “We have been listening to the communities we serve to identify preventive care treatments for children,” says Paula McNabb, RN, MINI clinic volunteer coordinator. “The varnish program was a great fit.”

“This program builds on Fairview’s 10 year relationship as a trusted health partner, bringing flu shots, and now dental care, to these communities,” says Joe Lally, executive director of Delta Dental of Minnesota Foundation. “Oral health care is crucial to overall health. Through this program, children are receiving two vital health services—protective fluoride varnish, which is instrumental in preventing long-term oral health issues, and flu shots, which can be life-saving. Delta Dental of Minnesota Foundation is glad to help make this program a reality.”



560 children will receive fluoride dental varnish in 2017-2018.



Fairview in-home pediatric hospice gave the Shu family care and services to support Levi's complex health needs. Photo courtesy Summer Street Photography.

Providing a village of support for a medically complex child.

The Shu family awaited the birth of their child with the same excitement as every first-time parent. When Levi was born with severe brain damage, their lives changed forever. Unable to move or breathe on his own, it was clear that the Shus needed help caring for Levi. Through Fairview's Pediatric Advanced Complex Care Team (PACCT) program, the Shus received the support of a specialized, pediatric, interdisciplinary team that allowed them to care for Levi at home during his seven years of life.

Thanks to your support, the program provides coordinated care for children like Levi with complex medical conditions, through palliative and hospice care. When Levi contracted pneumonia, the team met his complex and changing medical needs. Levi's mom, Dannell Shu, credits her son's care team with limiting the number of times he was hospitalized during his life: a mere 35 days in 7 years.

The Shus received help in addressing symptoms, pain management, family support and coordination of Levi's care in the hospital, clinic and home. "Our goal is to improve the quality of life for the child and the family," says pediatric palliative care coordinator Jody Chrastek.

Thanks to donors like you, who provide funding for the home care, the Shus also received services not covered through insurance. The Shus describe Levi thriving during his music therapy sessions, and the family also connected with a chaplain to support their spiritual well-being.

Dannell describes Levi's care team in one powerful word: Sherpas. She relied on them as skilled guides who were able to ask meaningful questions. "The care team was able to synthesize the unique aspects of my son with the known aspects of his various diagnoses," she says.

Your contributions supported the whole Shu family, making it possible for Dannell to do simple things like grocery shop or drop Levi's brother off at preschool. Dannell describes her access to the PACCT team as a golden opportunity, "It's my vision that palliative care would become an easily accessible standard of care for everyone."

"Our goal is to improve the quality of life for the child and the family."



35 children and families supported by PACCT.



Twin Cities East African girls participate in sports in a way that adheres to their religion and culture.

GIRLS just having fun in the neighborhood.

Inside the Brian Coyle Center in the Cedar Riverside neighborhood of Minneapolis, a female coach and volunteer for the Fairview Girls Initiative for Recreation and Leisurely Sports (GIRLS) program gets down to the business of basketball. Each Wednesday and Sunday, the gym is reserved—for girls and young women only—to exercise in a way that supports their Muslim faith. Participants are part of the Twin Cities East African community, and spaces like this one are not always easy for them to find.

“Girls in our culture are expected to dress modestly, covering their heads and wearing loose clothing,” explains Fatma Mohamed, a Fairview community health outreach coordinator for the program. The dress code can make vigorous exercise uncomfortable. By participating in the GIRLS program, Fatma says, “The girls are able to play while adhering to their religion and their culture.”

Donors like you help provide the space and the equipment for this unique program. Beyond basketballs and uniforms, shoes and T-shirts, you are providing a supportive environment for girls and young women. Fatma says, “This is a community-building program for the girls. They come from across the Twin Cities to find a fun and appropriate environment to participate in healthy activities.”



More than 40 participants each week.



Birth and baby simulators like Hal train staff and students for emergency situations.

Providing mothers and babies better care through innovative tools.

There are two new additions to The Birthplace at Fairview Southdale Hospital, but it’s not the mom and baby you might expect. Victoria and Baby Hal are innovative—and lifelike—simulators used to prepare staff for emergency birth scenarios.

Purchased with generous donations to the Fairview Greatest Need Fund, the simulators are key in enhancing treatment for postpartum care outcomes and for infants with difficulty breathing.

Fairview Southdale nurse manager Sarah Huffman says, “Some of these simulations that we use the models for can be catastrophic, and we’re using these tools to help us recognize, treat and respond appropriately. It’s such a great tool to have at our fingertips.”

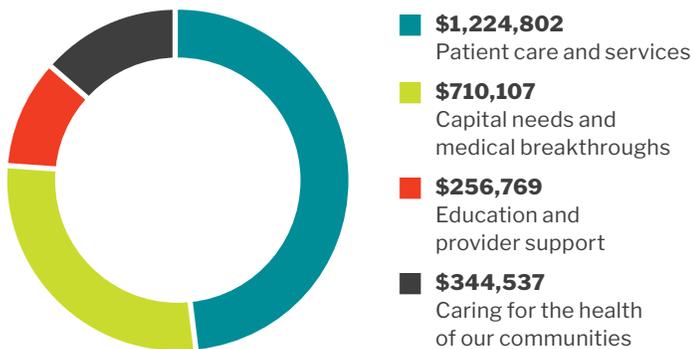


200+ care providers trained for emergency labor and delivery situations.

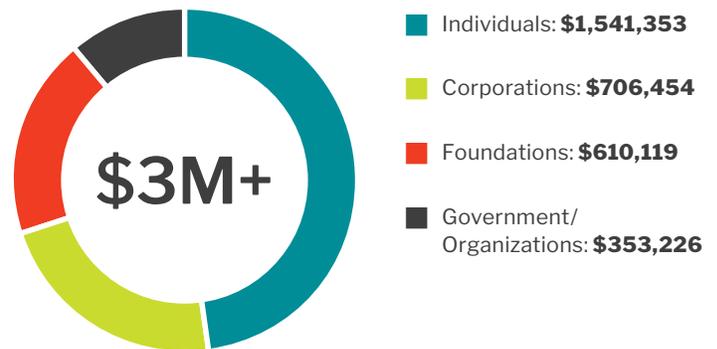
Your gifts in action.

Thanks to your generosity, Fairview Foundation distributed more than **\$3.2 million in 2016**. Here's a look at how your generosity and commitment helped care for the community—improving health one life at a time.

Distribution of Funds



Donations by Source



Our Vision

Fairview is driving a healthier future.

Our Mission

Fairview is driven to heal, discover and educate for longer, healthier lives.

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