## **Ceiling Support Recommendations**

## -AAA Straight Tracks

Track Length	Fixing	Recommendation
3m or less	Wall-to-wall	No ceiling support
3m - 6m	wall-to-wall	1 x V-Support
6m +	Wall-to-wall	1 x V-Support and Straight Support + additional Straight Support for every 3m
3m or less	One wall only	1 x V-Support
3m - 6m	One wall only	1 x V-Support and 1 x Straight Support
6m +	One wall only	1 x V-Support and Straight Support + additional Straight Support for every 3m

This guide outlines the amount of ceiling supports we would recommend using according to the track shape and length.

You can refer to this guide before making your selections to see the recommended supports and quantities needed.

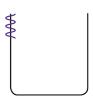
Make sure you check the requirements needed for your track before placing your order.

Please contact us if you are unsure of which supports you need.



L - Shape Tracks

Track Length	Fixing	Recommendation
3m or less	Wall-to-wall	1 x Straight Support
Over 3m (either length)	Wall-to-wall	1 x V-Support
3m or less	One wall only	1 x V-Support and 1 x Straight Support
Over 3m (either length)	One wall only	1 x V-Support and 1 x Straight Support



U - Shape Tracks

Track Length	Fixing	Recommendation		
1 x Straight Support and 1 x V-Support as standard				
U-shaped tracks are al	ways fitted to walls on	both ends		
Any track length over Support.	3m, we would recomm	end using another Straight		

This guide is our recommendation only. It is the responsibility of our customers to ensure the correct supports and quantities required are selected.