

Walking Aids

Buying Guide

We understand that if you suffer from mobility issues even short walks can become problematic, with aches, pains and ailments preventing you from travelling further. However, with a wide range of Walking Aids available for you to choose from you're guaranteed to find something for you.

What types of Walking Aids are there to choose from?

There are two main types of walking aids available on the market – tri-walkers and rollators.

A tri-walker is comprised of a lightweight frame and three solid wheels. Compact in size and simple to use, many tri-walkers can be folded down for storage, making them easy to carry and transport.

A rollator features four wheels and can generally supply the user with more support, with many models fitted with baskets and seats, giving you the choice to take a break while out and about.

Although different in the types of support they give, both tri-walkers and rollators are great investments that can help you stay active and social.



What do I need to consider when buying a Tri-Walker or Rollator?

As with other mobility aids, when purchasing a walking aid you need to consider your wants and needs.

Do you find that you get tired easily when out? If this is the case then you would benefit from investing in a rollator, as they come fitted with a padded seating area, great for taking breaks when walking. On the other hand, do you struggle with your strength and find walking aids too heavy and bulky to manage?

Then a lightweight tri-walker would be a better purchase for you.

Alongside this you'll need to consider the amount of carry space you require, as tri-walkers and rollators can vary in terms

What type of Rollator is right for me?

When choosing your rollator you'll need to assess when and where you'll be using it, as different models have been designed for different situations.

If you'll be using your rollator for support around the house then you'll be better off purchasing a smaller, lighter model that's easy to manoeuvre from room to room. You may also find that indoor rollators aren't fitted with brakes or a seat, but include a storage tray instead, ideal for carrying your belongings.



What other Walking Aids are there to consider?

Alongside tri-walkers and rollators, there is a whole range of alternative walking aids varying in size and price, so you're bound to find something to suit you.

A cane or stick are ideal walking aids for someone with sufficient balance who's looking for a little extra support, while a pair of crutches would be the perfect solution for someone suffering from an ailment but has enough upper body strength to support themselves.

A walking frame, whether fitted with or without wheels, is also a great alternative to a tri-walker or rollator, and are ideal if you're sticking to a budget.