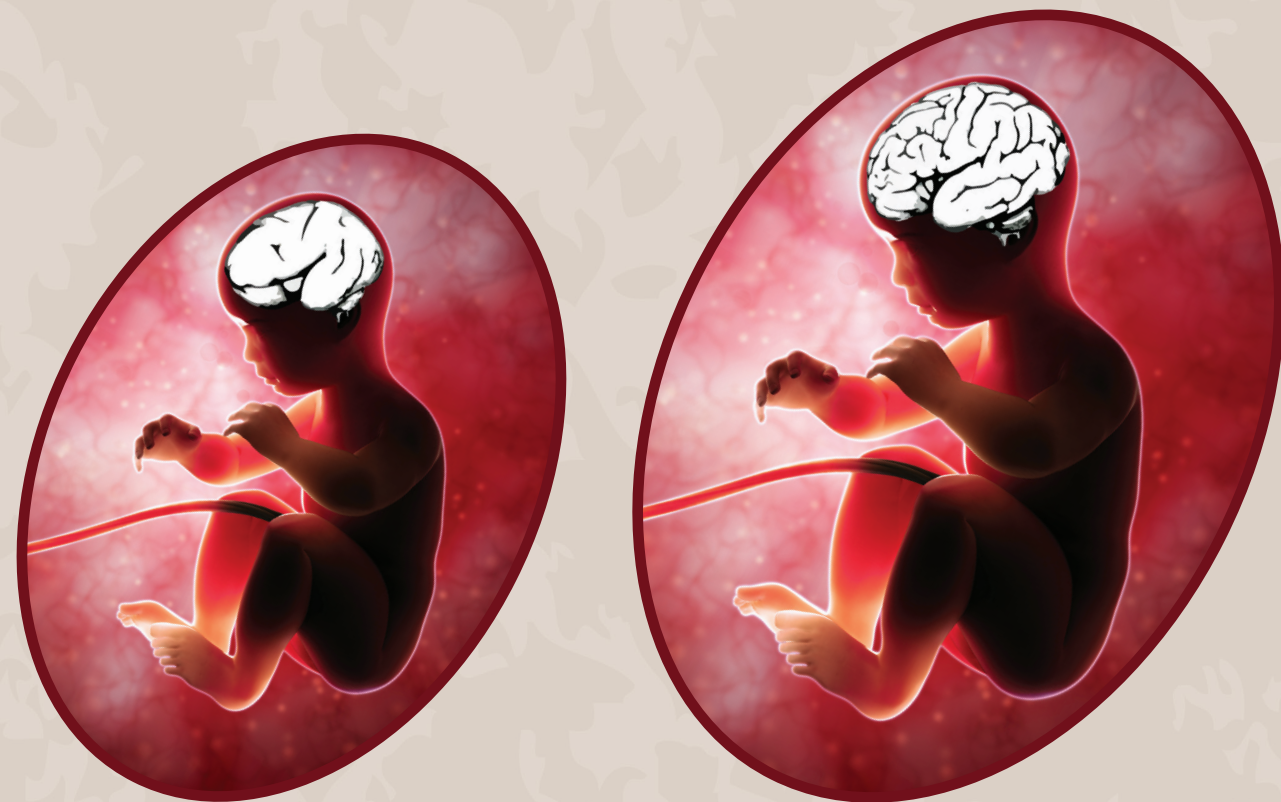


# Date and way of birth – what would Baby choose?

If your pregnancy is healthy, it is best to stay pregnant for at least 39 weeks



TO FIND THE CHILDBIRTH EDUCATORS IN  
YOUR AREA [www.expectantmothersguide.co.za](http://www.expectantmothersguide.co.za)



35 weeks

39 / 40 weeks

A baby's brain at 35 weeks of pregnancy weighs  
only  $\frac{2}{3}$  of what it will weigh at 40 weeks

