

## Decléor Facials

DECLÉOR  
PARIS**Ultimate Vitamin Glow (60 minutes)\* ..... £65**

Award-winning vitamin facial leaves your skin visibly radiant.

**Personalised Skin-Specific (75 minutes) ..... £75**

After an expert skin analysis, your therapist will select from one of our targeted active masks with properties that will enhance the beauty of your skin.

**Discovery (Express) Facials (30 minutes)\* ..... £35**

A power booster facial to awaken skin and senses.

**Collagen Plump & Lift (75 minutes) ..... £80**

Effective anti-ageing facial leaving the skin plumper and firmer.

**Hyaluronic Acid Wrinkle Resist (75 minutes) ..... £80**

Youth-boosting anti-wrinkle treatment

**Orexcellence Pilates Facial (75 minutes) ..... £80**

A Pilates session for the skin to help visibly lift, re-model, and re-densify.

**Men's Intensive Energising Facial (60 minutes)\* ..... £65****Men's Express Energising Facial (30 minutes)\* ..... £35**

## CACI Facials

CACI  
NON SURGICAL SOLUTIONS**Signature (60 minutes)\* ..... £60**

A non-invasive facial using microcurrent impulses to lift and tone facial muscles and improve skin elasticity, to give a more youthful appearance.

**Ultimate (90 minutes) ..... £90**

Crystal Free Microdermabrasion, Hydratone Mask, LED light therapy and microcurrent leave the skin intensely hydrated, smoother, tightened, and toned.

**Ultra (90 minutes) ..... £90**

Ultrasound, wrinkle comb, LED light therapy, and microcurrent improves circulation, reduces blemishes, tightens and tones, and leaves skin radiant.

**Synergy (105 minutes) ..... £120**

All 3 rolled into 1. The toning and lifting elements of the Signature and the skin rejuvenation benefits of the Ultimate and the Ultra treatments.

**Hydratone (20 minutes) ..... £35**

Microcurrent rollers used over the CACI Hydratone Mask to bathe the whole face in rejuvenating energy, leaving the skin softer, toned, and glowing.

## Targeted CACI Treatments

CACI  
NON SURGICAL SOLUTIONS**Buttock and Thigh Lift (30 minutes)\* ..... £40****Eye Revive (45 minutes) ..... £50****Jowl Lift (30 minutes)\* ..... £40**

Ask your therapist about other targeted CACI treatments.

## CACI Treatment Packages

CACI  
NON SURGICAL SOLUTIONS

Ask about our CACI Foundation and CACI Maintenance packages for maximum treatment benefits.

**One treatment marked \* or two treatments marked + can be included in a You Choose package.**

## OPI Pro-Spa Manicures/Pedicures

O.P.I

**Pamper (£Mani/£Pedi)**

Traditional Varnish ..... £35/£40

Gel Colour ..... £45/£55

**Signature**

Traditional Varnish\* ..... £25/£30

Gel Colour\* ..... £35/£45

**Express Treatments**

File and Paint (Gel)\* ..... £25

File and Paint (Traditional Varnish)\* ..... £15

Gel Removal and Nourish\* ..... £20

Gel Re-Do (removal and gel re-paint) ..... £30

Gel-Away (removal and varnish re-paint) ..... £20

## Waxing, Threading Tinting

**Waxing**

Full Leg Wax ..... £30

Half Leg Wax ..... £20

Bikini OR Underarm Wax ..... £15

Underarm Wax ..... £15

Upper Lip OR Chin OR Eyebrows Wax ..... £10

Upper Lip and Chin Wax ..... £15

**Wax Maintenance Package ..... £50**

Be smooth in all the right places with our hair removal combo – half leg, underarm, bikini, and eyebrows wax.

**Waxing for Men**

Back or Chest Wax ..... £25

Back and Chest Wax ..... £40

**Threading**

Upper Lip OR Chin OR Eyebrows ..... £10

Upper Lip AND Chin ..... £15

Upper Lip AND Chin AND Eyebrows ..... £20

**Tinting**

Eyebrows ..... £10

Lashes ..... £15

Eyebrows and Lashes ..... £20

**Bright Eyes Package ..... £30**

Keep your eyes looking their best. Eyebrows tint, shape, and eyelashes tint all in one.

**Admission to Alwalton Hall and grounds is restricted to those aged 16 or over, including dining-only guests. All visitors are respectfully requested to observe the House Rules (available online and on request).**

BEAUTY

WELLNESS

RELAXATION

REJUVENATION

## Price List

OCTOBER 2017

Alwalton Hall  
Church Street, Alwalton,  
Cambridgeshire PE7 3UN

01733 391166

## “You Choose” Full Day/Half Day Packages

Any 60 minute treatment (see treatments marked \*), or 2 x 30 minute treatments (see treatments marked +), plus use of the facilities and grounds. Full day packages include lunch.

<b>Full Day</b> Monday-Friday (9:00-17:00) .....	<b>£120</b>
<b>Full Day</b> Saturday (9:00-16:00) .....	<b>£130</b>
<b>Half Day</b> Monday-Friday (9:00-13:00 or 13:00-17:00) .....	<b>£80</b>

Let us know if you'd like to add extra treatments, upgrade your treatment, or meals (see “Make a Meal of It” below for meal prices).

### Saturday Morning Special (9:00-13:00) ..... £90

Start your weekend with 4 hours at Alwalton Hall. Package includes a 30 minute facial or massage, use of the facilities and grounds, followed by lunch at noon.

## Total Indulgence (135 minutes)

<b>Individual</b> .....	<b>£120</b>
<b>Couples</b> .....	<b>£240</b>

A Decléor Aroma Massage followed by a facial tailored to your skin tone and type. Two and a quarter hours of pure bliss. Couples package includes exclusive use of our super-sized Morocco treatment room.

## Cleopatra Luxury Ritual (180 minutes)

<b>Individual</b> .....	<b>£180</b>
<b>Couples</b> .....	<b>£360</b>

Exclusive use of our exotic 3-room Cleopatra Suite for 3 hours of pure luxury. Begins with a foot bath of essential oils and flower petals, a fruit seed body scrub and then a Cleopatra milk bath. Followed by 90 minutes of combinations of Swedish massage, pressure point, and hot stones. A warm drink and time to come round slowly in your exclusive suite. Full day use of the facilities and grounds included.

## Winter Warmer

### (Thursdays 16:00-20:00) ..... £90

Draw the day to a relaxed close – lounge by a log fire in one of our luxurious Regency reception rooms, enjoy a 60 minute blended Winter Warmer treatment including a hot-stone back massage, mini-facial, and scalp massage and finish it all off with a tasty supper.

## Make a Meal of It

We are pleased to welcome visitors who simply want to join us for elevenses, lunch, or afternoon tea (see overleaf for age restrictions).

All meals are served in the paneled Dining Room. Lunch is included in Full Day “You Choose” packages.

<b>Elevenses</b> .....	<b>£15</b>
<b>Lunch</b> .....	<b>£20</b>
<b>Afternoon Tea</b> .....	<b>£15</b>

### Wines, Fizz, and Cocktails

We're delighted to be able to offer you a selection of reasonably priced wines, fizz, and an exciting array of cocktails – including some invented here. So if you fancy a glass of Prosecco with afternoon tea, wine with lunch, or just a little livener of your choice when you arrive or any time while you're here, we'll be delighted to oblige.

## Signature Messages

### Sports Massage

More robust than our other massage treatments, our sports massage is for sports people and gym bunnies. It is designed to help keep your body in good condition, helping you avoid injuries. It can also help alleviate pain and restore mobility to tired muscles.

45 minutes .....	<b>£50</b>
30 minutes+ .....	<b>£35</b>

### Pregnancy Massage

During or just after pregnancy, your specialist therapist will help relieve weight-bearing areas, help you rediscover your energy, and leave feeling lighter and brighter. Please also ask about our Decléor Radiant Mum-To-Be Face and Body Massage as an alternative.

Full body, face and scalp (75 minutes) .....	<b>£75</b>
Full body (60 minutes)* .....	<b>£60</b>
Back (30 minutes)+ .....	<b>£35</b>

### Tranquillity Scalp Massage (30 minutes)\* ..... £35

A deeply relaxing massage pressure point massage on the scalp, neck, face, and shoulders to invigorate and calm leaving a feeling a pure serenity.

### Legs and Feet Massage (30 minutes)\* ..... £35

Restore that spring in your step with the perfect relief for tight, aching legs and those tired, painful feet.

## Holistic Treatments

### Indian Head Massage (30 minutes)\* ..... £35

Whilst seated, massage movements, deep breathing, pressure points and energy balancing are used for treating the upper back, shoulders, upper arm, neck, scalp and face.

### Alwalton Hall Reflexology (60 minutes)\* ..... £55

An ancient therapeutic treatment working on the feet with techniques that have been used for thousands of years to help heal the whole person.

### HOP! Ear Candling (45 minutes) ..... £40

A soothing non-invasive treatment to help a variety of conditions including excessive ear wax, tinnitus, sinus problems and migraines. This deeply calming treatment is completed with a pressure point facial massage, ear and scalp massage.

### Aromatherapy Massage (Bespoke)

A therapeutic massage using essential oils, uniquely blended by our expert therapist, to enhance, the mind, body, and soul.

Full body, face, and scalp (75 minutes) .....	<b>£85</b>
Full body (60 minutes)* .....	<b>£70</b>
Back (30 minutes)+ .....	<b>£40</b>

## Decléor Messages

### Aroma Messages

Relax, refine, tone or stimulate with one of these tension-releasing, holistic treatments. Stresses and strains blissfully melt away and skin is left revitalised and velvety. Choose which massage you want according to how you feel on the day.

**Relax** - relieves tension and nourishes the skin.

**Slim** - combats the appearance of orange-peel skin and cellulite and decongests saturated tissues.

**Flow** - activates energy flows and stimulates micro-circulation using essential oils.

75 minutes (full body with face and scalp) .....	<b>£75</b>
60 minutes (full body)* .....	<b>£60</b>
45 minutes .....	<b>£45</b>
30 minutes+ .....	<b>£35</b>

### Hot Stone Massage

Stimulate energy flow while soothing body and mind with this heavenly massage that uses the warmth of heated stones to ease away tension and soften skin.

75 minutes (full body with face and scalp) .....	<b>£85</b>
60 minutes (full body)* .....	<b>£70</b>
30 minutes (back)+ .....	<b>£40</b>

### Radiant Mum-To-Be Face & Body (75 minutes) ..... £75

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.

### Deep Tissue Muscle Energiser

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural essential oil balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

60 minutes* .....	<b>£65</b>
30 minutes+ .....	<b>£35</b>

### PowerSculpt Massage

Your very own tailored sculpting massage targeted towards waist, thighs and bottom, legs, or all three. Your therapist will blend a bespoke fusion of aromatherapy essential oils designed to help you relax, energise, or harmonise your sense of well-being.

60 minutes (full body)* .....	<b>£70</b>
30 minutes (back, legs, or waistline)+ .....	<b>£40</b>

**One treatment marked \* or two treatments marked + can be included in a You Choose package.**