

## Full Breakfast

38.00

2 beef sausage, 2 beef strip, scrambled eggs, beans, hash brown, toast, black coffee and orange juice

## Mini Breakfast

24.00

1 beef sausage, 1 beef strip, scrambled eggs, beans, toast, black coffee or orange juice



## Pancakes

1 sauce

24.00



## Waffles

1 filling & 1 ice cream

28.00



## Crêpes

1 filling, 1 sauce & 1 ice cream

32.00

## Choices of toppings

### Add Fillings

4.00

Choose from banana, strawberry, raspberry or pineapple

### Add Sauce

4.00

Choose from maple syrup, chocolate, strawberry or caramel

### Add Low fat yogurt ice-cream

4.00



See Instore for our selection of gourmet creamcheese infused muffins, Italian recipe cheese cakes, gateaux, tiramisu and much more.

## DUBAI

Manchester Tower  
Dubai Marina - 04 399 9711

Dubai Festival City  
Next to Marks & Spencer - 04 286 5052

EMAAR Square Building 1  
Downtown Dubai - 04 554 7490

**Dragon Mart 2**  
In front of Geant - 055 360 5714

**Ibn Battuta Mall**  
Opening Soon

**Riverland**  
Opening Soon

## ABU DHABI

The Vision Twin Towers  
Najda Street - 02 644 4341

Marasy  
Building 4, Al Bateen Harbour,  
Marina - 02 665 1442

**Yas Mall**  
1st Floor, Town Square - 02 565 1165

## AL AIN

**Bawadi Mall**  
Near Grand Cinema - 03 767 0030

## Allergen, Lifestyle & Energy Coding Key

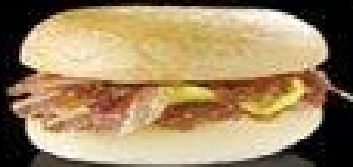
### ENERGY CODES

SYMBOL	CALORIES	MEAL TYPE
	< 300 kcals	Snack
	300 - 500 kcals	Light Meal
	500 - 800 kcals	Main Meal
	800 + kcals	Indulgence

- Wheat Free
- Gluten Free
- Coeliac Friendly
- Dairy Free
- Low Fat
- Low Saturated Fat
- Low Salt
- Low Sugar
- High Fibre
- Vegetarian
- Vegan
- Low Sodium
- Contains Fish
- Contains Nuts



21.00



### Breakfast

Beef strip, egg,  
tomato relish,  
plain bagel



474 Kcals

26.00



### Triple Cheese

Egg, beef strip, cheddar,  
goat & mozzarella cheese,  
ketchup, multi-seed bagel



603 Kcals

25.00



### Italian Job

Pasta chicken, mozzarella  
red onion, garlic mayo,  
sun-dried tomato bagel



548 Kcals

25.00



### Beef Philly

Roast beef, melted cheddar,  
onions, mild american  
mustard, plain bagel



515 Kcals

25.00



### Chicken Philly

Chicken, mayo, smoked paprika,  
honey, cheddar, onions, dill pickle,  
mild mustard, sesame seed bagel



704 Kcals

20.00



### Veggie

Feta cheese, peppers, lettuce,  
tomato, cucumber, red onion,  
vinegarlette, sun-dried tomato bagel



529 Kcals

## Gourmet Coffee

*All our coffee beans are roasted to order!*

	small	medium
Irish Coffee		19.00 213 kcals
Cappuccino	15.00 110 Kcals	17.00 140 Kcals
Latte	15.00 137 kcals	17.00 174 kcals
Caramel Latte	17.00 147 kcals	19.00 184 kcals
Vanilla Latte	17.00 147 kcals	19.00 184 kcals
Mocha	17.00 128 kcals	19.00 161 kcals
Caramel Macchiato	17.00 166 kcals	19.00 213 kcals
Espresso	12.00 trace	14.00 trace
Americano	14.00 trace	16.00 trace
Tea	12.00 trace	13.00 trace
Specialist Tea	12.00 trace	14.00 trace
Hot Chocolate	16.00 184 kcals	18.00 222 kcals

(Add Marshmallows) 2.00

TRY OUR DELICIOUS FLAVOURS 4.00  
CARAMEL • HAZELNUT • CHOCOLATE • VANILLA



25.00



### Chicken Fillet

Chicken fillet with lettuce, onion & specialist sauce on a toasted sesame seed bagel

🍴🍴🍴🍴 630 Kcals

25.00



### Specialist

Beef strip, gouda, lettuce, red onion, specialist sauce, cheese & jalapeno bagel

🍴🍴 397 Kcals

25.00



### Chicken Caesar

Chicken, peppers, lettuce, caesar mayo, plain bagel

🍴🍴🍴 472 Kcals

27.00



### West Coast

Smoked salmon, cream cheese, red onion, tomato, sesame seed bagel

🍴🍴🍴🍴 506 Kcals

25.00



### Cajun

Cajun chicken, jalapenos, red onion, cheddar, mayo, onion bagel

🍴🍴 487 Kcals

25.00



### Ploughmans

Beef strip, turkey, gouda, ploughmans pickle, tomato, onion, lettuce, plain bagel

🍴🍴 399 Kcals

## Frappaccino



22.00

#### FLAVOURS

WHITE CHOCOLATE

• CHOCOLATE • MOCHA

ADD A DELICIOUS FLAVOUR 4.00

CARAMEL • HAZELNUT

• CHOCOLATE • VANILLA

## Iced Coffee



Latte ..... 19.00

Vanilla Latte ..... 21.00

Caramel Latte ..... 21.00

Mocha ..... 21.00

Hazelnut Mocha ..... 21.00

6.00



6.00



6.00



6.00



12.00



12.00



12.00



16.00



25.00



### Mexicana

Taco chicken, tomato lettuce, mayo, jalapenos, cheese & jalapeno bagel

🍷🍷🍷🍷🍷 391 Kcals

26.00



### Classic Club

Chicken, beef strip, tomato, lettuce, chive cream cheese, onion, mayo, sesame seed bagel

🍷🍷🍷🍷 620 Kcals

26.00



### Beef Burger Bagel

Beef burger with onion, cheddar cheese, tomato, lettuce & ketchup on a toasted sesame seed bagel

🍷🍷🍷🍷 700 Kcals

25.00



### Bangkok

Sweet Thai chili chicken, red onion, mixed peppers, everything bagel

🍷🍷🍷🍷 360 Kcals

21.00



### Maui

Tuna, wholegrain mustard, cheddar, red onion, mayo onion bagel

🍷🍷🍷🍷🍷 463 Kcals

25.00



### Halloumi

Toasted sundried tomato bagel, basil pesto, grilled halloumi cheese, green & black olives, sliced tomato drizzled in olive oil

🍷🍷🍷🍷🍷🍷🍷 558 Kcals

## Panini

Chicken, Cheese, Peppers, Salsa & Garlic Sauce ..... 27.00  
🍷🍷🍷🍷🍷 528 Kcals

Chicken, Beef Strip & Cheese ..... 27.00  
🍷🍷🍷🍷🍷 572 Kcals

Beef, Onion & Cheese..... 27.00  
🍷🍷🍷🍷 495 Kcals

Tomato & Cheese ..... 21.00  
🍷🍷🍷 399 Kcals

Egg & Beef Strip..... 22.00  
🍷🍷🍷 427 Kcals

Any Signature Bagel Filling on a Panini..... 27.00



## Toasties

Egg & Beef Strip..... 22.00  
🍷🍷🍷🍷 440 Kcals

Cheese ..... 21.00  
🍷🍷🍷🍷 336 Kcals

Cheese, Tomato & Onion..... 22.00  
🍷🍷🍷 353 Kcals

Turkey & Cheese ..... 25.00  
🍷🍷🍷🍷 398 Kcals

Beef, Onion & American Mustard... 25.00  
🍷🍷🍷🍷 302 Kcals

Chicken & Cheese ..... 25.00  
🍷🍷🍷🍷 433 Kcals

Chicken, Cheese & Beef Strip..... 27.00  
🍷🍷🍷🍷🍷 515 Kcals

Any Signature Bagel Filling on a Toastie ..... 27.00



Chive or Cream Cheese Bagel ..... 14.00  
Nutella or Jam Bagel..... 14.00  
Toasted Bagel with Butter ..... 10.00



# Baked Potato

served with a side salad

22.00



Choose Filling:

- baked beans
- cheddar cheese & beef bacon
- chive creamcheese & beef bacon
- cheddar cheese, turkey & mayo
- sweet thai chilli chicken
- tuna sweetcorn & red onion



## Soup

Freshly made everyday

19.00



### Pine Forest Special

Mixed salad (cos, baby leaf, rocket) pine nuts, feta, olives, sundried tomato, drizzle of vinegaretle

298 Kcals



### My Sweet Tuna Salad

Mixed salad, tuna, cucumber, onion, tomato, mixed peppers, drizzle of sweet Thai chilli

264 Kcals



### Strawberry & Feta Salad

Rocket leaf salad, sliced strawberry, feta cheese & pine nuts drizzled in balsamic dressing

112 Kcals



### Mixed Chicken Delight

Select (pesto, cajun, bangkok, salsa) mixed salad, cucumber, red onion, mixed peppers, tomato, olives and honey mustard dressing.

Plain 206 Kcals

Pesto 279 Kcals

Cajun 210 Kcals

Bangkok 222 Kcals

Salsa 212 Kcals



### Caesar Salad

Cos lettuce, chicken, beef bacon, croutons, parmesan shavings.

361 Kcals

## Salads 25.00