

Boot Camp Schedule of Classes

Location	Days	Timing
Jumeirah Village Circle	Monday and Wednesday	7:00 pm to 8:00 pm
SAFA Park	Sunday and Tuesday	7:00 pm to 8:00 pm
Al Soufouh Road	Sunday and Tuesday	6:00 am to 7:00 am
JLT	Saturday and Thursday	7:00 pm to 8:00 pm
Al Nahda Park - Sharjah	Monday and Wednesday	7:00 pm to 8:00 pm
Mamzar Beach	Sunday and Tuesday	7:00 pm to 8:00 pm