Measuring Guide

A good fit is essential for a professional look and for wearer comfort. Follow these guidelines when choosing your Beeswift garments.



A: Chest or Bust - Measure over the fullest part of the chest under the arms and straight across the back.

B: Waist - Measure around the natural waistline with the tape snug but not too tight.

C: Hips - Measure the fullest part of the body, generally 20cm below the waist.

D: Inside Leg - Measure from crutch to floor to determine your normal leg measurement.

Do's and Dont's before you order

Do not measure over clothingDo not pull the tape too tightTake the measurement from the fullest part of your bodyAsk someone else to measure you for greater accuracyUse the same unit of measurement when placing your orderCheck garment is sized inches (") or centimetres (cm)Always order the garment to accommodate the largest measurement

Guide to Garment Sizes

Ladies dresses, coats & tunics sizes

A		Bust					
			**** * EU * ****				
XS	8	34.7"	88cm				
S	10	36.2"	92cm				
Μ	12	39.4"	100cm				
L	14	43.3"	110cm				
XL	16	48.1"	122cm				
XXL	18	52.8"	134cm				

A		Waist				
I			***** *EU**			
XS	8	25.2"	64cm			
S	10	26.8"	68cm			
м	12	29.9"	76cm			
L	14	33.9"	86cm			
XL	16	38.6"	96cm			
XXL	18	43.3"	110cm			

A	7	Hips					
			***** *EU**				
XS	8	37.0"	94cm				
S	10	38.6"	98cm				
Μ	12	41.8"	106cm				
L	14	45.7"	116cm				
XL	16	50.4"	128cm				
XXL	18	55.2"	140cm				

Ladies jackets, blouse, skirts & trouser sizes



Guide to Garment Sizes

The following details are a **general guide** to product sizing when garments are marked Small, Medium, Large and so on. Each type and style of garment, depending on which layer it is, will have an appropriate ease allowance built into it to enable it to be worn over/under other layers. This may vary from manufacturer to manufacturer but it is generally between 4 and 8 inches (10-20cm) and is referred to as 'over measure'.

Fit according to chest size

Size	Ches	Size		
Small	35" - 37"	88cm - 93cm		
Medium	37" - 39"	93cm - 99cm		
Large	39" - 43"	99cm - 109cm		
XLarge	43" - 46"	109cm - 116cm		
XXL	46" - 49"	116cm - 124cm		
XXXL	49" - 52"	124cm - 132cm		

Size	Waist Size							
Small	28" - 30"	71cm - 76cm						
Medium	32" - 34"	81cm - 86cm						
Large	34" - 36"	86cm - 91cm						
XLarge	36" - 38"	91cm - 96cm						
XXL	40" - 42"	101cm - 106cm						
XXXL	44" - 46"	111cm - 116cm						

Fit according to waist size

Guide to European (EU) Sizes

	Chest Sizes															
Inches	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
CMs	86	91	96	101	106	111	116	121	127	132	137	142	147	152	157	162
EU	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	74
Waist Sizes																
Inches	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56

Inches	20	20	30	32	34	30	30	40	42	44	40	40	อบ	52	54	90
CMs	66	71	76	81	86	91	96	101	106	111	116	121	127	132	137	142
EU	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66

* Please note that some countries adopt a different numbering system for their size ranges

Chef's Jackets & trouser sizes

INT	Jacket	Trouser								
XS	34"	28/30"	Jacket							
S		30/32"	38"	Trouser						
М			34/36"	Jacket						
L		44"	Trouser							
XL	48"									
XXL										

Useful Information

Garment Symbols

Many of our garments come with key features. Below are the symbols that describe them for quick and easy reference.



Tested to EN Standards



Conforms to GO/RT 3279



Fire Retardant properties



Comes with a hood



Garment is reversible



This is a new product to our range



Half elasticated waistband



Taped seams



3M Thinsulate® lining



Has breathable fabric



Comes with a radio loop



Pockets for knee pad access



Comes with a Euroslot retail tag



Comes with a Euroslot retail bag



Conforms to

EN471







Weatherproof properties

Comes with a detachable hood



Fully interactive with another garment



Fully elasticated waistband



Reinforced elasticated waist



Welded or reinforced seams



3M Scotchlite® tape



Garment has a heavy-duty zip fastening



Has a mobile phone pocket







Has been clam-packed



Below are the abbreviations corresponding to the colour swatches.









BR

Brown

В

BL Black





GO

Gold

G Green



Hone

Honey

Ν

Navy

OR

Ρ

Pink

Light Blue

LB





Hi-Vis Orange



Orange



RE

Red





SY Saturn Yellow







Yellow

sthand

AVVV F

Laundry Instructions

Symbols for Washing

