

DEMENTIA SUPPORT SERVICE



**HAVE YOU RECENTLY
BEEN DIAGNOSED WITH
A TYPE OF DEMENTIA?**

**WONDERING WHAT
HAPPENS NEXT/WHERE
TO GO FOR ADVICE,
HELP, PRACTICAL AND
EMOTIONAL SUPPORT?**

**CARERS TRUST NORTH WALES
OFFERS A SERVICE PROVIDING
PERSONALISED INFORMATION,
ADVICE, AND SUPPORT TO
PEOPLE AT THE POINT OF
DIAGNOSIS. THIS SERVICE IS
AVAILABLE TO INDIVIDUALS AND
THEIR CARERS/FAMILIES.**

- **IMPROVE HEALTH AND WELL-BEING**
- **PLANNING FOR THE FUTURE**
- **COMMUNITY GROUPS/ DEMENTIA CAFÉS**

- **EMOTIONAL SUPPORT**
- **SUPPORT TO ACCESS SOCIAL ACTIVITIES**
- **FREE TRAINING/ EDUCATION**

**FOR MORE DETAILS PLEASE CONTACT
CARERS TRUST NORTH WALES
CROSSROADS CARE SERVICES ON
01492 542212**

Crossroads Care... the people carers turn to
Office Suite 39 & 40, Quinton Hazell Enterprise Parc, Glan Y Wern Rd, Colwyn Bay, Conwy, LL28 5BS.
Tel: 01492 542212 Web: www.nwccrossroads.org.uk Email: northwales@nwccrossroads.org.uk

Charity Registration Number / Rhif Elusen Gof 1119142. | CSSIW Registration Number / Rhif AGGCC W030001450
carers trust North Wales Crossroads Care Services is a company limited by guarantee registered in England & Wales Number 6205600

GWASANAETH CYMORTH DEMENTIA



**GAWSOCH CHI GLYWED YN
DDIWEDDAR BOD GENNYCH
FATH O DDEMENTIA?**

**YDYCH CHI'N PRYDERU
BETH FYDD YN DIGWYDD
NESAF/LLE I FYND I GAEL
CYNGOR, CYMORTH,
CEFNOGAETH EMOSIYNOL
AC YMARFEROL?**

**MAE YMDDIRIEDOLAETH
GOFALWYR GOGLEDD CYMRU YN
CYNNIG GWASANAETH SY'N RHOI
GWYBODAETH BERSONOL, CYNGOR
A CHEFNOGAETH I BOBL PAN GÂNT
Y DIAGNOSIS. MAE'R GWASANAETH
YMA AR GAEL I UNIGOLION A'U
GOFALWYR/TEULUOEDD.**

- **GWELLA IECHYD A LLES**
- **CYNLLUNIO AR GYFER Y DYFODOL**
- **GRWPIAU CYMUNEDOL/ CAFFIS DEMENTIA**

- **CEFNOGAETH EMOSIYNOL**
- **CYMORTH I FYND I WEITHGAREDDAU CYMDEITHASOL**
- **ADDYSG/HYFFORDDIANT RHAD AC AM DDIM**

**I GAEL RHAGOR O FANYLION CYSYLLTWC'H Â
YMDDIRIEDOLAETH GOFALWYR GOGLEDD CYMRU
GWASANAETHAU GOFAL CROESFFYRDD AR
01492 542212**

Swyddfa Gofrestredig
Ystafelloedd Y Swyddfa 39 a 40, Parc Menter Quinton Hazell, Ffordd Glan Y Wern, Bae Colwyn, Conwy, LL28 5BS
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ymddiriedolaeth gofaluwr Gogledd Cymru Gwasanaethau Gofal Croesffurdd yn gwmni cyfyngedig trwy warant. Cofrestrwyd yng Nghymru a Lloegr rhif 6205600