



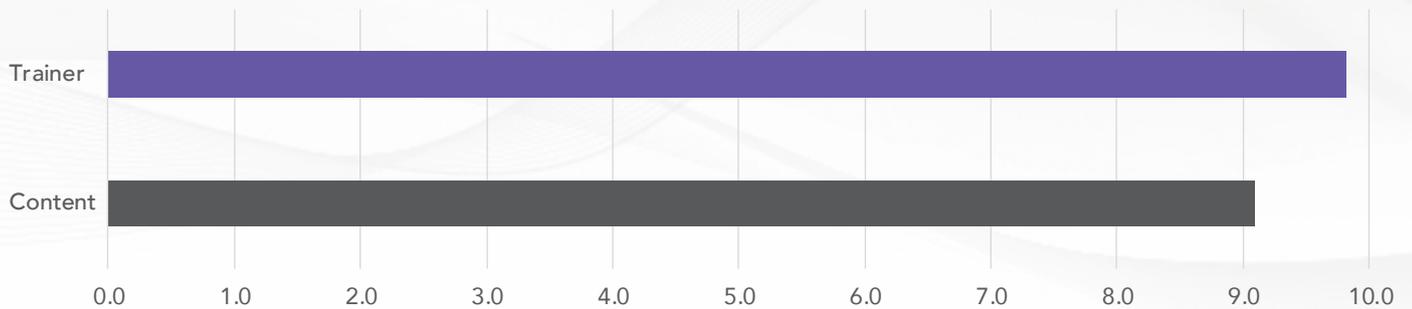
fhⁱnsights

Developing Behaviour. Delivering Performance

Training Feedback Report 2017

A busy year for training with FH Insights, see what our clients have to say about the training they attended and how they rated us.

MASTERING TIME MANAGEMENT



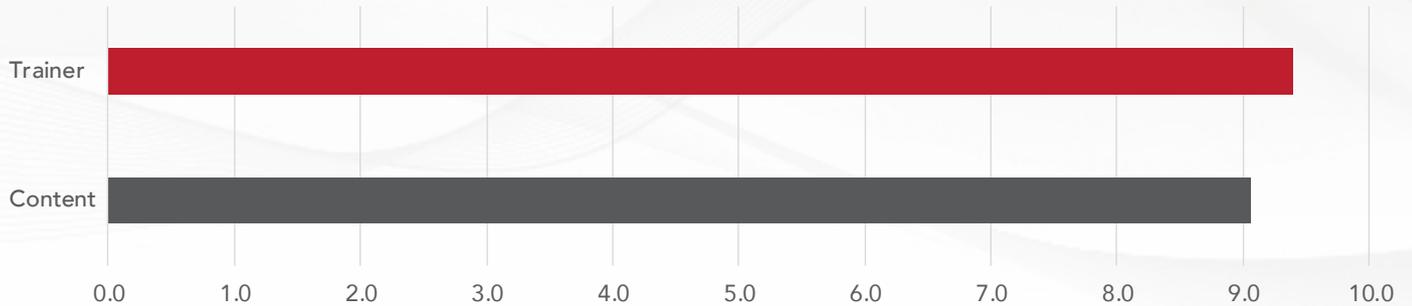
TESTIMONIALS



- The content was well organized and perfectly delivered by the trainer. The training is interesting and useful. The session of project planning is useful and I will apply it to future tasks.
- Training was strongly related to my work, I gained insight about how to manage my daily tasks effectively. I learned a meditation technique to control stressful swings between meeting/tasks. I will apply the techniques from this training to my work-life balance to increase productivity.
- Thank you. Definitely one of the best and most useful workshops I've attended.
- The course exceeded expectations, most useful course I have been on.
- Interesting. Well organised. Relevant.



NEGOTIATING FOR SUCCESS



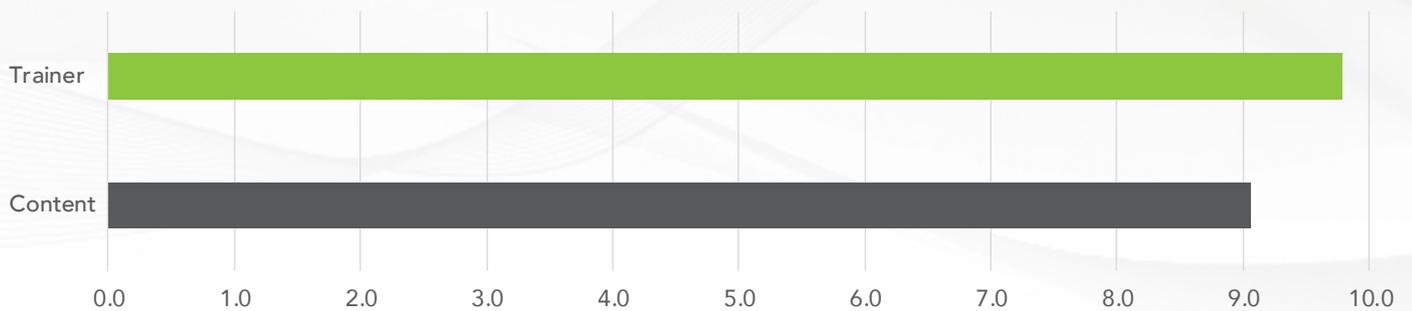
TESTIMONIALS



- Important training course, very informative. This will help enhance my negotiating style by understanding peoples personality types and how to deal with them.
- Very useful, a lot of new tactics were taught. Gave a realisation of some mistakes in my negotiation skills.
- This training was a good reflection for me to review what and how I do negotiations.
- Excellent negotiation skill development for me. This training should to be conducted frequently instead of once in a year.
- It was a great session and very useful for people who are in sales or general negotiation role.
- It's a great opportunity to have this training to gain techniques and knowledge in negotiating, be it for a personal or business matter.



PRESENTING WITH STYLE



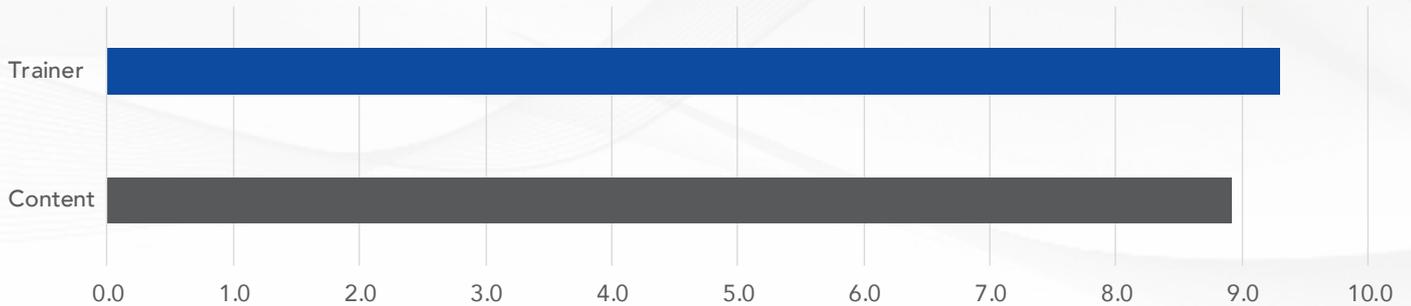
TESTIMONIALS



- Loved the two days training. I am glad I can take back a lot of knowledge and implement it in my future presentations.
- The trainer was very engaging and accomodating of everyone's opinion.
- Lovely training. Chnaged my mindset and way of thinking when it comes to presentations.
- The sessions helped me a lot. I feel much more confident in delivery and have improved my presentation style in just two days.
- All the sessions are valuable. I found a lot of difference and improvement in my presentation approach before and after the training.
- This training has helped me to deliver presentations with style!



ADVANCED COMMUNICATION SKILLS



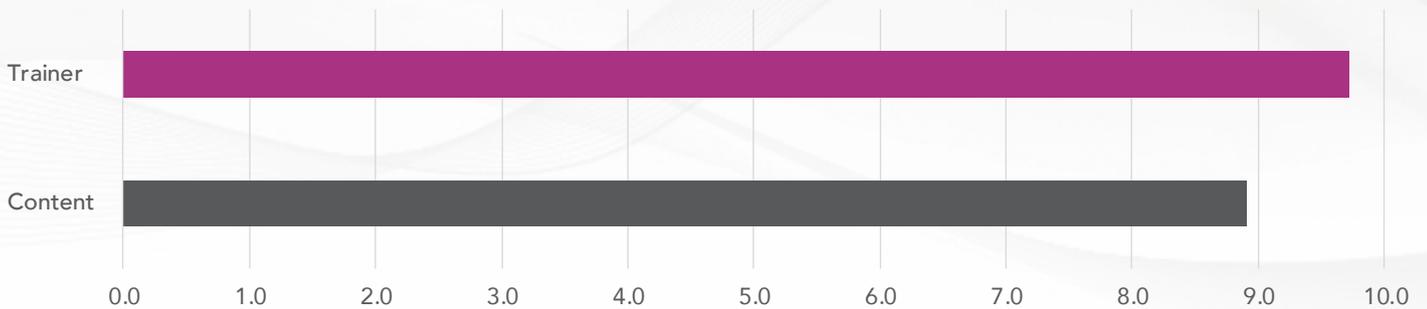
TESTIMONIALS



- Overall a good experience and knowledge which will be helpful in our business and customer relationships and improve productivity.
- The training is applicable not only towards work but to my personal life. StrengthsFinder allows me to identify my strengths and how to utilize them more.
- Definitely recommended.
- Very effective for advancing communications with others.
- Conflict management was very helpful, I will apply the techniques to reach better agreements with others and avoid arguments.
- Following the training I will be better able to understand others ideas and perspectives and will control my own actions instead of acting impulsively.



COMMUNICATING FOR RESULTS



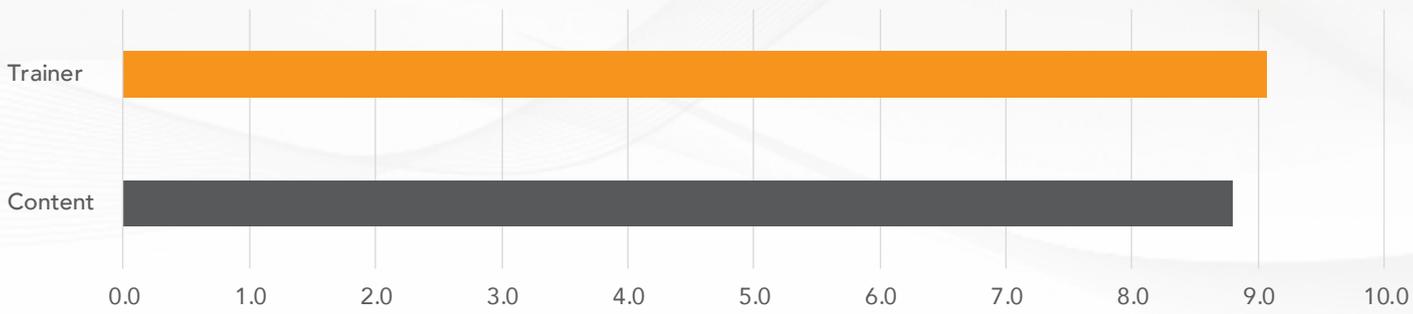
TESTIMONIALS



- As a professional it will help me a lot to implement these techniques at work. I am very proud that I am leaving the training with a positive mind set.
- The programme was really good and more than I expected. I loved the games and interactive sessions.
- Very much impressed with the trainers ability to provide practical examples. Good overall training!
- Excellent programme to attend. Quiet refreshing to implement at professional and personal level.
- The content and the different tools used to deliver the content was so helpful. It helps me to understand my behaviour and style and it let me become in touch with different personality types and how I can deal with them.



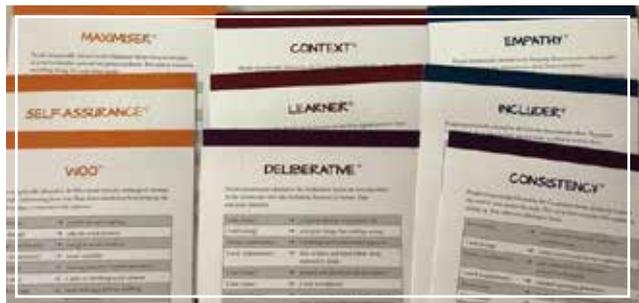
STRENGTHS FINDER



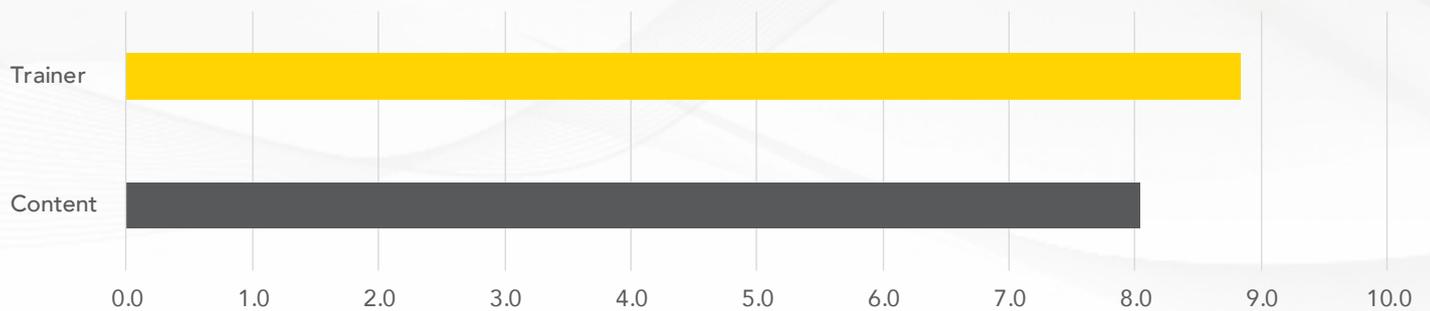
TESTIMONIALS



- Very good content. All aspects of the training session were relevant to myself and will help me to develop.
- Following the training I will utilize more of my strengths to enhance my performance at work.
- It was great to understand the value of the strengths and it was a very interactive training session.
- Training was good and the presentation style was dynamic. It was a good mix of theory and practice.
- I will start looking to my team and colleagues differently, searching for their strengths instead of their weaknesses.



LEADERSHIP DEVELOPMENT



TESTIMONIALS



- The training was well organised, the days were very structured and well prepared. The trainers were well experienced.
- The discussions were very fruitful, we had to apply what has been discussed to our daily work. The training was really valuable to me.
- Great job! I enjoyed it (and I am difficult to impress :))
- Very interactive and enjoyable learning.





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