



The St Thomas Community Larder is an Emergency Relief Project providing **packages of food and essential items** for local people experiencing financial crisis during the Coronavirus Pandemic. We are committed to helping individuals and families who have little or no money to buy essential items or food.

Individuals or families experiencing financial hardship and requiring support should contact their closest partner agency as a means of referral who will submit a request on their behalf.

The Community Larder is located at **St Thomas Methodist Church** and will be open for collection of essential items and food packages on **Monday, Wednesday, Friday between 10am and 12 Midday**. In exceptional circumstances we are able to deliver packages of food and essential items to those who are unable to collect from the resource centre.

Requests received by 3pm will be processed and arrangements made to collect from the resource centre or delivery will be made the following day.

If you would like to **make a donation**; we are currently collecting the following food items;

Cereal, Beans/Spaghetti, Soup, Tinned Tomatoes, Tinned potatoes, Dried potatoes (Smash), Tinned Vegetables, Tinned Fish, Tinned Meat / Meat pies, Tinned Fruit, Custard or Rice Pudding, Biscuits & Savoury crackers, Sugar, Pasta / Rice, Tea, Coffee, Fruit squash, Long life Milk, Sauces (pasta, carbonara), Sauces (curry, sweet & sour), Treats / choc bars, Toilet Rolls, Tooth brushes, Shower gel / deodorant, Washing Powder, Tooth Paste, Shampoo, Feminine Hygiene Products, Nappies.

Please drop off any items at St Thomas Methodist Church between 10am and 12 Midday on Monday, Wednesday and Friday. Financial contributions can be made to; Cheques payable to: St Thomas Methodist Church.

Referring agencies can make a referral on the appropriate form using the email address below or call the St Thomas Community Larder for more information.

The St Thomas Community Larder is an initiative run by volunteers from West Exe Churches.

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