

Autism Inclusion Matters

Sensory Equipment and Resource Library

The sensory equipment and resource library is based at the Independent Living Centre. The Independent Living Centre has large white doors with yellow rails outside. These doors take you through the main centre. You do not need to use these doors.



When you come to the Library you can come to the brown door on the left. A volunteer from the library will welcome you, and ask you to sign the visitor book.



Inside the building we have a room which you might need to wait in if you are early for your appointment. This room will be quiet and there will be no other visitors in there. There might be other people in the rest of the centre.

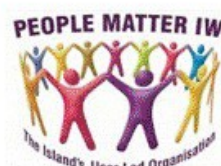


When it is time for your appointment the library is along the corridor. There is a kitchen area opposite. There might be people in the kitchen. The library room is private and we will close the door if you want us to.



Independent Living Centre
1 -2 Bernard Way
Newport PO305YL

01983241494
www.peoplesmatteriw.org



Coming to the library

What is the library?

Some sensory equipment that people think about buying is very expensive. We want people to be able to try it first. When you have tried it you can decide if it was helpful or not. We do not sell any products. We can give information about where to buy them. We can also give information about other services.

You will need proof of your address if you want to borrow anything from the library

Who will I meet?

Claire, Linda and Terry are volunteers at the library. We will meet you at the door, show you where to go and help you in the library. We will talk to you about what we have in the library and what might be helpful.



The volunteers and staff are not trained OT's or physiotherapists. They can not give medical advice.



Books

We have lots of books about Autism and Aspergers that you can borrow. Books can be borrowed for 3 weeks. We have books for children, adults, parents and carers. A full list of our books is on the People Matter IW website.



Weighted therapy

We have weighted blankets that can be borrowed. We also have lap pads and shoulder wraps. We will have to weigh the person that is using it. We have sensory and pressure clothing to try, sensory hug t-shirts and compressions vests. You can borrow these for 2 weeks.



Equipment and clothing

We have peanut balls, swing equipment, ear defenders and headphones, light filters, wedge cushions, a dark den, sensory lights and lots more. Some equipment can be looked at only in the Centre. Some is available to borrow for 2 weeks.