



Lee Brigg Infant and Nursery School Sports Premium Grant 2018 -19

Background

Since 2013 the Government has provided £150 million per annum to schools to improve pupils' participation in quality PE and sport and to impact on the health and wellbeing levels of future generations.

The funding is jointly provided by the Departments for Education, Health, and Culture, Media and Sport. All funding comes directly to schools. Each school has the freedom to spend it in a way that will have the greatest benefit for its pupils. School Leaders and Governing Bodies are accountable for reporting on how the funding allocation has been spent and the impact on pupils' health, wellbeing, and enjoyment as well as increased learning opportunities.

Possible uses for the funding might include:

- Hiring specialist PE teachers or qualified sports coaches to work with primary teachers when teaching PE
- Paying for professional development opportunities for teachers in PE and sport
- Providing cover to release primary teachers for professional development in PE and sport
- Running sport competitions, or increasing pupils' participation in School Games
- Buying quality assured professional development modules or materials for PE and sport
- Providing places for pupils on after school sports clubs and holiday clubs
- Pooling the additional funding with that of other local schools

Funding allocation 2018 -19

In the 2018 – 2019 financial year Lee Brigg Infant and Nursery School will receive approximately **£16,800** sports premium grant funding.

Rationale

At Lee Brigg Infant and Nursery school we acknowledge the outcomes from HM Government's Childhood Obesity plan and the more recent updates to this in 2018 where it clearly states that, *"Children who are obese or overweight are increasingly developing type 2 diabetes and liver problems during childhood. They are more likely to experience bullying, low-esteem and a lower quality of life and they are highly likely to go on to become overweight adults at risk of cancer, heart and liver disease."*

Our current data shows that between 2014-17 6% of our pupils were found to be obese and 16% overweight, giving us a combined 22% of children who are either obese or overweight which is comparable to statistics found nationally.

We also recognise key research from The Childhood Obesity Plan, which suggests that, *"Regular physical activity has been linked not only to improved physical health but also improved mental wellbeing, improved concentration, better social behaviours and peer relationships as well as academic attainment."*

With this in mind we have produced a set of aims for our school in order to best support and educate our children and families so that knowledge of healthy lifestyles and enjoyment of sport and physical activities become sustainable long after the children have left our school.

Further to this our aims will specifically focus on, but not be exclusive to those children from low-income households where we recognise that children are twice as more likely to be obese or overweight than those from higher income families.

Aims for Sports Premium Grant spend 2018-2019

Our key aims are to:

- Ensure that **all** children are engaged in 30 minutes of physical activity every day, as well as having additional opportunities across the week.
- Encourage participation and enjoyment in a broad range of P.E. and sport, exposing children to new physical activities, which they may then wish to pursue in or out of school.
- Develop and increase the knowledge and understanding of children, parents and carers in relation to improving healthy eating and life-styles and the benefits of this, so that parents feel empowered to make informed decisions about health and well-being for their families.
- Equip children with strategies, which promote a healthy mind as well as a healthy body.

*Through the use of the Sports Premium Grant we will be able to **continue** and embed:*

- The role of the Health and Wellbeing Leader in monitoring and evaluating the impact of new initiatives, as well as driving changes in this area linked to the School Improvement Plan for 2018-19.
- The high profile that P.E. and sport have in school and the provision of a broad range of sporting and physical activities.
- All children having the opportunity to access quality physical activity / clubs after school.
- Building of knowledge, through the taught curriculum to encourage and inform children how to keep safe and healthy.
- Monitoring of the least active children, as well as those from low-income families, ensuring their engagement in physical activity in and around the school day and parental attendance at information workshops.
- Continued improvement in teacher knowledge and confidence in developing physical skills through P.E. lessons.
- Active engagement of children in physical activity at lunchtimes and playtimes through the role of play leaders, as well as the training of support staff and improvements to the outdoor provision
- Opportunities to take part in competitions across schools.
- Opportunities for children to take part in new sporting activities, alongside classes such as yoga that promote further well-being and expose children to new physical activities.
- The Change4Life initiative, with a specific focus on healthy eating.
- Our school focus on 'healthy minds', continuing to work with outside agencies to support children and families.

In the academic year 2018-19 we propose to spend the allocated SPG in the following ways.

Initiative/ Objective	Cost	Action	Evaluation of impact and outcomes/sustainability
<p>To continue to employ a leader of sport to work across the school every afternoon, ensuring additional PE sessions for classes.</p> <p>To employ specialist coaches, to</p> <p>To offer a wider range of after school clubs, led by specialist coaches.</p>	<p>£6252</p> <p>£2340</p> <p>£270</p>	<p>An additional member of staff will take on the role as sports lead to work in classes every afternoon, (across the whole school). This will provide the children with additional access to PE, games, as well as opportunities to develop key physical skills.</p> <p>Throughout the year sports coaches will be employed not only to team teach with this member of staff, ensuring continued CPD, but to introduce children and staff to a broader range of physical and sporting activities. Due to a gender gap in assessment data in 2018, this will include a hip-hop dance session to further encourage engagement of boys in dance.</p> <p>The coaches will widen the physical opportunities on offer as well as lead on after school clubs, subsidised by school. This will encourage participation in new sports and fitness classes. Specific children, including those classed as disadvantaged, will be targeted to take part in these clubs in order to support with improved health and fitness.</p> <p>These after school clubs will run alongside those already in place led by the class teachers.</p>	
<p>To continue to employ two specialist play leaders.</p> <p>To provide further training for the lunchtime staff who are new to school.</p>	<p>£5094 for two play leaders per year and training.</p> <p>£TBC</p>	<p>This action is based upon its previous success to increase opportunities for planned physical activity at lunchtimes, resulting in a reduction of incidents of low level behaviour. The play leaders also encourage team activity and social interaction, mirroring expectations from structured lesson times and increase activity levels and enjoyment for children throughout lunchtimes.</p> <p>Staff who have been recently employed to this lunchtime role need further training / CPD, to ensure the lunchtime period is used as an effective way of encouraging active physical games.</p>	
<p>To promote health lifestyles and health choices by working directly with parents and children.</p>	<p>No cost</p>	<p>Further parent classes and workshops, including a five week course on healthy eating will take place over the year. This will improve parents knowledge and understanding and hopefully have an impact in the children's lives at home.</p> <p>We will continue to work with 'Future's in Mind' on the delivery of further free workshops for parents including one on 'Sleep.'</p> <p>To continue to work with the NHS to involve children in workshops which promote healthy lifestyles.</p>	

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Initiative/ Objective	Cost	Action	Evaluation of impact and outcomes/sustainability
To purchase resources and training to support the successful delivery of 'mindfulness' activities across school.	£75	To purchase resources to support class teachers across school with the implementation of 'mindfulness' as part of their daily timetable.	
To purchase resources for P.E lessons/ lunchtime/playtime activities – link to school council audit/pupil voice and evaluation.	£300 £TBC	To replace PE and games equipment for lunchtime and playtime activities in order to continue to motivate and engage children, increasing participation in active games. To purchase a set of yoga mats to continue to develop this as a regular physical activity within school.	
To continue to take part in interschool sporting competitions with local infant schools and with schools across Waterton Academy Trust and the wider Wakefield area.	£500 transport and teacher cover costs inc. Sports leader attendance at events.	To maintain 100% attendance at sporting competitions across the Waterton Academy Trust as well as local infant schools. This will allow children to apply their skills and knowledge while experiencing competition. It will further encourage collaboration, resilience and teamwork.	
For all year 2 children to continue to participate in the cycle skills qualification. For all reception class children to participate in the 'balancibility' scheme to improve their balance, co-ordination whilst earning to ride a bike.	£TBC £TBC	To release sport's leader for three days to support children with cycling skills at neighbouring school. This is to encourage children to learn to ride and bike and to do so safely so that they can enjoy cycling and begin to use it as a way of exercise. To release a member of staff to attend the necessary training and then teach small groups of children. To purchase/hire the equipment / bikes needed.	
To ensure that the Health and Wellbeing Leader continues to attend regular networking and CPD events. As part of this role the health and well-being leader will be released to monitor actions undertaken across school that are linked with the School Improvement Plan.	£650	To ensure effective and relevant monitoring of the quality of provision in school, as well as visiting excellence in other schools. To ensure school is applying current and 'best practise' thinking to the health, wellbeing and curriculum offer. CPD – To attend all PE network meetings and information updates so that school remains up to date with the latest research and provision.	

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To plan and deliver a broad range of activities to promote healthy lifestyles during 'Health Week 2019'	£TBC	The health and well-being leader will plan a 'Health and Safety week' in school to continue to raise its profile across school. Activities, visitors and coaches will ensure that the children experience opportunities related to sport, healthy eating, healthy lifestyles and mindfulness.	
To continue purchase resources to continue to enhance the outdoor learning environment.	£1000	To develop a 'growing area' to promote healthy eating and encourage the children to learn and become responsible for growing their own vegetables. To replenish den making equipment. To add markings to distinguish physical activity zones and the route of the daily mile. To develop the EYFS outdoor area.	
To purchase additional resources for those children classed as disadvantaged or from low-income families so that they can actively participate in all PE and sporting sessions.	£20 £200	To buy additional P.E uniform and footwear for these children. To subsidise the full cost of their attendance at after school sporting activities/clubs.	

Total cost to date - £16,701 (to date).

(To be reviewed December 2018/April 2019/July 2019)