



Menu – Week One



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Planned to provide 20% of a child's daily nutritional requirements	Selection of cereals, toast & dried fruit (Wheat, Dairy)				
Lunch & Pudding Planned to provide 30% of a child's daily nutritional requirements	Chicken & Vegetable risotto *Vegetable risotto ✓ Yogurt + Fruit Milk	Quorn & Broccoli Vol au Vents Jelly + Berries Milk/Wheat	Veggie Sausage mashed potato & Baked Beans Custard + Fruit Milk/Wheat/Soya	Tuna Pasta Bake Flapjack + Greek Yogurt Fish/Milk/Wheat	Sweet + Sticky Chicken noodles *Vegetable noodles ✓ Pancakes + Fruit Wheat
Afternoon snack Planned to provide 10% of a child's daily nutritional requirements	Breadsticks/Fruit Milk	Breadsticks/Fruit Milk	Breadsticks/Fruit Milk	Breadsticks/Fruit Milk	Breadsticks/Fruit Milk
Evening Tea & Pudding Planned to provide 20% of a child's daily nutritional requirements	Chorizo & Chick Pea Pasta ✓ Fruit/Angle Delight Wheat/Milk	Pizza + Cucumber Fruit + Yogurt Wheat/Fruit	Macaroni + Butternut Squash & Cheese Fruit Loaf Wheat/Fruit	Mixed Beans & Chilli with potato wedges Fruit/Jelly	Hot Dogs + Cucumber ✓ Fruit/Biscuit Wheat
Note: Fresh drinking water is available and accessible at all times.					



Red: Allergies

✓: Vegetarian Option