

<b>Course Title:</b> Managing Difficult Behaviour		<b>Duration:</b> Full day
<b>Broad Aims:</b> To give the learner a better understanding of managing behaviour that challenges and its impact on the person.		
<p><b>Overview</b></p> <p>This course is designed to help staff improve the lives of people who display challenging behavior. Delegates will explore what behaviour and communication are and what functions they serve. We adopt the view that challenging behaviour almost always has an underlying cause. Delegates will look at how challenging behaviour can be assessed and some of the strategies that can be used to help promote positive behavior and the importance of recording incidents to help prevent it reoccurring.</p> <p>This course supports care workers by identifying what they can and cannot do, gives advice as to how they can remain safe, keep people safe and act within organisational, local and national procedures.</p>		<p><b>Reference to QCF</b></p> <p>HSC 3045 – Promote Positive Behaviour</p>
<p><b>Learning Outcomes: By the end of the day, learners will be able to:</b></p> <ul style="list-style-type: none"> <li>• Define the term Challenging Behaviour</li> <li>• Discuss the reasons for challenging behaviour</li> <li>• Cite the types of behaviour deemed challenging</li> <li>• List common triggers and avoidance</li> <li>• Discuss the signs of escalation</li> <li>• Discuss the behaviour cycle and de-escalation techniques</li> <li>• Demonstrate and discuss spacial awareness and the importance of safe distance</li> <li>• Discuss effective strategies to manage difficult behaviours</li> <li>• Cite the importance of recording and reporting incidents</li> </ul>		