

Course Title: Emergency First aid Awareness	Duration: Half Day
Broad Aims: To give learners the knowledge and skills to respond to an emergency first aid situation.	

<p>Overview</p> <p>This course had been specifically designed and developed to give the learners the knowledge and experience to become a non-accredited emergency first aider.</p> <p>The learners will receive discussion on common injuries and conditions that may arise in the workplace.</p>	<p>Reference to QCF</p>
<p>Learning Outcomes: By the end of the day, learners will be able to:</p> <ul style="list-style-type: none"> • Define the term First aid • Cite the roles and responsibilities of a first aider • Discuss how to deal with a casualty • Discuss what to do in an emergency situation • List the minimum contents of a work place first aid kit • Describe the term Primary Survey • Differentiate between Unresponsive and Responsive casualty • Discuss, Demonstrate and practice Cardio Pulmonary Resuscitation(CPR) and Recovery Position • Discuss the Chain of Survival • Discuss the cause, recognition and treatment of; Minor injuries, Seizure, Choking, Bleeding, Shock, Heart Attack and Stroke 	