



Step Up Training and Care

From Training to Caring, we deliver excellence

Qualification Name	Level 3 Diploma in Healthcare Support
Qualification achieved	Highfield Level 3 Diploma in Adult Care (RQF) 603/2558/6

Qualification Structure

This qualification is assessed by building a portfolio of evidence under the guidance of a personal assessor assigned to help and support the learner.

The learner will dictate the pace of the qualification to fit around work and lifestyle commitments, however we do expect a learner to complete within 12 months of enrolment.

The learner will research and undertake assignments as a distance learning qualification.

Evidence may be submitted in a number of ways including

Telephone discussions

Written Submissions usually sent by email

Electronic completion of a E-portfolio

There will be an observation of the learner in practice arranged by the assessor at a convenient time to suit the learner and care setting.

There are no exams required to achieve the qualification

Qualification Duration

The total qualification time for this qualification is 650 hours and of this 390 are recommended as guided learning hours. This equates to approximately 6 months however the timescale is dependent on a learner being fully engaged in their studies and submitting evidence back to their assessor usually on a weekly basis.

Costs

This qualification costs £1200

50% is payable at point of enrolment with the remaining 50% payable upon completion of the qualification.

Who can enrol for this course?

Must be aged 16+.

Entry requirements

There are no prerequisites for this qualification, however It is advised that learners have a minimum of Level 2 in literacy or numeracy or equivalent.

Who is this qualification suitable for?

The objective of this qualification is to support a role in the workplace, such as healthcare support workers. This qualification forms the competence requirements for those learners working in healthcare settings at level 3.

The content of the qualification covers core content that applies to the healthcare sector with a variety of optional units covering additional knowledge and skills applicable to learners in adult nursing, mental health or children and young people support.

The content is appropriate for roles such as

- Carers who have already been in their role for a while.
- The qualification can be undertaken alone but links with the knowledge and skills required for the Standard Lead Adult Care Worker.
- It is applicable to a variety of job roles including below lead adult care worker and lead personal assistant.

The qualification develops the knowledge, skills and competence of learners working in a wide range of roles in a health and social care setting.

Learners must be in paid or voluntary work to enable assessment to take place. The purpose of the qualification is to support a role in the workplace and to enable learners to progress to a higher level qualification in the same subject area.

Certification

Upon successful completion of this qualification, you will be issued with a hard copy of your certificate.

Enrolment

Full details of how to enrol on this qualification can be found on our website, under the section Enrolment.

Module Content

To complete the Highfield Level 3 Diploma in Healthcare Support (RQF), learners must complete the following:

- all units contained within the mandatory group
- a minimum of 20 credits from optional group A

Mandatory units are:

- Promote personal development in care settings (Credit Value 3)
- Safeguarding and protection in care settings (Credit Value 3)
- Promote health, safety and wellbeing in care settings (Credit Value 6)
- Understand mental well-being and mental health promotion (Credit Value 3)
- Causes and Spread of Infection (Credit Value 2)
- Promote communication in care settings (Credit Value 3)
- Responsibilities of a care worker (Credit Value 2)
- Promote effective handling of information in care settings (Credit Value 2)
- Understand mental health problems (Credit Value 3)
- The Principles of Infection Prevention and Control (Credit Value 3)
- Cleaning, Decontamination and Waste Management (Credit Value 2)
- Duty of care in care settings (Credit Value 1)
- Promote equality and inclusion in care settings (Credit Value 2)
- Promote person-centred approaches in care settings (Credit Value 6)
- Study Skills for Senior Healthcare Support Workers (Credit Value 5)

Optional Units Group A are:

- Undertake physiological measurements (Credit Value 3)
- Undertake tissue viability risk assessments (Credit Value 3)
- Undertake treatments and dressings of lesions and wounds (Credit Value 4)
- Care for individuals with urethral catheters (Credit Value 4)
- Undertake personal hygiene activities with individuals (Credit Value 3)
- Undertake stoma care (Credit Value 4)
- Perform intravenous cannulation (Credit Value 5)
- Care for individuals with naso-gastric tubes (Credit Value 3)
- Obtain and test capillary blood samples (Credit Value 4)
- Obtain venous blood samples (Credit Value 3)
- Carry out arterial puncture and collect arterial blood (Credit Value 4)
- Carry out blood collection from fixed or central lines (Credit Value 4)
- Assist in the administration of medication (Credit Value 4)
- Administer medication to individuals, and monitor the effects (Credit Value 5)
- Understand long term conditions and frailty (Credit Value 3)
- Contribute to monitoring the health of individuals affected by health conditions (Credit Value 2)
- Obtain a client history (Credit Value 3)
- Coordinate the progress of individuals through care pathways (Credit Value 4)
- Support individuals to access and use services and facilities (Credit Value 4)
- Contribute to the discharge of individuals to carers (Credit Value 1)
- Understand advance care planning (Credit Value 3)
- Care for the elderly (Credit Value 2)
- Understand the process and experience of dementia (Credit Value 3)
- Support individuals during a period of change (Credit Value 4)
- Support individuals at the end of life (Credit Value 6)
- Managing symptoms in end of life care (Credit Value 4)
- Support individuals during the last days of life (Credit Value 5)
- Support individuals who are bereaved (Credit Value 4)
- Understand the context of supporting individuals with learning disabilities (Credit Value 4)
- Awareness of the Mental Capacity Act 2005 (Credit Value 3)
- Support independence in the tasks of daily living (Credit Value 5)
- Advise and inform individuals on managing their condition (Credit Value 5)
- Support individuals to live at home (Credit Value 4)
- Work in partnership with families to support individuals (Credit Value 3)
- Implement therapeutic group activities (Credit Value 4)
- Support individuals to develop and run support groups (Credit Value 3)
- Understand mental health interventions (Credit Value 4)
- Effective communication and building relationships in mental health work (Credit Value 5)
- Enable individuals with mental health problems to develop alternative coping strategies (Credit Value 4)
- Support individuals to manage their own recovery from mental health problems (Credit Value 3)
- Support positive risk taking for individuals (Credit Value 4)
- Understanding suicide interventions (Credit Value 6)
- Enable mental health service users and carers to manage change (Credit Value 3)
- Recognise indications of substance misuse and refer individuals to specialists (Credit Value 4)
- Understand how to safeguard the well-being of children and young people (Credit Value 3)
- Communicate with children and young people in care settings (Credit Value 4)

- Understand child and young person development (Credit Value 4)
- Support child and young person development (Credit Value 3)
- Develop positive relationships with children and young people (Credit Value 4)
- Enable children and young people to understand their health and well-being (Credit Value 5)
- Work with babies and young children to support their development and learning (Credit Value 6)
- Care for the physical and nutritional needs of babies and young children (Credit Value 6)
- Support children and young people experiencing transitions (Credit Value 3)
- Understand mental health and behaviour management of children and young people (Credit Value 4)
- Support children and young people with mental health conditions (Credit Value 5)
- Support individuals with speech and language disorder to develop their communication skills (Credit Value 4)
- Collate and communicate health information to individuals (Credit Value 2)
- Provide information and advice to individuals on eating to maintain nutritional status (Credit Value 5)
- Assist individuals who have mental health problems when they are transferring between agencies and services (Credit Value 2)
- Promote positive behaviour (Credit Value 6)
- Assist professionals to support individuals from diverse linguistic and cultural backgrounds to access speech and language therapy session (Credit Value 5)
- Monitor and review individuals progress in relation to maintaining optimum nutritional status (Credit Value 3)
- Support individuals to manage continence (Credit Value 3)
- Administer oral nutritional products to individuals (Credit Value 4)
- Inform an individual of discharge arrangements (Credit Value 2)
- Supporting individuals with loss and grief before death (Credit Value 2)
- Support individuals to access housing and accommodation services (Credit Value 4)
- Provide support to manage pain and discomfort (Credit Value 2)
- Provide support to maintain and develop skills for everyday life (Credit Value 4)
- Enable individuals to develop strategies to manage their behaviour 3 41 8
- Support individuals with cognition or learning difficulties (Credit Value 5)
- Support the spiritual wellbeing of individuals (Credit Value 3)
- Support individuals during emergency situations (Credit Value 3)
- Principles of Health Promotion (Credit Value 2)
- Promotion of General Health and Well-being (Credit Value 2)
- Understand care and support planning and risk management in mental health (Credit Value 4)
- Support carers to meet the care needs of individuals (Credit Value 4)
- Support individuals to prepare for and settle into new home environments (Credit Value 3)
- Support individuals with specific communication needs (Credit Value 5)
- Provide support for sleep (Credit Value 2)
- Understand the administration of medication (Credit Value 3)
- Communicate with children and young people in care settings (Credit Value 4)
- Assist in the administration of oxygen (Credit Value 5)
- Deliver exercise sessions to improve individuals' health and wellbeing (Credit Value 5)
- Assist in testing individuals' abilities prior to planning physical activities (Credit Value 5)