

Guidelines for Church Services

- ◆ Remember that you should not attend church if you have any of the symptoms of Covid-19.
- ◆ For those over the age of 70, the advice is to minimise contact with others. Those in either Clinically Vulnerable or shielding categories are strongly discouraged from attending places of worship. It is noted that these statements are advisory and that individuals are responsible for managing their own risk.
- ◆ The capacity of the building is 45 people. Unfortunately once we have reached this capacity, you will be unable to enter.
- ◆ Please arrive early to enable us to be organised and start promptly.
- ◆ Maintain social distancing where possible.
- ◆ Use the hand sanitizer on arrival and touch the minimum of surfaces.
- ◆ We recommend the wearing of facemasks, but this is not mandatory.
- ◆ You will be asked for your name and address on arrival. If you are on our contact list, you may give your name only. We have to keep this record for 21 days and it will then be destroyed.
- ◆ The flow of people needs to be carefully controlled. Please follow instructions about entering, leaving and moving around the building.
- ◆ We will be using as many pews as possible. Enjoy the new view and sitting with different people.

Even if you cannot join the service by telephone or video on Sunday, it would be good to try to say our prayers in some form **at 10.30** that morning, and to be intentionally holding each other up to God, and praying for the wider community of St Thomas.

NEXT SUNDAY 12.07.20 Trinity 5

SERVICES to be advised



READINGS

OT Isaiah 55.10-13

NT Romans 8.1-11

GOSPEL Matthew 13.1-9, 18-23.

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St Thomas, Exeter

Sunday 5th July 2020

St Thomas the Apostle

Update on Sunday worship To mark our Patronal festival this unusual year, we're going to include as many people as possible with the Zoom service as normal at 10.30 am (details below), followed by a very simple public Eucharist in Church at 12 noon (subject to further Church advice). There are some guidelines about the service on this pewsheet. It would be good if you could bring this with you so that you have both readings and guidelines to hand. This is a welcome and hopeful development, but we still need to be very careful and move in small steps. All are welcome in Church, but there is huge respect for those who do not wish to come yet.

Sunday worship by Zoom this week The telephone numbers are the same: 0203 051 2874, 0203 481 5237, 0203 481 5240, 0131 460 1196, bearing in mind that's it's worth trying a second one if the first isn't very good. **The meeting number is 846 4638 6622 and the access code/password 425499.** Watch this space for details going forward.

Fun & Fundraising We will need some serious thought about this in the light of new developments.

Fr David



Collect

Almighty and eternal God,
who, for the firmer foundation of our faith,
allowed your holy apostle Thomas
to doubt the resurrection of your Son
till word and sight convinced him:
grant to us, who have not seen, that we also may
believe and so confess Christ as our Lord and our
God;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

Habakkuk 2: 1-4

I will stand at my watch-post,
and station myself on the rampart;
I will keep watch to see what he will say to me,
and what he will answer concerning my complaint.
Then the Lord answered me and said:
Write the vision;
make it plain on tablets,
so that a runner may read it.
For there is still a vision for the appointed time;
it speaks of the end, and does not lie.
If it seems to tarry, wait for it;
it will surely come, it will not delay.
Look at the proud!
Their spirit is not right in them,
but the righteous live by their faith.

Ephesians 2: 19-end

You are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

John 20: 24-29

Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.'

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.' Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.' Thomas answered him, 'My Lord and my God!' Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.'

Post-Communion Prayer

Almighty God,
who on the day of Pentecost
sent your Holy Spirit to the apostles
with the wind from heaven and in tongues of
flame, filling them with joy and boldness to preach
the gospel: by the power of the same Spirit
strengthen us to witness to your truth
and to draw everyone to the fire of your love;
through Jesus Christ our Lord.
Amen

NOTICES

Time to Mourn. If you haven't yet added a ribbon to the Church railings to mark some loss you have experienced during this pandemic, you're still welcome to do so.

Guidelines for Church Services continued

- ◆ Do not call across the church or raise your voice.
- ◆ Service sheets may be provided. Please take these home at the end of the service.
- ◆ When you receive the host, please take care not to touch hands with the priest. If you wish to receive a blessing, take your service book with you.
- ◆ A collection plate will be available by the entrance.
- ◆ Please use the hand sanitizer when leaving the church and wash your hands thoroughly when returning home.
- ◆ Please do not congregate outside church, but maintain social distancing.

These may be updated in line with further recommendations from the Diocese.

Liturgical Resources—Gloria

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.