



Anaesthetic COVID checklist for pregnancy from 28 weeks

The Royal College of Obstetricians and Gynaecologists has updated its guidance for employers and pregnant women.

<https://www.rcog.org.uk/globalassets/documents/guidelines/2020-09-10-occupational-health-statement-rcog-rcm-fom.pdf>

Employers are advised to undertake individual risk assessments for pregnant staff members that considers the individual circumstances, underlying health conditions and the risks of their employment setting alongside the latest clinical advice from the Royal College of Obstetricians and Gynaecologists. Pregnant women should socially distance in line with Welsh government guidance.

<https://gov.wales/coronavirus-regulations-guidance>

Your training timeline will continue from 28 weeks up until you take maternity leave providing you have **good evidence of a range of ongoing work** as highlighted in your LLP:

Clinical

Non face to face clinical work e.g. POAC, other clinics e.g. pain medicine

WBPA's may be completed and evidenced on LLP

Non-clinical (mapped to RCoA Annex G)

Academic and Research

- Involvement in major research project with clear measurable outcomes e.g. abstract, case report, review article, poster, presentation at meeting remotely
- Evidence of attendance at online educational/CPD events with good reflection.
- Evidence and reflection of clinical governance, M and M, journal meetings

Improvement Science

- Involvement in a major Quality Improvement project with clear measurable outcomes e.g. IQT silver, oral/poster presentation.
- Evidence of implementing change through an audit cycle
- Attendance at educational/CPD events online

Teaching and Learning

- Attendance at teaching/educational events regularly for appropriate stage of training e.g. SWABS, primary/final exam sessions, PFSD.
- Delivery of teaching and educational resources within the Welsh School of Anaesthesia including development of e-learning material.

Management

- Development of guidelines/patient information leaflets within Health Board and nationally.
- Involvement in risk management, safety and service development
- Management of rotas
- Involvement in well-being support

You should liaise with your Educational Supervisor and College Tutor regularly to ensure your plan for this ongoing work is sufficient to allow your training timeline to progress in line with the RCoA curriculum. For those trainees that remain in a clinical setting after 28 weeks, at their own risk and at the discretion of local occupational health departments, the requirements for non-clinical outcomes will be less onerous. Evidence will be assessed at ARCP following your return from maternity leave.