

<p>Course Title: First aid at Work Level 3</p>	<p>Duration: 3 days</p>
<p>Broad Aims: The aim of the course is to provide learners with the knowledge and skills to undertake the role of a first aider in the workplace.</p>	
<p>Overview</p> <p>This course is designed for anyone wanting to become an accredited first aider. This qualification provides learners with skills and knowledge to deal with first aid situations in high risk work environments.</p> <p>The Level 3 Award in First Aid at Work (RQF) consists of two units:</p> <ul style="list-style-type: none"> • Unit 1- Emergency First Aid in the Workplace (EFAW) • Unit 2- Recognition and Management of Illness and Injury in the Workplace <p>This course is formally observed throughout and each learner will sit a multi choice question paper at the end of the 3 days. Where appropriate the learner will receive an AoFAQ Level 3 Certificate in First at Work.</p>	<p>Reference to QCF</p> <p>HSC 267 1.0 HSC 267 1.1 HSC 267 1.2 HSC 267 1.3 HSC 267 1.4</p> <p>HSC267 2.0 HSC 267 2.1 HSC 267 2.2</p> <p>HSC 267 3.0 HSC 267 3.1 HSC 267 3.2 HSC 267 3.3 HSC 267 3.4</p>
<p>Learning Outcomes: By the end of the day, learners will be able to:</p> <p>Unit 1:</p> <ul style="list-style-type: none"> • Define the terms First aid and First aider • Discuss the attributes of a First aider • Explain the importance of self preparation • Cite the roles and responsibilities of a first aider • Discuss how to manage a casualty including consent and infection control • List the minimum contents of a work place first aid kit Discuss what to do in an emergency situation • Discuss and demonstrate the Primary Survey • Discuss the term Secondary Survey and the importance of information gathering • Differentiate between Unconscious and Conscious casualty • Discuss the Chain of Survival • Discuss, Demonstrate and practice Cardio Pulmonary 	<p>HSC 267 4.0 HSC 267 4.1</p> <p>HSC 267 5.0 HSC 267 5.1 HSC 267 5.2</p> <p>HSC 267 6.0 HSC 267 6.1</p> <p>HSC 267 7.0 HSC 267 7.1 HSC 267 7.2</p>

<p>Resuscitation (CPR) and Recovery Position</p> <ul style="list-style-type: none"> • Discuss and describe the cause, recognition, aims and treatment of; Minor Injuries, Seizure, Choking, Severe Bleeding and Shock • Discuss and demonstrate the effective use of an automated External Defibrillator <p>Unit 2:</p> <ul style="list-style-type: none"> • Discuss, demonstrate and practice the cause, recognition and treatment where applicable, the following injuries and illnesses: <ul style="list-style-type: none"> • Injuries to Bones, Muscles and Joints • Suspected head and spinal injuries • Suspected chest injuries • Burns and Scalds • Eye Injuries • Poisoning • Anaphylaxis • Suspected Major illnesses appropriate to the day 	<p>HSC 267 8.0 HSC 267 8.1 HSC 267 8.2 HSC 267 8.3</p>
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