

Course Title: Manual Handling – Animate Load		Duration: 2 Days
Broad Aims: To give the learners knowledge and skills in Moving & Handling people within the care setting using several approaches, strategies and techniques which are person centered.		
Overview		Reference to QCF
<p>The Manual Handling Operations Regulations 1992, as amended in 2002 ('the Regulations') apply to a wide range of manual handling activities which include lifting, lowering, pushing, pulling or carrying.</p> <p>The load may be either inanimate - such as a box or a trolley or animate - a person or an animal. This course has therefore been developed to give useful practical advice and skills to individuals who use manual handling as part of their daily routines.</p> <p>The learner will develop knowledge and experience in a few different manual handling techniques which can be used in a number of situations involving people and/or objects.</p> <p>Each learner will complete Modules A – F of the Welsh Local Government Association which can be used to evidence discussion and practical participation throughout. Module G is available upon request.</p>		<p>HSC 232 1.1 HSC 232 1.2</p> <p>HSC 232 2.1 HSC 232 2.2</p> <p>HSC 232 3.1 HSC 232 3.3 HSC 232 3.4 HSC 232 3.5 HSC 232 3.6 HSC 232 3.7</p> <p>HSC 232 5.1 HSC232 5.2 HSC232 5.3 HSC 232 5.4 HSC 232 5.5 HSC 232 5.6 HSC 232 5.7</p> <p>HSC 232 6.1 HSC 232 6.2</p>
Learning Outcomes:		
<ul style="list-style-type: none"> • Define the term 'Manual Handling' • List the activities and factors associated with muscular-skeletal injuries • Identify how a muscular-skeletal injury can affect the individual, the employer and society • Describe the basic structure of the spine • Identify measures to prevent muscular-skeletal injuries and other disorders • Cite the relevant pieces of legislation and outline their implications • Describe employers' and employees' responsibilities • Define ergonomics and discuss its application in the workplace 		

- | | |
|--|--|
| <ul style="list-style-type: none">• Cite the principles of safer handling of loads• Identify the 4 key areas and other related factors to be considered when undertaking a safer handling risk assessment• Undertake a formal risk assessment of an inanimate loads• Identify how the principles of safer handling can be applied to the moving of large or awkward loads• Outline the importance of good posture and the application of ergonomic principles• Safely demonstrate the following techniques: Pushing and pulling; Lifting a load from the floor or low level; Appropriate position whilst seated at a desk• To discuss, demonstrate and practice the correct techniques according to the WGLA Passport for Sitting, Standing and walking, Lateral Transfers, Bed Mobility and Hoists & Slings using minimal support, 1 handler and 2 handler support.• Discuss with the delegates the sources of information that is available for moving and handling of people, refer to the Handling of People 6th edition, Physiotherapists, Occupational Therapists etc. | |
|--|--|