

<b>Course Title:</b> Manual Handling – Inanimate Load Handling	<b>Duration:</b> Half Day
<b>Broad Aims:</b> To give the learners knowledge and skills in Moving & Handling of Inanimate loads.	
<p><b>Overview</b></p> <p>The Manual Handling Operations Regulations 1992, as amended in 2002 ('the Regulations') apply to a wide range of manual handling activities which include lifting, lowering, pushing, pulling or carrying.</p> <p>The load may be either inanimate - such as a box or a trolley, or animate - a person or an animal. This course has therefore been developed to give useful practical advice and skills to individuals who use manual handling as part of their daily routines.</p> <p>The learner will develop knowledge and experience in a number of different manual handling techniques which can be used in a number of situations involving inanimate objects.</p> <p>Each learner will complete Modules A &amp; B of the Wales Local Government Association Passport which can be used to evidence discussion and practical participation throughout.</p>	<p><b>Reference to QCF</b></p> <p>HSC 232 1.1 HSC 232 1.2</p> <p>HSC 232 2.1 HSC 232 2.2</p> <p>HSC 232 3.1 HSC 232 3.3 HSC 232 3.4 HSC 232 3.5 HSC 232 3.6 HSC 232 3.7</p> <p>HSC 232 5.1 HSC232 5.2 HSC232 5.3 HSC 232 5.4 HSC 232 5.5 HSC 232 5.6 HSC 232 5.7</p> <p>HSC 232 6.1 HSC 232 6.2</p>
<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>• Define the term ' Manual Handling'</li> <li>• List the activities and factors associated with muscular-skeletal injuries</li> <li>• Identify how a muscular-skeletal injury can affect the individual, the employer and society</li> <li>• Describe the basic structure of the spine</li> <li>• Identify measures to prevent muscular-skeletal injuries and other disorders</li> <li>• Cite the relevant pieces of legislation and outline their implications</li> <li>• Describe employers' and employees' responsibilities</li> <li>• Define ergonomics and discuss its application in the workplace</li> <li>• Cite the principles of safer handling of loads</li> <li>• Identify the 4 key areas and other related factors to be considered when undertaking a safer handling risk assessment</li> <li>• Undertake a formal risk assessment of an inanimate loads</li> <li>• Identify how the principles of safer handling can be applied to the moving of awkward loads</li> <li>• Outline the importance of good posture and the application of ergonomic principles</li> <li>• Safely demonstrate the following techniques: Pushing and pulling;</li> <li>• Lifting a load from the floor or low level; Appropriate position whilst seated at a desk</li> </ul>	