

<p>Course Title: Lone Working & Personal Safety</p>	<p>Duration: Half day</p>
<p>Broad Aims: To provide attendees with knowledge, skills and behaviours to support staff who work on their own within services ensuring the safety of themselves and others within a legal framework.</p>	
<p>Overview</p> <p>This course is designed to provide learners with an introduction to lone working and personal safety whilst in the role of a worker. The course is split into 4 core areas which are:</p> <p>Anger & Aggression Practical advice and best practice Legal requirements and responsibilities Breakaways and personal safety</p>	<p>Reference to QCF</p> <p>HSC 3045</p> <p>Promote positive behaviour</p>
<p>Learning Outcomes: By the end of the day, learners will be able to:</p> <ul style="list-style-type: none"> • Define the term lone working? • Discuss specific lone working risks? • List practical controls we can use to reduce the risks? • Discuss the training requirements of a lone worker? • Explain ways in which we can keep in contact with and 'track' lone workers? • Discuss the content of an emergency protocol? • Describe, demonstrate and practice basic breakaways 	