

Castleknock Community College

Extra-Curricular Programme 2017/2018

All extra-curricular activities run by teachers in C.C.C are voluntary and are undertaken on a good will basis. We appreciate and are delighted with the support offered to the programme by parents, past pupils and friends of the college.

Monday

Activity	Year Group	Time	Place	Teachers
<i>1st Year Inter Class Basket Ball</i>	<i>1ST Year</i>	<i>12:20-1:10pm</i>	<i>Outdoor Courts</i>	<i>Ms Clancy and Sports Prefect Team</i>
<i>Girls Basketball</i>	<i>Under-16 Under-19</i>	<i>4:15-5:15pm</i>	<i>New Sports Hall</i>	<i>Ms Clancy & Ms Rice</i>
<i>Judo (Enrolment Monday 16th October)</i>	<i>All Years</i>	<i>4:15-5:15pm</i>	<i>Canteen</i>	<i>Alan Martin School (25 Euro per month)</i>
<i>Fitness Suite</i>	<i>4-6th Years</i>	<i>7:000-8:15am 4:15-5:15pm</i>	<i>Fitness Suite</i>	<i>Mr Sutton Mick Daly</i>
<i>Starsearch</i>	<i>T.Y`s</i>	<i>Lunchtime</i>	<i>Rm 14</i>	<i>Ms.J.Dunne Ms.H.Kelly</i>
<i>Choir</i>	<i>All Years</i>	<i>12:25-1:05</i>	<i>Rm 42</i>	<i>Ms Staunton Ms Lynch Ms Raffery Ms Quaid Ms McCarthy</i>
<i>Homework Club</i>	<i>1st Years</i>	<i>4 – 5pm</i>	<i>Rm 42</i>	<i>Ms O Connor</i>
<i>Chamber Choir</i>	<i>Seniors</i>	<i>12:20-1.20pm</i>	<i>Rm 44</i>	<i>Ms Brooks</i>
<i>Hurling</i>	<i>Under 16 Senior</i>	<i>4:15-5:15pm</i>	<i>Tir na nOg</i>	<i>Mr Dempsey</i>
<i>Ladies GAA</i>	<i>All Years</i>	<i>4-5pm</i>	<i>Tir na nOg</i>	<i>Ms Kane</i>

Tuesday

Activity	Year Group	Time	Place	Teachers
<i>Cumann Gaelach</i>	<i>All Years</i>	<i>Lunchtime</i>	<i>Rm 15</i>	<i>Mr.Breathnack Ms Colgan Ms Bartley Ms McGovern</i>
<i>Chaplaincy Team</i>	<i>All Years</i>	<i>12:20-1:20pm</i>	<i>Meditation Room</i>	<i>Ms.C.Barrett</i>
<i>Zumba</i>	<i>All Years</i>	<i>4 15-5 15pm</i>	<i>Fitness Suite</i>	<i>Atomic Fitness</i>
<i>Fitness Suite</i>	<i>3rd-6th years (Girls only)</i>	<i>4:15-5:15pm</i>	<i>Fitness Suite</i>	<i>Atomic Fitness (See Ms. Clancy)</i>
<i>Inter Class Soccer [Commences Tues 7th Nov]</i>	<i>1st-2nd Years</i>	<i>12:20-1:10pm</i>	<i>New Sport hall No access after 12 30pm!! No eating /drinking in Sportshall.</i>	<i>Ms. Clancy & Sports Prefects</i>

Wednesday

Activity	Year Group	Time	Place	Teachers
<i>Table Tennis</i>	<i>All Years</i>	<i>12:30-1:30</i>	<i>Gym Main Build</i>	<i>See MS. Clancy if interested</i>
<i>Sports Hour</i>	<i>1st Years</i>	<i>12:30-1:30</i>	<i>Sport hall ,Various Facilities around the school</i>	<i>Ms. Clancy Mr Dempsey Mr Breathnach Ms Cotter Ms Lynch and Mr Sutton</i>
<i>Fitness Suite</i>	<i>4th-6th Years</i>	<i>7:00-8:15am</i>	<i>Fitness Suite</i>	<i>Sports Prefects</i>
<i>Rugby</i>	<i>All Years</i>	<i>12:30-2:00 pm</i>	<i>New Sports hall</i>	<i>Ms. Clancy</i>

Thursday

Activity	Year Group	Time	Place	Teachers
<i>Boys Basketball</i>	<i>Under 16s & Under 19s</i>	<i>4:15-5:15pm</i>	<i>New Sports hall</i>	<i>Ms Cotter</i>
<i>Camogie</i>	<i>Senior, Junior & Minor</i>	<i>4:15-5:15pm</i>	<i>Tir na nOgg</i>	<i>Ms Shorthall</i>
<i>Homework Club</i>	<i>1ST years</i>	<i>4:15-5:15pm</i>	<i>Tir na nOg/ Old Gym</i>	<i>Ms Shorthall</i>
<i>Fitness Suite</i>	<i>4th-6th Years</i>	<i>4:15-5:15pm</i>	<i>Fitness Suite</i>	<i>Atomic Fitness</i>
<i>Debating</i>	<i>All Years</i>	<i>12.20-1:10pm</i>	<i>Rm 31</i>	<i>Ms McGrath</i>
<i>Boys Basketball</i>	<i>1st & 2nd Year After mid Term</i>	<i>4:15-5:45pm</i>	<i>New Sports Hall</i>	<i>Ms Cotter</i>
<i>Boys Gaelic Football</i>	<i>Under 14s</i>	<i>4:15-5:45PM</i>	<i>Tir Na Nog</i>	<i>Ms Cotter</i>

Friday

Activity	Year Group	Time	Place	Teachers
<i>Fitness Suite</i>	<i>4th-6th Years</i>	<i>7:00-8:15am</i>	<i>Fitness Suite</i>	<i>Mr Sutton</i>
<i>Boys Basketball</i>	<i>Under 16s & 19s</i>	<i>4:15-5:45pm</i>	<i>New Sports Hall</i>	<i>Ms Cotter</i>
<i>Boys Basketball</i>	<i>1st & 2nd Years after 16s/19s finished</i>	<i>4:15-5:45pm</i>	<i>New Sports Hall</i>	<i>Ms Cotter</i>

Additional Activities

Activity	Year Group	Time	Place	Teachers
<i>Orienteering</i>	<i>1st, 2nd, TY, LCI Some 3rd and LC2</i>	<i>9am-2pm approx.</i>	<i>Wed 25th Oct - Tymon Park Wed 29th Nov Santry Demense Wed 17th jJan- Cabinteely Park Wed 21st March- Djouce Wood [Selection Process]</i>	<i>Ms Clancy</i>
<i>Cross Country</i>	<i>All Years</i>	<i>Various</i>	<i>Various Completions in Dublin See School Website</i>	<i>Ms Clancy and Mr Dempsey</i>
<i>Track and Field</i>	<i>All Years</i>	<i>Various Times</i>	<i>Various Competitions in Dublin See School Website For time table</i>	<i>Ms Clancy and Mr Dempsey</i>
<i>Swimming</i>	<i>All Years</i>	<i>Dec/Jan Competitions at Weekends</i>	<i>National Aquatic Centre</i>	<i>Ms McNally</i>
<i>Silver Gaisce</i>	<i>LCI</i>	<i>PLEASE SEE</i>	<i>MS CURRAN</i>	<i>FOR DETAILS</i>
<i>Student Council</i>	<i>All Years</i>	<i>PLEASE SEE</i>	<i>MS CURRAN</i>	<i>FOR DETAILS</i>
<i>Bundoran Surf Trip</i>	<i>T.Y's</i>	<i>March 8th-11th</i>	<i>Donegal Adventure Centre</i>	<i>Ms Stokes & T.Y Team</i>
<i>Exercise Energise</i>	<i>1st/2nd/3rd</i>	<i>T.B.C</i>	<i>Sports Hall</i>	<i>Ms Clancy and Sports Prefects</i>
<i>A Programme aimed at girls to increase their physical activity involvements funded by Fingal Sports Office</i>				

Important Notice

- Tír na nÓg is the green area beside the main school entrance gate to the left.
- We would encourage all our students to involve themselves in at least one extracurricular activity.
- Please note that the school sports wear should be worn for all activities that relate to the college.
- We always welcome the support of parents. If you are interested in assisting in any of the above programmes, please let us know.
- Students who are competing for the college must ensure that their classwork/ homework is completed on time (see student responsibilities)
- Absolutely no football boots are to be worn inside the school building.
- Student should check notice boards/ LCD Displays/ announcements/ posters/ assemblies for more information regarding extracurricular activities.
- If you have any queries please contact Ms. Fiona Clancy.