



An overview of the Community Awareness of Drugs six session 'Family Focus' Drug Education Programme.

- Every parent / guardian is valued – discretely yet warmly greeted as they enter the room
- Pairings are used for introductions and literacy issues
- Prevalence study is used to illustrate that not everyone uses drugs and can help to see if parents overestimate or underestimate the situation.
- Quiz used to give sample of programme – brief answers same morning Q & A distributed before they go home
- Participants identify reasons why people misuse substances and brainstorm what can be done to prevent same.
- The home as a source of supply – Would you miss anything?
- The community as a source of supply – Would you report anything?
- Parents need information to communicate with their young people.
- Parents receive pack/bag and literature is distributed each week
- The pack can complement school based SPHE and Walk Tall programme
- Parents are asked to think as young people and identify the steps that adults take to help get along with teenagers
- Parents are asked to identify what assets a young person needs to help them avoid anti-social behaviour. The young person as a role model.
- No generalisations. No put downs. Gentle examination of unwelcome comments.
- Parents receive relevant substance misuse information
- Participants use groupwork to discuss a drugs related scenario
- Support Agencies are identified
- Parents are encouraged to provide contact details for bi-annual Update Days.
- Participants receive an impressive looking certificate for future reference
- Participants are encouraged to look out for other related courses.