



TRENDS

STYLE'S GUIDE TO SUMMER: THE BOOKS, RESTAURANTS AND HOLIDAY DESTINATIONS YOU NEED TO KNOW ABOUT

From the status sunlounger read to the place to be seen (Greece is the new Majorca, guys), Style's summer guide is all you need. You're welcome



The Sunday Times, May 27 2018, 12:01am



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What to eat and drink by *George Reynolds*

MENU

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The greatest summer hits



The Ethicurean

Be honest, no one wants to spend a perfect summer's day inside a restaurant. Fortunately, these days there is no shortage of places that combine excellent food with a supercharged dose of vitamin D. At both Darsham Nurseries, in Suffolk, and the Ethicurean, a shortish drive from Bristol, gorgeous kitchen gardens provide bounty for the table and a welcome opportunity for a wander after lunch; the cooking is frequently as dazzling as the gorgeous (and, yes, highly Instagrammable) flora in bloom. Meanwhile, restaurant critics, including the Sunday Times's own Marina O'Loughlin, have been falling over each other to sing the praises of the Fordwich Arms, in Kent: not only does it do outdoor seating, its setting, on the bank of a river, makes for maximum babbling-brook quaintness. Just a few miles closer to the coast, of course, is the daddy of them all, the Sportsman at Whitstable, soon to enter its third decade as perhaps the best and most famous gastropub in the country. Don't let the bare tables and cheery, welcoming staff fool you — this is serious, serious cooking, all the better for being enjoyed al fresco.

The hotspot (for the metropolitan liberal elite)

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Back in London, the centre of the universe over the past year or so (and only for a certain kind of east London hipster food nerd, ie me) has been P Franco, a no-reservations(!) natural wine bar(!) in Lower Clapton(!!!), serving a daily changing menu of small plates cooked over an induction hob (! *key snaps off from overuse*). Now, though, the P Franco team are getting all grown-up, opening an actual bricks-and-mortar restaurant just off London Fields. It’s called Bright and you can even reserve a table. Expect modern British /Italian small plates with more than the occasional influence from further afield. The team are seasoned and very charming pros; chef William Gleave is, pound for pound, perhaps the best young cook in the country. One to get very excited about and brave the trip east for, whatever your usual tastes.

The surprising foodie destination

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Koks

Far-flung must-visit restaurants don't get more far-flung or must-visit than Koks in the Faroes. It's a region not known for its gastronomy, but which, for the 28-year-old chef Poul Andrias Ziska, serves as a many-splendoured larder/kitchen garden. Ever wanted to try gannet? Whale blubber? Or what about ræst, the local delicacy of fermented and wind-dried lamb? It may sound more like a northern European version of the I'm a Celebrity bushtucker trial, but everyone who has visited has had nothing but ecstatic things to say about the experience, and last year it was awarded a Michelin star — not least because of the stunning scenery that forms the backdrop (in more ways than one) to every bite.

The hangover-free (ish) drinks

Day drinking is great, but after a while we all get bored with the headachey aftereffects of an Aperol spritz's cloying sweetness. Drier styles of all your warm-weather favourites are increasingly available, though. Try substituting prosecco or cava with pét-nat (a rawer, more rustic style of sparkling wine) to bring a welcome dose of acidity to the table. Served ice-cold, Cidre Breton is as crisp and tart as a Cox's apple, and if it just has to be rosé, at least go for one that doesn't taste like a bag of strawberry Starburst. Birgit Braunstein's Birgit Pur, from Burgenland in Austria, should do nicely.

The new barbecue gurus

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The Hidden Hut

Different schools of barbecue and/or open-fire cookery have seen something of a renaissance in the UK of late, but it's pretty hard to imitate the slow-and-low American style — let alone replicate a full Basque country *asador* — in your own backyard. Two books out this summer, though, may give a few tips on differentiating your barbecue from the usual fare. The Hidden Hut takes its name from the impossible-to-book restaurant in Cornwall, where Simon Stallard and his partner, Jemma Glass, prepare evening feasts, often over smouldering coals, for the lucky few who have managed to secure a ticket. Berber & Q, meanwhile, is the first book from the Haggerston Middle Eastern grill of the same name, where the chef, Josh Katz, uses fire and smoke to do indecent things to chunks of meat, merguez sausages and whole cauliflower heads. Both books feature recipes that are straightforward, unfussy and a doddle to execute, even with a beer or glass of wine in one hand.

The return of the dinner party

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Ottolenghi-inspired mezze feasts have become the default setting for all home entertainers in recent years — in part because of how damn easy they are to turn out. But two big cookbooks devoted to the art of a carefully composed sequence of dishes look set to change the summer nights. Samin Nosrat's *Salt, Fat, Acid, Heat* is perhaps the most important home cookbook for decades and aims to reteach domestic cookery from the ground up (ie, the four essential building blocks of its title). While Thom Eagle's raved-about debut, *First, Catch*, focuses on the techniques that go into cooking a single springtime meal. Put it this way: if you get invited over for dinner and someone has either of these books in pride of place on their shelves, you're probably in safe hands.



ARTICLE

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The big beach reads by *Louisa McGillicuddy*

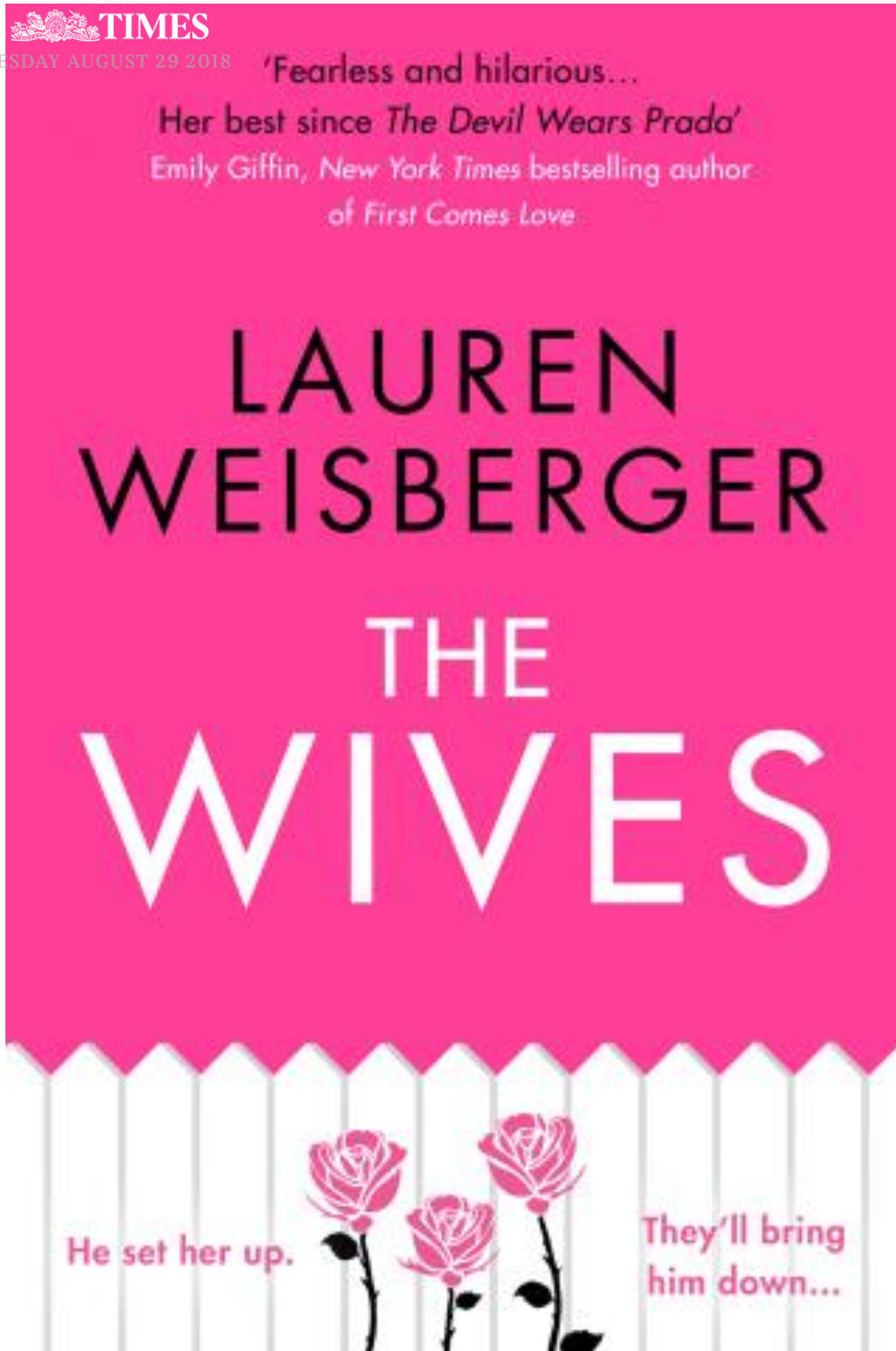
For beside the pool

The Wives by *Lauren Weisberger* (HarperCollins £12.99), out on July 12

Fifteen years after *The Devil Wears Prada*, Lauren Weisberger returns to the scene-stealing star of her debut: Miranda Priestly's flinty first assistant Emily (played by Emily Blunt in the 2006 film). She has now left *Runway* magazine, married a beautiful husband and become a successful Hollywood stylist, but a new guard of social-media-savvy millennials is threatening her career. Will it be ridiculous? Yes. Will we read it? Yes. (Additional ridiculous fact: it's being published in the US under the title *When Life Gives You Lululemons*.)

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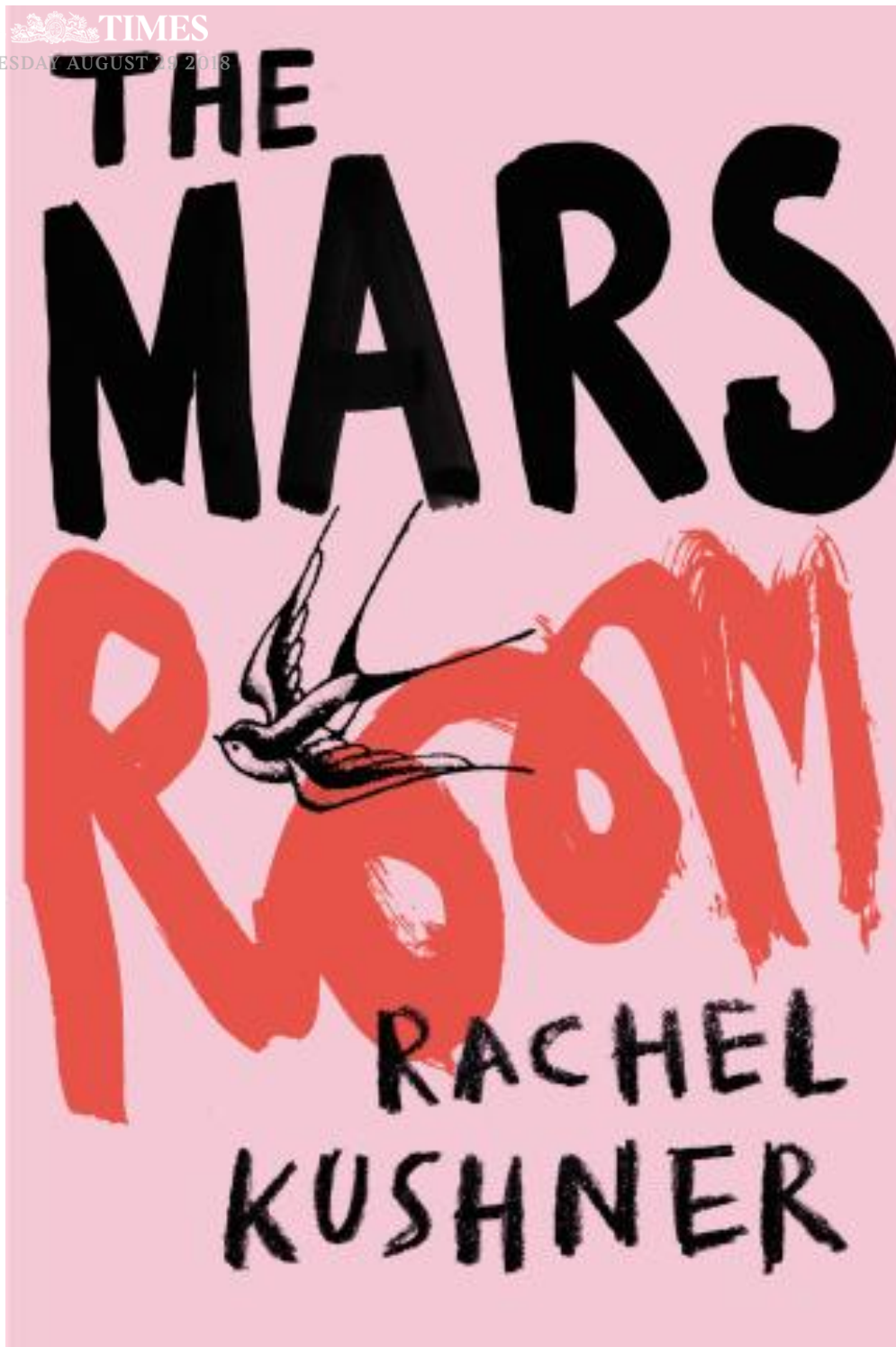
For the literary name-drop

The Mars Room by Rachel Kushner (Jonathan Cape £16.99), out on June 7

If you haven't heard of Rachel Kushner yet, you soon will. The American novelist has earned comparisons to Jennifer Egan and Jonathan Franzen, and her first two novels were both nominated for the US National Book Award. Now she releases her third, which centres on 29-year-old Romy Hall, a woman serving two consecutive life sentences at a fictional correctional

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facility in California. The story flits between flashbacks to her childhood (predictably bleak) and her sexual history (ditto), but makes for a brilliantly compelling read. Imagine a darker version of *Orange Is the New Black*.

For the memoir addict

An Excellent Choice by Emma Brockes (Faber & Faber £16.99), out on July 5

At 37, and living in New York, the British journalist Emma

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"Witty, irreverent, and wickedly perceptive."
Amy Chua, author of *Battle Hymn of the Tiger Mother*

EMMA BROCKES

AN
EXCELLENT
CHOICE

Panic and Joy on My
Solo Path to Motherhood

ff

Brockes finds herself in a relationship and ready for a baby. Except her girlfriend, L, already has a son, and Emma wants her own child. As she puts it: "She did not want a baby as an expression of her love for me. I did not want a baby as a reflection of my love for her. I wanted a baby because I wanted a baby." *An Excellent Choice* charts her experience of finding a sperm donor, undergoing artificial insemination and co-parenting two sets of kids under the same roof with L. Funny, poignant and heartwarming.

For short attention spans

Calypso by David Sedaris (Little Brown £13.99), out on July 5



The man held up as America's greatest living humorist releases a new collection of stories, this time turning his attention to family, middle age, mortality and the gallows humour that runs through them all. Includes the heartbreaking *Now We Are Five*, originally published in *The New Yorker* in 2013, about the holiday the five Sedaris siblings took together after the suicide

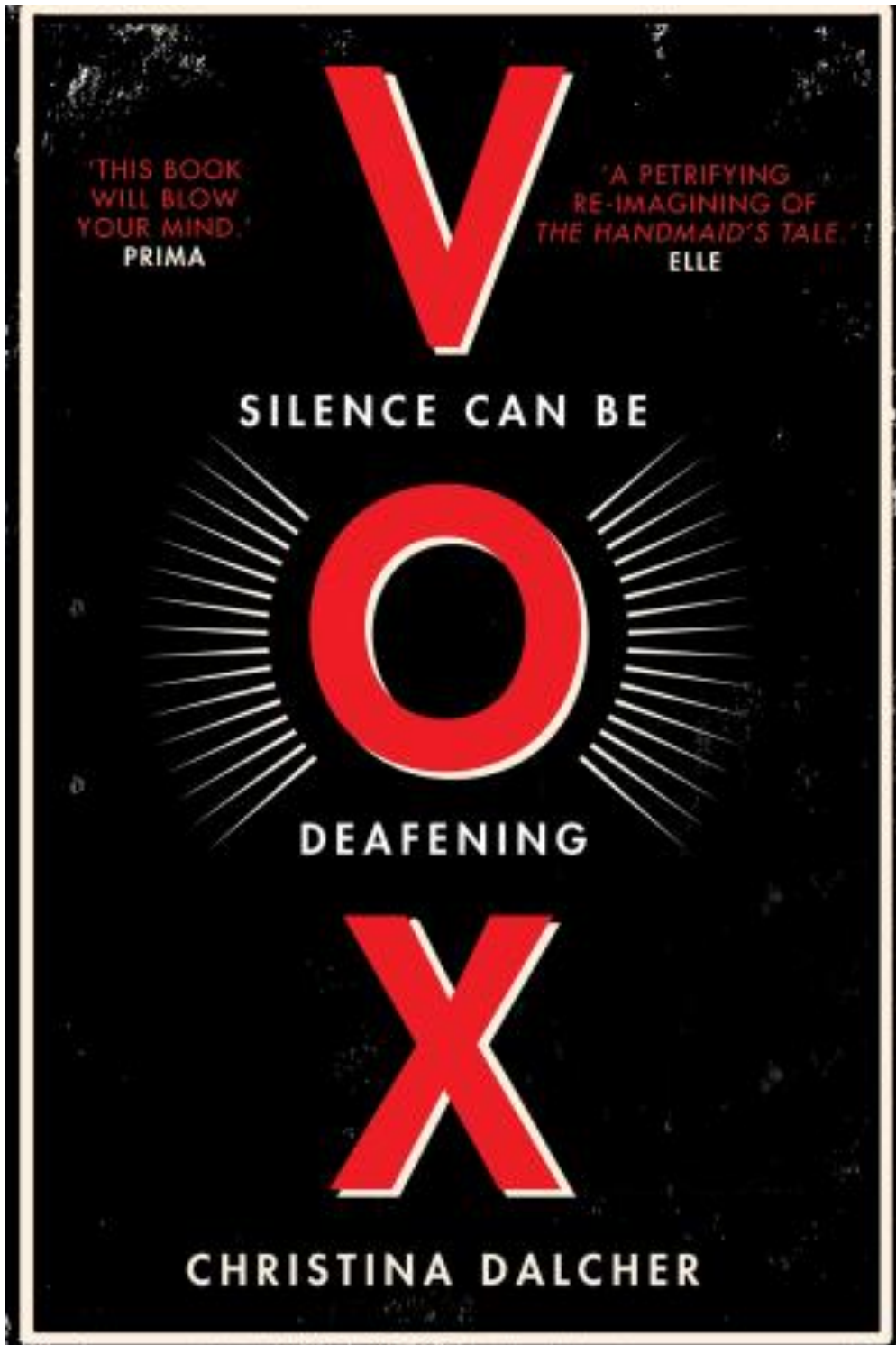
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of their sister Tiffany, aged 49. Sedaris will be reading excerpts from the collection across the UK, July 10-25, so get booking.

For the book club

Vox by Christina Dalcher (HarperCollins £12.99), out on August 23



The aftershocks of #MeToo have crept into publishing, with some of the biggest rights sales this year going to dystopian feminist fiction. Enter *Vox*, the debut of the American writer

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Christina Dalcher, subject of a six-figure deal. Set in a world where the government dictates that women be fitted with bracelets that deliver electric shocks if they speak more than 100 words a day (the average person speaks 16,000), it follows the neurolinguist Dr Jean McClellan, who is temporarily given her voice back. For fans of *Red Clocks*, *The Power* and *The Handmaid's Tale*.

The flights to book *by Jack Guinness*

Lisbon



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Lisbon has been one of the coolest destinations for a while now, and I'm not done with it yet. It has the architecture of Paris, the nightlife of Berlin and a beach! It's still cheap enough for artists to live and work there, creating an energy and vibrancy about the place. Must visit Livraria Ler Devagar bookshop and LX Factory, a shopping area housed in a vast repurposed industrial zone. It's epic. Plus, Madonna and A-list couple Michael Fassbender and Alicia Vikander have places in Lisbon. Good enough for them ...

Crete

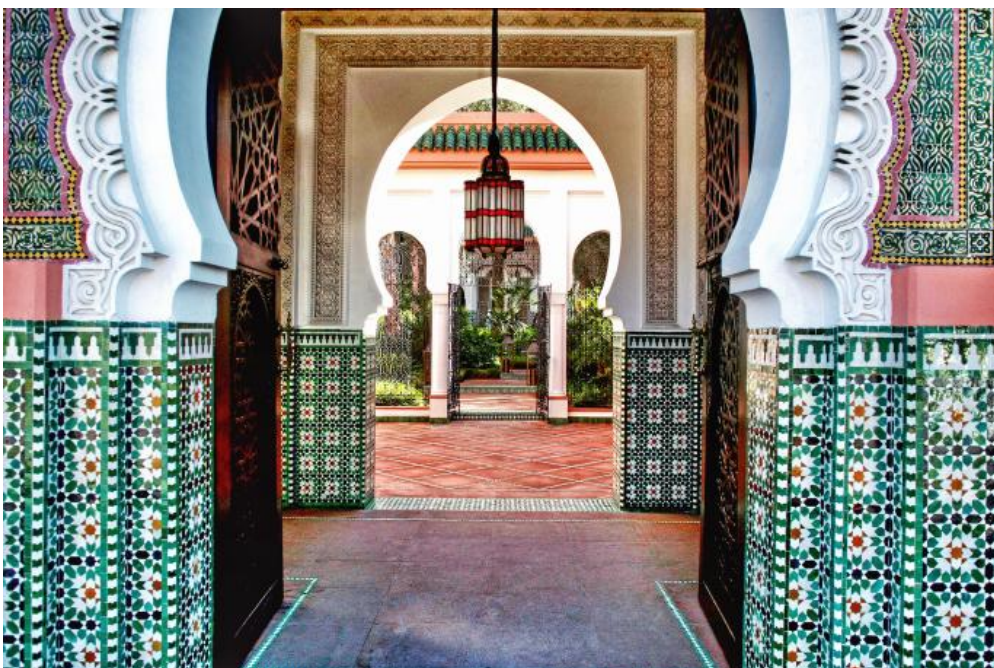
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Heading to Mallorca or Formentera? You'd better travel in a time machine because they're very 2017: 2018 is Greece's year. From Santorini's clifftop villages to the bohemian nightlife of Mykonos, Greece has it all. I'm heading to Crete. Chania's beautiful Venetian port, a mix of seafront living and ancient history, is irresistible. Last time I stayed at the Domes Noruz — I'm a sucker for a private pool. It makes you feel like a movie star or, at least, a Made in Chelsea cast member.

Marrakesh



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The 1990s were awash with all things Moroccan: there were Moorish makeovers on *Changing Rooms*, North African restaurants springing up all over London, and it even popped up in an episode of *Ab Fab*. And now, like the decade, Morocco is back. This is where you will find the fashion crowd. Book a riad in Marrakesh or, for a touch of luxury and some celeb-spotting, head to the El Fenn hotel. I follow it on Instagram to cheer me up on grey Monday mornings. One can dream.

Overheard this summer *by Raven Smith*

So much drama trying to get our yacht #plasticfree

We can't get Deliveroo to the villa

Is it me or are the mosquitoes in Europe bigger?

I've been added to four WhatsApp groups about going to the park

#MakeFirstClassGreatAgain

A donkey ate our shakshuka!!!

FML. We are the only hot people in this club

Forgot I have speedy boarding and waited in the normal queue!

Bumped into a girl I hate from school at the spice market

The airport lost my luggage and I have to wear my Gucci tracksuit in 30C heat

Is tiramisu paleo?

We've lost our camel

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Airport star-spotting, from left: Kim Kardashian, Benedict Cumberbatch and Sophie Hunter, and Zayn Malik and Gigi Hadid

GETTY/REX/SPLASH NEWS

The 2018 airport tribes *by Raven Smith*

The woke hens

Dressed in head-to-toe Ganni for their weekend of power Pilates in Ibiza (a villa in the hills, not the town), this gaggle refuse to let their trip derail their wellness. Gone are the hazy days of chardonnay and penis straws — they've been swapped for oat-milk lattes in a Keepcup. Every hen is handed a millennial-pink personalised beach basket filled with flight essentials: sheet mask, probiotic gut tonic and a cacao-nib wasp-vomit fuller-for-longer energy ball. They chat exclusively about cutting out refined sugar, but there's a stunned hush after the bride googles "number of germs on a tray table".

The honeymooners

An infuriatingly gooey-woeey silly-billy lovey-wovey couple. She still has confetti in her hair, and they smell a bit of cake. They're crazy in love and dallying through airport security, laughing their heads off when they see each other's socks. Ha. Love makes you a moron. Her liquids are over 100ml. Ha ha ha. He forgot he has metal on his belt. HA HA HA. They are in a euphoric, impenetrable love cloud, creating a euphoric, impenetrable love bottleneck in the queue. You will never board speedily around them, and as honeymooners they will also get

upgraded on BA. They are a reminder of how your own romantic life has hit the skids, and now you're trapped in the security queue, a passive observer of true love. Splendid.

The frazzled family

It's the smell of wet wipes that signals the presence of the Frazzled Family. They're running around after toddler twins ("a handful, but we're so blessed"), and the teenager with noise-cancelling headphones sitting four seats away belongs to them, too. They have the level of mindfulness we all strive for: there's no past, no future, just the unbroken stream of two toddlers who need constant wiping. In a rare wiping lull, the parents' eyes meet, a glimmer of hope that at some point on this trip they will get a moment's peace. Little do they know that the hotel has bodged the booking and they're all sleeping in the same double bed. See them bribing the little ones with sucky sweets between episodes of Peppa Pig on the iPad, while the teenager turns up the headphones.

The power couple

He's in finance. She's in finance. Time is a luxury and they have squeezed in a last-minute jaunt to Jamaica. Pepped up on caffeine and prescription vitamin injections from private doctors, both have their heads down as they fire off urgent emails all the way to their first-class seats. They haven't looked each other in the eye for weeks, each having slaved over big mergers into the wee hours before dashing out of the door for prework circuit training with ex-military personal trainers. Underneath their clothes their bodies are sculpted to perfection (think Roman statues) and competitively hairless (think sphynx cats). Catch them at the beach club shaded by their iPads and sipping low-carb mojitos (it's cheat day).

The digital nomads

A kaftan ("I'm worldly") and New Balance trainers ("but I'm practical") is the designated uniform of a digital nomad. Like buffaloes at a watering hole, digital nomads congregate around electrical outlets. Prepared for anything, they are kitted out with Bear Grylls-level survival tools in the form of phone apps: water-purification app, solar-panel app, making-fire-with-two-

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sticks app. This week Goa, next week Sweden. Wherever I lay my laptop, that's my home. Most creepily, they use all the pockets in their laptop bag. These guys are about working while seeing the world and trying new things. "Wanna do ayahuasca before this conference call?" "Sure."

How the 1% do summer *by Tibbs Jenkins*



Houghton Festival

Ah, the summer season: Ascot, Goodwood, magnums of rosé at Cinquante-Cinq in St Tropez, all are still very much part of the "posh" summer repertoire. Alas, no Glastonbury this year — boo. But fret not, poshos will still get their festival kicks, heading for the newest must on their summer agenda: Houghton festival, now in its second year, is a three-day orgy of house and techno held on the Marquess of Cholmondeley's estate in Norfolk. Unmissable, as are old faves such as Red Rooster, Womad and Wilderness.



Corfu

For those wanting guaranteed sun, there's Kala festival in Albania — an entire week of pumping beats a three-hour boat ride from Corfu. Kassiopì, by the by, in the north of Corfu, is still a top holiday spot for the panama-wearing lot — they rent their villas via villacollective.com. You'll find the girls dressed in Hunza G bikinis and Neve & Noor beach dresses, while for weddings it's all about Tephi.



Formentera

Ibiza is still a trusted regular, from where they'll day-trip to Formentera, check out Hedkandi's new residency at Ocean

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Beach (with an all-female DJ line-up), or detox before they retox on one of Erin Knowles's retreats (myislandretreats.com). Wherever they are, though, you can bet they'll all be reading Tamara Colchester's book, *The Heart Is a Burial Ground*, or Sophia Money-Coutts's bonkbuster, *The Plus One*.

Those not on holiday — staycations are in — will be spending their days at either White City House (Soho House's latest venture in west London), or at the newly opened Petersham Nurseries in Covent Garden, sipping negronis. (At home, the current cocktail of choice is the white lady.)

The new faces to watch *by Scarlett Russell*



JOE LEDERERJOE LEDERER

1 Zazie Beetz

The 26-year-old German-American actress Zazie Beetz first made waves in Donald Glover's award-winning TV series *Atlanta*, the dark comedy about a young dad trying to make it as a manager in the music industry. Beetz plays Vanessa, his on-off girlfriend. Season two starts on Fox UK on June 17 (season one is on BBC2 now). In the meantime, catch her as the mutant superhero Domino in *Deadpool 2*.

2 SORCHA Groundsell

Come August 24, *The Innocents* will be your new Netflix

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obsession. A young couple, June and Harry, run away together from their repressed and unhappy family lives. Then they realise they can shapeshift, of course, with dark and disturbing consequences. The Scottish newcomer Sorcha Groundsell, 20, previously on BBC3's *Clique*, plays June; Guy Pearce also stars in the eight-part series. This will be the show you're talking about at the end of summer (*Love Island* aside).

3 Kiersey Clemons

She cut her teeth with supporting roles in *New Girl* and *Transparent*; now, the American actress and singer Kiersey Clemons, 24, takes the lead in an indie musical drama, *Hearts Beat Loud* (out on June 8), about a father-and-daughter songwriting duo. *Parks and Recreation*'s Nick Offerman plays



her dad, so already we're into this. Plus, it was an audience favourite at SXSW and Sundance film festivals.

4 Laura Harrier

Recently tearing up the red carpet in Cannes for the premiere of Spike Lee's *BlacKkKlansman*, the American actress-model Laura Harrier, 28, landed the role of Patrice, a black-power activist in the early 1970s, after a marathon audition that found her doing improv with Lee himself. The hotly anticipated movie is out on August 24. Already muse to Nicolas Ghesquière, Harrier will no doubt be making some serious fashion moments, as well, in the coming months.

5 Mahalia

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Birmingham-based Mahalia is just 20 yet has blown away music critics in the past year with her neo-soul, selling out venues all over the country on buzz alone. She has supported Emeli Sandé, shared producers with both Drake and Sam Smith, and she hits the festival circuit this summer, including a spot at Wilderness in August. Listen to her new single, *I Wish I Missed My Ex*, which is out on June 8.

...And superclubs get fun again *by Kate Spicer*



after a €1m refit — and reported to be going in hard again on the theatrics, costumes and entertainment that made it famous —

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expect more of the same. Brought to you by the sixth generation of a family of entertainers, Elrow has achieved nothing short of world domination since it started in Barcelona in 2010 — it now has a presence in 39 countries. This weekend is Elrow's opening party at Ibiza's mighty Amnesia club, and in August there is a two-day festival at the Queen Elizabeth Olympic Park, in east London.

It's hard to find a downside to a club that brings quite so much happy. Carly Wilford is a DJ and the founder of Sister, a collective of women in dance music. "We all got a bit too good at standing back in our best anoraks and nodding along to the music," she says. "What we've got now is a renaissance of fancy dress and fun, and loads of amazing credible music. For my connected yet disconnected generation, they've created spaces where it's easy to smile and have a laugh and look a bit of a wally if you want to."

That's hot



GETTY

DJ Paris Hilton curates a summer playlist exclusively for Style

Stars Are Blind

Paris Hilton

I Love It

Icona Pop ft Charli XCX (Cobra Starship remix)

Angger Dimas x Nervo

Diplo, French Montana and Lil Pump

Avicii

The Weeknd

Galantis (Marshmello remix)

Dimitri Vegas and Like Mike

TJR & Vinai

Listen to Paris's playlist at [spoti.fi/ThatsHot](https://open.spotify.com/playlist/37i9dQZF1DX0XUf1CtOYUw)

United States



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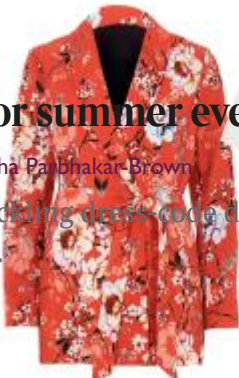
How to dress for summer events

Lila Flint Roberts and Anisha Pambhakar-Brown

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May 6 2018















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