

COLOUR OF SOUND INSTITUTE

mindful sounds for healing and awakening

Associate Teacher

Foundations in Sound Therapy: Workshop Pathway

The Colour of Sound Institute (COSI) Vision:

We are a growing international network of teachers, students & clients....

helping to make our world a better place for life to flourish with Mindful Sounds for Healing and Awakening

The Foundations workshop pathway comprises:

- 4-days of workshop training with a printed handbook for each student
- Student access to on-line resources, including videos, audios, and workbook
- PDF Foundations certificate issued to students on successful completion of workbook

Workshop Delivery Option 1:

4 single days at weekends over 1 - 4 months

e.g. 1 per week or1 per fortnight or1 per month

Workshop Delivery Option 2:

2 x 2-days at weekends over 1 - 2 months

e.g. 2 weekends per month or 1 weekend per month

Workshop Delivery Option 3:

1 x 4-day block spanning a weekend

e.g. Thursday to Sunday or Friday to Monday

Prerequisites for becoming an associate teacher with COSI:

- Diploma in Sound Therapy with Colour of Sound Institute
- 2. Teaching qualification and experience
- 3. First-aid qualification

Key principals:

collaboration openness sharing trust love

Teacher responsibilities:

- venue hire and payment
- setting the price of course fees
- local marketing
- administration: e.g. venue; provision of catering; student bookings; receipt of course fees; registering students with COSI Hub
- printing handbook for distribution to students
- provision of folders for handbooks
- provision of instruments for students to practice with during workshops
- in-person delivery of workshop training
- selecting and managing assistant teachers
- obtaining student feedback & providing support
- marking workbooks & emailing PDF Certificates

COSI Hub responsibilities:

- curriculum development
- marketing: COSI website & email list
- provision of PDF handbook for local printing
- provision of on-line resources videos, audios, workbook etc
- quality control e.g. independent student feedback; sample marking of workbooks

Sharing the income:

- Associate Teacher: 80%
- COSI Hub: 20%

Example:

- Price of course: £300
- 10 students enrolled
- Total income: £3,000
- Associate Teacher: £2,400
- COSI Hub: £600

Location & frequency:

associate teacher will have a defined area for teaching e.g. a region of a country

associate teacher can choose how many courses to run each year and where to run them in their area

Future Opportunities:

an associate teacher can progress from teaching the Foundations class to teaching more advanced COSI classes

Future Teaching Options:

1. Specialist Instrument Course

Level 1: Certificate: 2 day workshop

Level 2: Diploma - 4 day workshop

e.g. Sound Therapy With Voice; Sound Therapy with Tuning Forks etc

and / or

2. Multi-instrument Course

Level 2: Diploma in Sound Therapy

<u>Additional Development Options:</u>

- 1. Country Coordinator facilitating conferences; retreats; developing & managing a network of regional trainers; etc
- 2. Train the trainers in your country / agreed region
- 3. International collaboration with other COSI teachers and country coordinators
- 4. Co-facilitating international retreats & conferences

Next Steps:

- Agree outline terms and conditions as Associate Teacher for the COSI Foundations course
- Ensure prerequisites are met and evidence is provided to COSI Hub
- Produce an action plan for first local course delivery and agree with COSI Hub
- Get listed as an associate teacher on COSI website
- Take it from there!