

The Lesbian Health Project also works towards the better provision of health services to Lesbians. The project put forward a submission to the Southern Health Board on the needs of lesbians, copies of which can be obtained by contacting the project. The future direction of the LHP is aimed at putting us in control of our own health concerns. Giving us options about health care and access to services from which we have previously been excluded. Also giving information which will empower us to be more aware, and with increased control of our own choices. Liaising with health sector services to increase their awareness about our needs, and the prejudices which we may face.

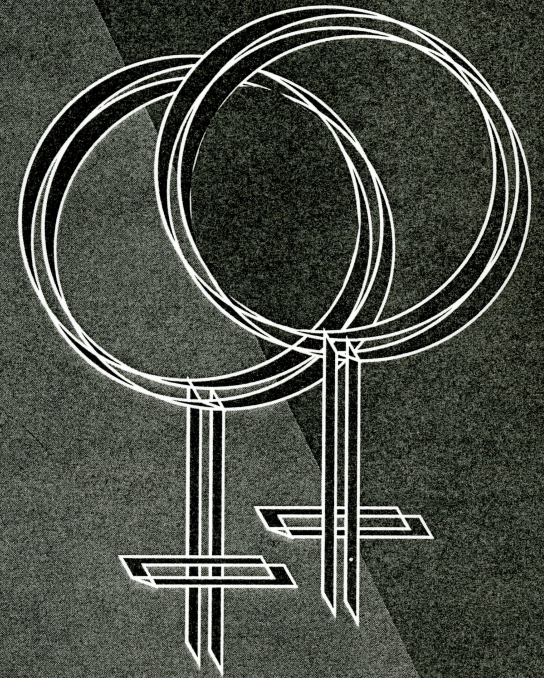


The Lesbian Health Project

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Lesbian



Health Project

THE LESBIAN HEALTH PROJECT

was set up as a FAS funded scheme addressing the needs of lesbians.

The project recognises, even where there is adequate women's health care, our needs as lesbians are often overlooked. Whether this is in:

- * G.P. Practices
- * Ante / Post - natal care
- * Sexual health (STD Clinics)
- * Cancer screening
- * Drug / alcohol treatment centres, etc.



We often experience difficulty in gaining support, and a sympathetic ear from health-care workers who are unaware of the needs (and sometimes of the existence!) of lesbian women.

The LHP's work includes:

- * Lesbian Drug & Alcohol Recovery Group
- * Lesbians & Sexual Health Workshop
- * Annual Lesbian Health Day
- * Women who sleep with women Sex Survey - Report to be published end of 1997.
- * Drug Awareness & Safer Drug use workshop.
- * Confidential Listening & Support, Information & Referral.
- * Lesbian Visibility work.
- * Up-to-date information gathering on STD's & H.I.V and any other matters which effect our community

Our work also covers

- * STD's
- * HIV / AIDS
- * Women Working in the Sex Industry
- * Setting up Self-Help Groups
- * Liasing with outside Agencies on all the above issues with a view to making more accesible and Lesbian Friendly services.

Our project will be available for information and referral on a wide range of health issues. The project provides a safe and supportive environment for our community to access information on whole range of medical and non-medical health issues.

**THE LESBIAN HEALTH PROJECT
IS A COMPLETELY FREE AND
CONFIDENTIAL SERVICE.**