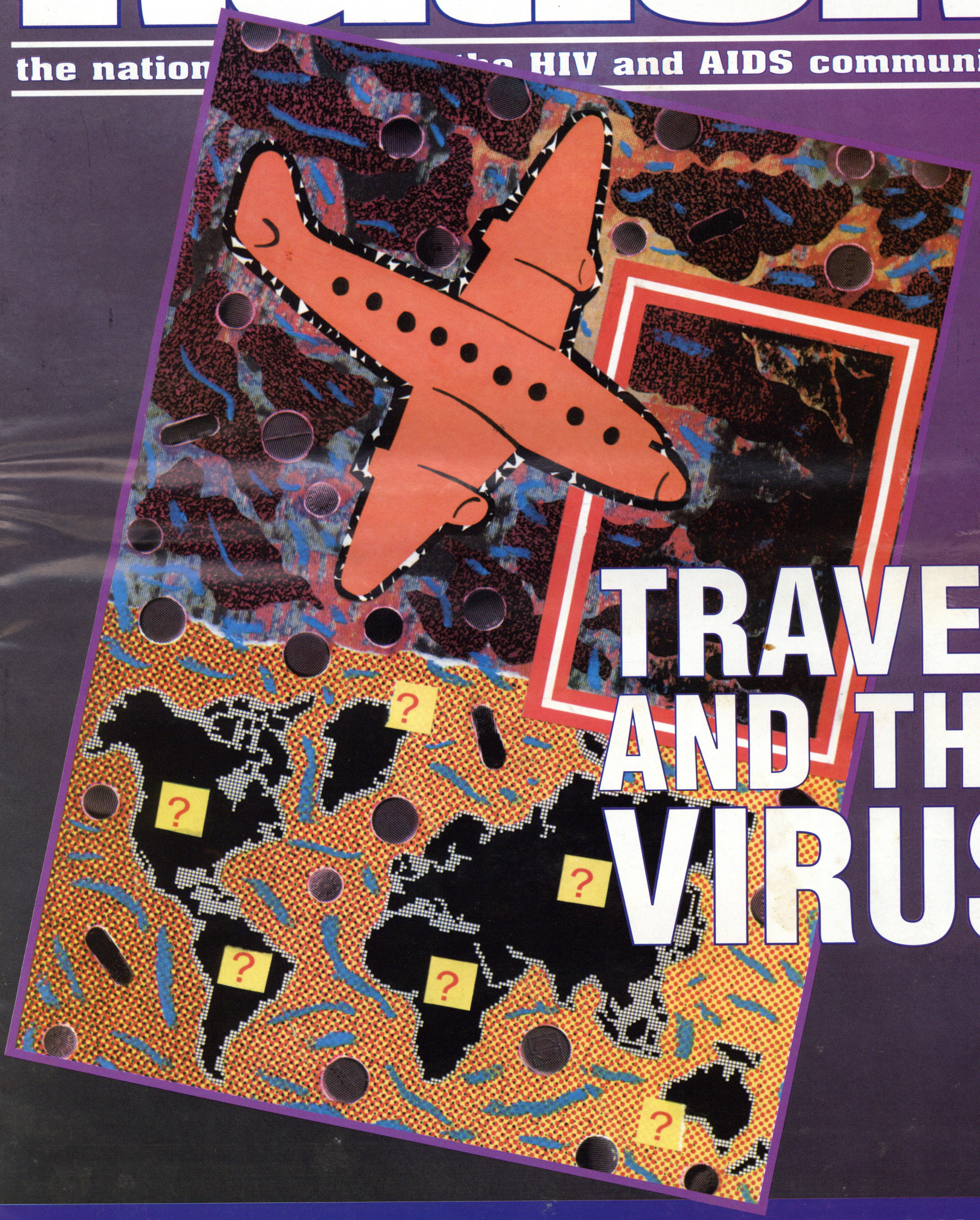
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the nation[illegible] HIV and AIDS community



TRAVEL AND THE VIRUS

INSIDE: African Women & HIV Derek Jarman Positive Global Guide GMFA

positive nation

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NEXT MONTH

LIFE INSURANCE
Thinking of selling your life insurance? Positive Nation brings you a detailed guide showing how to go about it & warning of the pitfalls.

REAL IMAGES
On the eve of a major campaign aimed at presenting real images of HIV positive people, we take a look at the background, and examine why it's important that images are used responsibly.

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Out, Monday 8th July 1996

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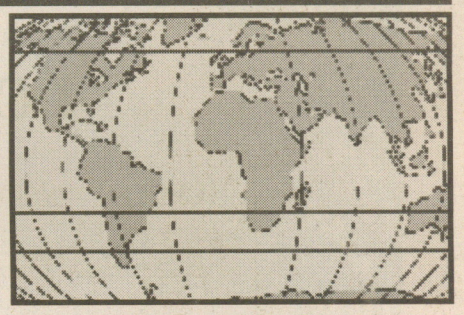
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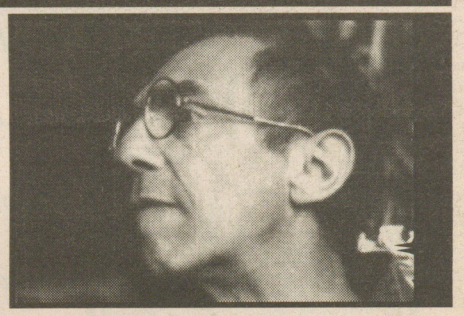
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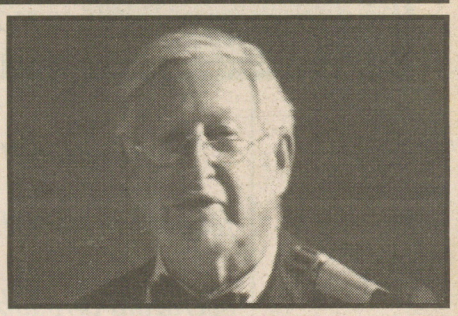
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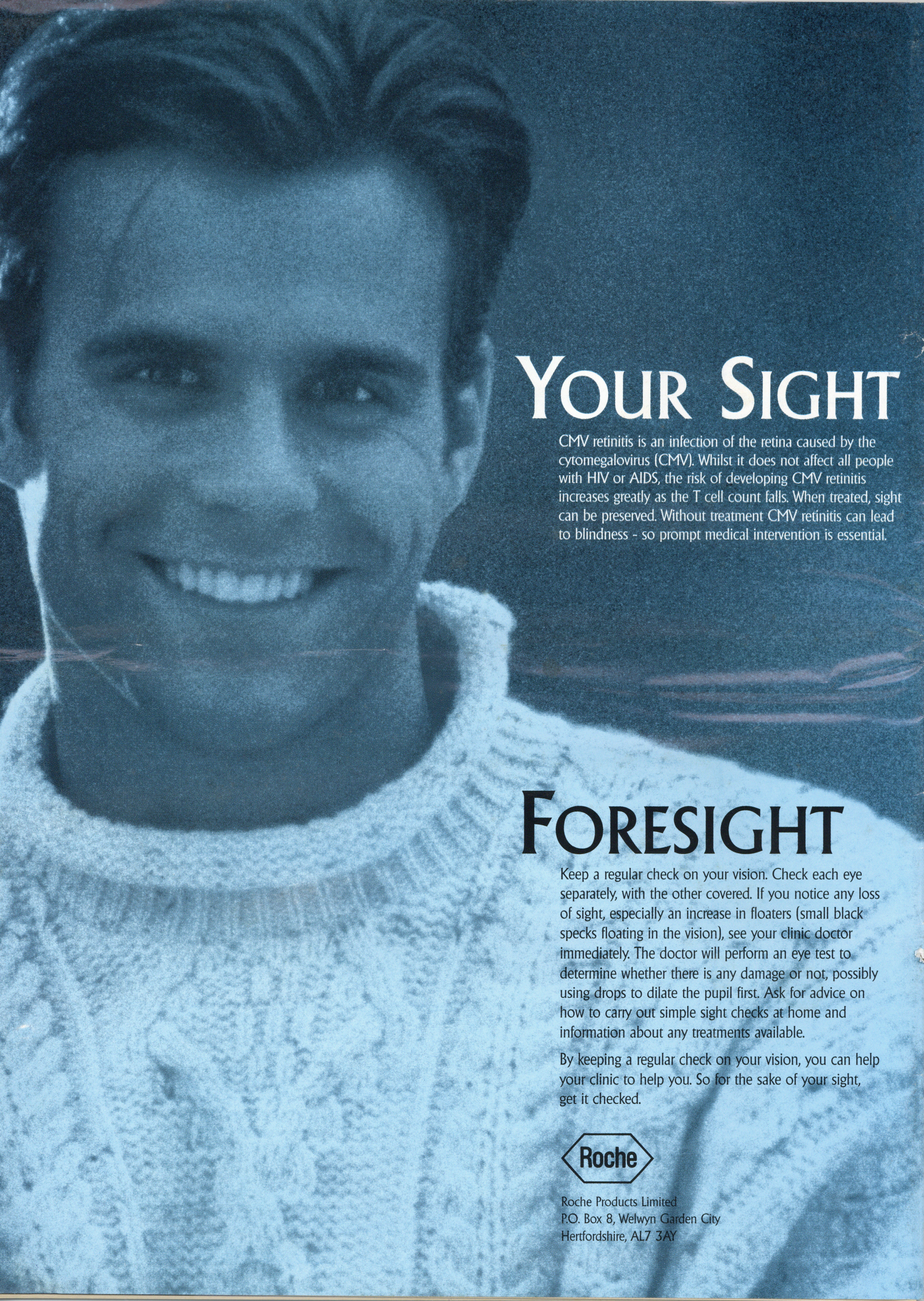
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YOUR SIGHT

CMV retinitis is an infection of the retina caused by the cytomegalovirus (CMV). Whilst it does not affect all people with HIV or AIDS, the risk of developing CMV retinitis increases greatly as the T cell count falls. When treated, sight can be preserved. Without treatment CMV retinitis can lead to blindness - so prompt medical intervention is essential.

FORESIGHT

Keep a regular check on your vision. Check each eye separately, with the other covered. If you notice any loss of sight, especially an increase in floaters (small black specks floating in the vision), see your clinic doctor immediately. The doctor will perform an eye test to determine whether there is any damage or not, possibly using drops to dilate the pupil first. Ask for advice on how to carry out simple sight checks at home and information about any treatments available.

By keeping a regular check on your vision, you can help your clinic to help you. So for the sake of your sight, get it checked.

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