

# CARE

is a totally confidential free service operated by volunteers to support *any* people who are affected by AIDS. Whether it means being tested positive to the HTLV-3 Antibodies Test, or having the full AIDS syndrome, or AIDS Related Complex, or being related to or loving a person affected by AIDS.

DUBLIN 01-710895

11 a.m. to 4 p.m. MON-FRI.

## **HOW DOES CAIRDE WORK?**

Contact us at the given telephone number or address. At the moment the office is open from 11 a.m. to 4 p.m. However we will be extending the hours. We can arrange to meet you and help you with your fears and lack of knowledge about AIDS, by giving information and support.

## **INFORMATION.**

We have a complete and up-to-date set of Videos produced in the U.S.A. where AIDS was first diagnosed, on AIDS, on the immune system and how the virus affects it, on the antibodies test, etc. We are prepared to present workshops, discussion groups, question and answer sessions for any individual, community or section of society. We have and can send you leaflets covering all aspects of the disease.

## **SUPPORT.**

Through fear and ignorance people affected by AIDS often find themselves isolated and avoided; they have no-one to talk to. We in CAIRDE are available in complete confidentiality to talk and give support both emotionally and practically, either on a one-to-one basis or in a group of people similarly affected.

We are forming facilitated confidential groups for people tested positive to the antibodies test. If you are interested ring CAIRDE.

## **TRAINING PROGRAMMES.**

We are available, with the use of videos and training manuals, to any organisation wishing to train volunteers to work with people affected by AIDS as well as training volunteers who wish to work with CAIRDE.



## **WHO IS AT RISK?**

In order to catch the virus two conditions must apply: firstly you must come into contact with someone carrying the virus: secondly the virus must get in to the body. The HTLV-3 virus is difficult to pass from person to person. Only four methods have been proved:

- a) Sexual contact, hetro—or homo-sexual.
- b) Injection or transfusion of blood or blood products taken from an infected person.
- c) Sharing needles with an infected person.
- d) From infected mother to baby.

## **GROUPS OF PEOPLE AT RISK.**

- Gay and bisexual men.
- Haemophiliacs.
- Drug users sharing needles.
- Sexual partners of at risk group.

CAIRDE is staffed and funded by volunteers. We need more help and funds in order to provide a better service.

**IF YOU CAN HELP PLEASE  
CONTACT CAIRDE.**

**10 FOWNES STREET  
DUBLIN 2.**

**TEL: 01-710895**