Fraxel® for Skin Resurfacing
Treatment Information
About Fraxel

What is Fraxel®?
A revolutionary concept in laser resurfacing of the skin. Fraxel delivers the benefits of laser skin resurfacing without the downtime and recovery period associated with traditional resurfacing lasers. The laser produces thousands of tiny but deep microscopic zones of laser columns invisible to the naked eye that target flawed skin and leave surrounding skin untouched, similar to editing the pixels of a digital photograph. This is known as ‘fractional resurfacing’ hence ‘Fraxel Laser’. The skin’s protective barrier is not broken. Requiring only topical anaesthetic, the Fraxel laser resurfacing penetrates deep into the dermis treating about 15-20% of the skin at any one time, allowing the skin to heal much faster than if the entire area were treated at once. The remaining untreated skin acts as a reservoir for healing, allowing the body’s natural healing process.
This treatment is ideal for

**Face**
Fine wrinkles, large pores, some scars, dark pigmented lesions, age spots, sun damage, skin discolouration and melasma.

**Chest, Neck & Hands**
As this laser spares healthy tissue it can be used safely on delicate skin areas such as these. It is the first laser able to treat these areas.

**Body**
Can improve some stretch marks and skin texture.

Fraxel is an ideal age prevention treatment when used in combination with treatments such as Botox, Radio-frequency, and dermal fillers.

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**DID YOU KNOW?**
Courthouse Clinics were voted ‘Best Clinic Chain’ of 2012-13.
Is the treatment painful?
The laser treatment has been described as a prickling on the skin or a hot brush, or the roughness of a cat's tongue. The face and neck are more sensitive than other areas. There is generally no need for pain relief either during or following the treatment. When the eye area is treated you may see a bright red light. This is not harmful to the eyes like other lasers can be.

Are there any possible side effects?
If you continue to look after your skin the benefits from your Fraxel treatment will last for years. Depending on your specific problem and the area to be treated, most treatment regimes require a minimum of 3 treatments, sometimes four to six, approximately two to eight weeks apart to achieve the maximum result. Each treatment session targets between 15-20% of the skin's surface and results are progressive at each treatment.

Is the treatment safe?
There is little risk associated with the treatment. However, skin can be highly sensitive so care must be taken to minimize any adverse reactions. Please ensure that you discuss any skin problems you may have with the doctor or nurse.

DID YOU KNOW?
90% of Courthouse Clinics patients would refer a friend for treatment with us.
Where are fraxel treatments available?

- **Bournemouth**
  Heliting House, 35 Richmond Hill, Dorset, BH2 6HT

- **Brentwood**
  New Road, Brentwood, Essex, CM14 4GD

- **Maidenhead**
  55 St Lukes Road, Maidenhead, Berkshire, SL6 7DN

- **Southampton**
  1st Floor, 15 London Road Southamton, Hampshire, SO15 2AE

- **Watford**
  34 The Avenue, Watford, Hertfordshire, WD17 4NS

**Customer Care Team Opening Hours**

- Monday - Thursday: 09:00 - 19:00
- Friday: 09:00 - 17:00
- Saturday: 10:00 - 14:00
- Sunday: Closed

**enquiries 0845 555 5050**

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