# **Care Quality Commission**

# **Inspection Evidence Table**

# **CHAPEL MEDICAL CENTRE (Y00265)**

Inspection date: 20 February 2019

Date of data download: 01 February 2019

# **Overall rating: GOOD**

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18. The current provider commenced providing GP services from this location in September 2017. Therefore, the QOF data contained within this evidence table relates to six months under the outgoing provider (April 2017 to September 2017) and six months under this provider (September 2017 to March 2018). The provider was aware we were using this data for the inspection.

Please Note: CQC was not able to automatically match data for this location to our own internal records. Data is for the ODS code noted above has been used to populate this Evidence Table. Sources are noted for each data item.

# Safe Rating: Good

#### Safety systems and processes

The practice had clear systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Y
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Υ
Policies were in place covering adult and child safeguarding.	Y
Policies took account of patients accessing any online services.	Y
Policies and procedures were monitored, reviewed and updated.	Y
Policies were accessible to all staff.	Y
Partners and staff were trained to appropriate levels for their role (for example, level three for GPs, including locum GPs).	Y
There was active and appropriate engagement in local safeguarding processes.	Y
Systems were in place to identify vulnerable patients on record.	Y
There was a risk register of specific patients.	Y

Safeguarding	Y/N/Partial
Disclosure and Barring Service (DBS) checks were undertaken where required.	Y
Staff who acted as chaperones were trained for their role.	Y
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social workers. to support and protect adults and children at risk of significant harm.	Y

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Y
Staff vaccination was maintained in line with current Public Health England (PHE) guidance and if relevant to role.	Y
There were systems to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Υ
Staff had any necessary medical indemnity insurance.	Y
Explanation of any answers and additional evidence:	•

Explanation of any answers and additional evidence:

The practice had informally assessed their staff for any health requirements that needed reasonable adjustments. We saw examples of this on the day of the inspection. The practice reviewed this after the inspection and sent us a health questionnaire document for future recruitment use.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person.  Date of last inspection/test: May 2018	Y
There was a record of equipment calibration.  Date of last calibration: September 2018	Y
There were risk assessments for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	Y
There was a fire procedure.	Υ
There was a record of fire extinguisher checks.  Date of last check: September 2018	Y
There was a log of fire drills.  Date of last drill: December 2018	Y
There was a record of fire alarm checks.  Date of last check: January 2019	Y
There was a record of fire training for staff.  Date of last training: various dates	Y
There were fire marshals.	Y
A fire risk assessment had been completed. Date of completion: January 2019	Y
Actions from fire risk assessment were identified and completed.	Y

Health and safety	Y/N/Partial
Premises/security risk assessment had been carried out.  Date of last assessment: January 2019	Y
Health and safety risk assessments had been carried out and appropriate actions taken.  Date of last assessment: January 2019	Υ

# Infection prevention and control

# Appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
There was an infection risk assessment and policy.	Υ
Staff had received effective training on infection prevention and control.	Υ
Date of last infection prevention and control audit: January 2019	
The practice had acted on any issues identified in infection prevention and control audits.	Υ
The arrangements for managing waste and clinical specimens kept people safe.	Y

#### Risks to patients

# There were adequate systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Y
There was an effective induction system for temporary staff tailored to their role.	Y
Comprehensive risk assessments were carried out for patients.	Υ
Risk management plans for patients were developed in line with national guidance.	Y
Panic alarms were fitted and administrative staff understood how to respond to the alarm and the location of emergency equipment.	Y
Clinicians knew how to identify and manage patients with severe infections including sepsis.	Y
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Y
There was a process in the practice for urgent clinical review of such patients.	Y
There was equipment available to enable assessment of patients with presumed sepsis or other clinical emergency.	Y
There were systems to enable the assessment of patients with presumed sepsis in line with National Institute for Health and Care Excellence (NICE) guidance.	Y
When there were changes to services or staff the practice assessed and monitored the impact on safety.	Υ

#### Information to deliver safe care and treatment

# Staff had the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Y
There was a system for processing information relating to new patients including the summarising of new patient notes.	Υ
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Υ
Referral letters contained specific information to allow appropriate and timely referrals.	Υ
Referrals to specialist services were documented.	Y
There was a system to monitor delays in referrals.	Y
There was a documented approach to the management of test results and this was managed in a timely manner.	Y
The practice demonstrated that when patients use multiple services, all the information needed for their ongoing care was shared appropriately and in line with relevant protocols.	Υ
Explanation of any answers and additional evidence:	

Explanation of any answers and additional evidence:

Staff had access to comprehensive information technology (IT) systems which enabled them to access patient records remotely if required. The IT systems also had interactive ability and live streaming of data and information.

# Appropriate and safe use of medicines

The practice had systems for the appropriate and safe use of medicines, including medicines optimisation

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2017 to 30/09/2018) NHS Business Service Authority - NHSBSA)	1.43	0.91	0.94	No comparison available
The number of prescription items for co-amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/10/2017 to 30/09/2018) (NHSBSA)	5.1%	9.0%	8.7%	No comparison available

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Υ
Blank prescriptions were kept securely and their use monitored in line with national guidance.	Υ
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Υ
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	Y
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Y
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Y
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Y
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Y
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	Y
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Y
For remote or online prescribing there were effective protocols for verifying patient identity.	Y

Medicines management	Y/N/Partial
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Y
The practice had arrangements to monitor the stock levels and expiry dates of emergency medicines/medical gases.	Y
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	Y
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Y

# Track record on safety and lessons learned and improvements made

The practice learned and made improvements when things went wrong.

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	Υ
Staff knew how to identify and report concerns, safety incidents and near misses.	Y
There was a system for recording and acting on significant events.	Y
Staff understood how to raise concerns and report incidents both internally and externally.	Υ
There was evidence of learning and dissemination of information.	Υ
Number of events recorded in last 12 months:	14
Number of events that required action:	14

Example of significant events recorded and actions by the practice.

Event	Specific action taken
details	No referral to be sent without checking and including the patient NHS number. (An NHS number is unique to each patient and therefore can be used as a unique identifier).

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Υ
Staff understood how to deal with alerts.	Y

Effective Rating: Good

#### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Y
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Y
We saw no evidence of discrimination when staff made care and treatment decisions.	Υ
Patients' treatment was regularly reviewed and updated.	Υ
There were appropriate referral pathways were in place to make sure that patients' needs were addressed.	Y
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Y

Prescribing	Practice	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2017 to 30/09/2018) (NHSBSA)	0.45	0.72	0.81	No comparison available

#### Older people

## Population group rating: Good

- All older patients had a named GP and staff offered continuity of care when possible.
- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.
- Staff had appropriate knowledge of treating older people including their psychological, mental and communication needs.
- Health checks were offered to patients over 75 years of age.

#### People with long-term conditions

**Population group rating: Good** 

- Patients with long-term conditions had a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Adults with newly diagnosed cardio-vascular disease were offered statins.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	89.4%	78.6%	78.8%	No comparison available
Exception rate (number of exceptions).	39.8% (106)	14.1%	13.2%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF)	84.0%	81.8%	77.7%	No comparison available
Exception rate (number of exceptions).	17.7% (47)	7.7%	9.8%	N/A
	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF)	87.8%	79.8%	80.1%	No comparison available
Exception rate (number of exceptions).	32.3% (86)	11.4%	13.5%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)	80.3%	76.8%	76.0%	No comparison available
Exception rate (number of exceptions).	6.8% (16)	3.2%	7.7%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	94.4%	92.7%	89.7%	No comparison available
Exception rate (number of exceptions).	28.0% (7)	7.8%	11.5%	N/A

Indicator	Prac	tice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)	84.	5%	83.2%	82.6%	No comparison available
Exception rate (number of exceptions).	4.3%	(19)	3.6%	4.2%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF)	100	.0%	90.4%	90.0%	No comparison available
Exception rate (number of exceptions).	13.3%	(2)	6.2%	6.7%	N/A

#### Any additional evidence or comments

The practice was aware of the high exception reporting for QOF data in 2017/18. A number of coding errors were identified in September 2018 and an investigation followed. The practice showed their current exception reporting for the year April 2018 to the date of the inspection, which demonstrated very low exceptions at approximately 1%. The inspection team reviewed care records and found no evidence of inappropriate exception reporting.

#### **Findings**

- Childhood immunisation uptake rates were in line with the World Health Organisation (WHO) targets (see additional evidence after the table below).
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- The practice had arrangements for following up failed attendance of children's appointments
  following an appointment in secondary care or for immunisation and would liaise with health visitors
  when necessary.
- Young people could access services for sexual health and contraception.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib) ((i.e. three doses of DTaP/IPV/Hib) (to) NHS England) England)	158	168	94.0%	Met 90% minimum (no variation)
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (to) (NHS England) England)	146	170	85.9%	Below 90% minimum (variation negative)
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (Men) (i.e. received Hib/Men booster) (to) (NHS England) England)	144	170	84.7%	Below 90% minimum (variation negative)
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (to) (NHS England)	148	170	87.1%	Below 90% minimum (variation negative)

#### Any additional evidence or comments

The practice was aware of the low uptake of child immunisations for 2017/18. During the inspection they showed us their current data (from Public Health England) for child immunisations which demonstrated 90% achievement since April 2018. They also showed us their action plan for improving the uptake rates further. For example, there had been additional nurses recruited in 2018 which had improved the immunisation figures.

# Working age people (including those recently retired and students)

#### **Findings**

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.
- Patients could access telephone consultations to enable them to receive care and treatment at their convenience.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2017 to 31/03/2018) (Public Health England)	54.9%	71.2%	71.7%	No comparison available
Females, 50-70, screened for breast cancer in last 36 months (3-year coverage, %) (PHE)	55.4%	70.5%	70.3%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5-year coverage, %) <sub>(PHE)</sub>	41.6%	51.1%	54.5%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (PHE)	58.3%	79.2%	71.2%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2017 to 31/03/2018) (PHE)	28.6%	48.3%	51.9%	No comparison available

#### Any additional evidence or comments

The practice was aware of the low uptake rates for cervical cancer screening. They had been reviewing this regularly and on the day of the inspection, could demonstrate an improvement in the uptake rates to 73% for the current 2018/19 year. The practice had invited a further 19% of eligible patients to attend for their screening, of which 14% had booked an appointment up to end of March 2019. There was an action plan to improve the uptake of cervical cancer screening further and exceed the 80% target within the next year. They were due to implement evening and weekend clinics to improve access for working patients.

The practice had reviewed its local population and had identified a high transient population (around 14%). In addition, they were aware of the local demographic and how accessing screening services was impacted through cultural choices and sometimes limited knowledge of NHS services. The practice had an action plan to address these areas in the future.

# People whose circumstances make them vulnerable

## Population group rating: Good

#### **Findings**

- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.
- Patients with a learning disability were offered an annual health check and the practice had achieved 86% of these in the last year.

# People experiencing poor mental health (including people with dementia)

## Population group rating: Good

- The practice was a dedicated location for the Special Allocation Service. They provided primary care services to patients who had been removed from other practice lists due to mental health or behavioural difficulties.
- The practice assessed and monitored the physical health of people with mental illness, severe
  mental illness, and personality disorder by providing access to health checks, interventions for
  physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- The practice held monthly meetings with the local midwifery service to review and discuss pregnant patients with mental health conditions.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	95.6%	93.5%	89.5%	No comparison available
Exception rate (number of exceptions).	4.3% (2)	8.1%	12.7%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	93.3%	93.4%	90.0%	No comparison available
Exception rate (number of exceptions).	4.3% (2)	6.5%	10.5%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	85.7%	83.4%	83.0%	No comparison available
Exception rate (number of exceptions).	12.5% (1)	4.9%	6.6%	N/A

#### **Monitoring care and treatment**

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	553	Data Unavailable	537.5
Overall QOF exception reporting	14.6%	Data Unavailable	5.8%

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Υ
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Υ

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

The practice had carried out 24 clinical and governance audits over the preceding 12 months. Some of these were completed audits (where a second cycle of audit had been carried out to review outcomes) and most of the audits were due to be repeated in the coming months.

One example of a completed audit was regarding patients on diabetes medication and impaired renal (kidney) function. In July 2018 the audit identified 40% of patients required action (reviewing blood tests, recalled for blood test or reduction in medication). The minimum standard for appropriate prescribing was 90% and the practice achieved 88%. The audit was repeated in January 2019 where the practice had achieved 100% for appropriate prescribing and no action was required for any patient.

An audit of GP records in October 2018 had identified coding errors and other inaccuracies in patient records. This led to an incident being escalated nationally and the practice began to review all patient records for any further anomalies. The practice commenced a recall of patients affected and ensured these records were updated appropriately. They ascertained there was minimal risk to patients following the incident and developed a project to commence in April 2019 to review all patient records to ensure they are accurate and up to date. They also invited an external stakeholder to provide training to staff in clinical coding to be undertaken in April 2019.

# Effective staffing

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Y
The learning and development needs of staff were assessed.	Υ
The practice had a programme of learning and development.	Y
Staff had protected time for learning and development.	Y
There was an induction programme for new staff.	Υ
Induction included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Y
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Y
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Y
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Υ

#### **Coordinating care and treatment**

# Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor has regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register are discussed (01/04/2017 to 31/03/2018) (QOF)	Y
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Y
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	Υ
For patients who accessed the practice's digital service there were clear and effective processes to make referrals to other services.	Υ
Patients received consistent, coordinated, person-centred care when they moved between services.	Υ

## Helping patients to live healthier lives

# Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Y
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Y
Staff discussed changes to care or treatment with patients and their carers as necessary.	Υ
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Y

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	97.9%	95.6%	95.1%	No comparison available
Exception rate (number of exceptions).	0.9% (7)	0.7%	0.8%	N/A

#### **Consent to care and treatment**

The practice obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Y
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Y
The practice monitored the process for seeking consent appropriately.	Y
Explanation of any answers and additional evidence:	
We saw an audit of consent for minor surgery undertaken in January 2019 which showed compliance.	100%

Caring Rating: Good

#### Kindness, respect and compassion

Staff treated patients with kindness, respect and compassion. Feedback from patients was positive about the way staff treated people.

	Y/N/Partial
Staff understood and respected the personal, cultural, social and religious needs of patients.	Υ
Patients were given appropriate and timely information to cope emotionally with their care, treatment or condition.	Υ

CQC comments cards	
Total comments cards received.	35
Number of CQC comments received which were positive about the service.	22
Number of comments cards received which were mixed about the service.	12
Number of CQC comments received which were negative about the service.	1

Source	Feedback
Comment cards	Staff are caring, helpful and polite
Comment cards	GPs and nurses are professional and offer appropriate care for individual care needs.
Comment cards	Appointments can sometimes be difficult to get and there is sometimes a wait to be
	seen.

## **National GP Survey results**

**Note:** The questions in the 2018 GP Survey indicators have changed. Ipsos MORI have advised that the new survey data must not be directly compared to the past survey data, because the survey methodology changed in 2018.

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
8,336	421	75	17.8%	1%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at listening to them (01/01/2018 to 31/03/2018)	75.4%	86.3%	89.0%	Variation (negative)
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at treating them with care and concern (01/01/2018 to 31/03/2018)	74.1%	85.0%	87.4%	No statistical variation
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they had confidence and trust in the healthcare professional they saw or spoke to (01/01/2018 to 31/03/2018)	84.3%	94.8%	95.6%	Variation (negative)
The percentage of respondents to the GP patient survey who responded positively to the overall experience of their GP practice (01/01/2018 to 31/03/2018)	70.2%	80.3%	83.8%	No statistical variation

Question	Y/N
The practice carries out its own patient survey/patient feedback exercises.	Υ

#### Any additional evidence

A patient survey had been undertaken by the practice in February 2019, which demonstrated 100% of patients were very satisfied or fairly satisfied with the overall care they received from the practice.

In addition, the practice collected data from the friends and family test. Between October 2018 and December 2018, the practice had seen an improvement in patient satisfaction levels from 73% to 85%.

#### Involvement in decisions about care and treatment

Staff helped patients to be involved in decisions about care and treatment.

	Y/N/Partial
Staff communicated with patients in a way that helped them to understand their care, treatment and condition, and any advice given.	Y
Staff helped patients and their carers find further information and access community and advocacy services.	Y

Source	Feedback
ľ	We did not speak with any patients during this inspection. We collected 35 comment cards where patients left their views. We received mostly positive comments. For example, patients were happy with the service they received and felt GPs and nurses treated them with care and understanding.

#### **National GP Survey results**

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they were involved as much as they wanted to be in decisions about their care and treatment (01/01/2018 to 31/03/2018)	78.6%	92.7%	93.5%	Variation (negative)

#### Any additional evidence

The practice was aware of the patient national survey results and had a one-year plan to improve patient access and care. They had reduced the use of locum GPs (preferring to use regular long-term locums when able) and had recruited GPs specifically to undertake telephone triage remotely, which was popular with patients since it began in January 2019. The practice was due to audit the triage system when it had been in place for three months.

	Y/N/Partial
Interpretation services were available for patients who did not have English as a first language.	Y
Patient information leaflets and notices were available in the patient waiting area which told patients how to access support groups and organisations.	Υ
Information leaflets were available in other languages and in easy read format.	Υ
Information about support groups was available on the practice website.	Y

#### Any additional evidence

The practice had uploaded a new practice website in February 2019 following some issues with internet permissions and problems that had occurred with the previous website. The new website contained useful information on how to access care and treatment and when to seek medical help.

Carers	Narrative
Percentage and number of	The practice had identified 66 patients registered as a carer. This
carers identified.	represented less than 1% of the total patient list. The practice was reviewing
	their patient list and were in the process of identifying more carers.
How the practice supported	There was a newly appointed carers champion who signposted carers to
carers.	areas of further support, offered an annual flu vaccination and health checks.
	There was a dedicated carers board in the waiting room and new
	registrations were asked if they were a carer or had any caring responsibility.
	The named GP for the deceased patient would contact the family or next of
1 .	kin by telephone to offer condolences and support. The practice sent a sympathy card.
	The practice was aware of any cultural needs of patients following a death
	and helped to facilitate the needs of the family where appropriate (for
	example, expediting a death certificate for religious requirements of a time
	critical burial).

#### **Privacy and dignity**

The practice respected patients' privacy and dignity.

	Y/N/Partial
Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.	Y
Consultation and treatment room doors were closed during consultations.	Y
A private room was available if patients were distressed or wanted to discuss sensitive issues.	Υ
There were arrangements to ensure confidentiality at the reception desk.	Υ*

Explanation of any answers and additional evidence:

\*There were glass screens at the reception desk which reduced noise and patients could use an automated check in machine. We received a comment from one patient stating they did not feel the reception desk was confidential.

Responsive Rating: Good

## Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs.

	Y/N/Partial
The importance of flexibility, informed choice and continuity of care was reflected in the services provided.	Y
The facilities and premises were appropriate for the services being delivered.	Y
The practice made reasonable adjustments when patients found it hard to access services.	Y
The practice provided effective care coordination for patients who were more vulnerable or who had complex needs. They supported them to access services both within and outside the practice.	Y
Care and treatment for patients with multiple long-term conditions and patients approaching the end of life was coordinated with other services.	Y

Day	Time
Opening times:	
Monday to Friday	8am to 6.30pm
Saturday	8am to 12.30pm
Nurse appointments were available on Mond	day evenings until 7.40pm and Saturdays from 9am to 5pm.
HCA clinics were also available on Saturday	mornings. The pharmacist was due to commence a Saturday
clinic offering appointments for patients with	some long-term conditions.
Appointments available:	
	Appointments were available from 8am until
	Appointments were available from barn until
Monday to Friday	5.45pm every day. In addition, same day

which operated Monday to Friday between 6.30pm and 8.30pm and Saturdays between 8am and 3pm.

#### National GP Survey results

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
8,336	421	75	17.8%	1%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that at their last general practice appointment, their needs were met (01/01/2018 to 31/03/2018)	83.4%	94.0%	94.8%	Variation (negative)

#### Any additional evidence or comments

In the 18 months the provider had been running the practice, there had been many changes in systems and innovations introduced to improve patient access. For example, GP telephone triage was introduced in January 2019, additional staff recruited and GP locum use had reduced, which offered improved continuity of care.

#### Older people

## Population group rating: Good

#### **Findings**

- All patients had a named GP who supported them in whatever setting they lived.
- The practice was responsive to the needs of older patients, and offered home visits and urgent appointments for those with enhanced needs and complex medical issues.
- In recognition of the religious and cultural observances of some patients, the GP would respond quickly, often outside of normal working hours, to provide the necessary death certification to enable prompt burial in line with families' wishes when bereavement occurred.

## People with long-term conditions

# Population group rating: Good

- Patients with multiple conditions had their needs reviewed in one appointment.
- The practice liaised regularly with the local district nursing team and community matrons to discuss and manage the needs of patients with complex medical issues.
- Care and treatment for people with long-term conditions approaching the end of life was coordinated with other services.

## Families, children and young people

#### Population group rating: Good

#### **Findings**

- We found there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances. Records we looked at confirmed this.
- All parents or guardians calling with concerns about a child were offered a same day appointment when necessary.
- Parents with concerns regarding children under the age of 10 could attend a paediatric clinic in the co-located walk in centre (on some days) when GP appointments were unavailable.

# Working age people (including those recently retired and students)

#### Population group rating: Good

#### **Findings**

- The needs of this population group had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- Since January 2019 the practice had commenced a GP triage service, for all calls from patients requesting an appointment.

# People whose circumstances make them vulnerable

# Population group rating: Good

- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- People in vulnerable circumstances were easily able to register with the practice, including those
  with no fixed abode.
- The practice adjusted the delivery of its services to meet the needs of patients with a learning disability.

# People experiencing poor mental health

Population group rating: Good

(including people with dementia)

- Priority appointments were allocated when necessary to those experiencing poor mental health.
- Staff interviewed had a good understanding of how to support patients with mental health needs and those patients living with dementia.
- The practice was aware of support groups within the area and signposted their patients to these
  accordingly.

#### Timely access to the service

#### People were able to access care and treatment in a timely way.

National GP Survey results

	Y/N/Partial
Patients with urgent needs had their care prioritised.	Υ
The practice had a system to assess whether a home visit was clinically necessary and the urgency of the need for medical attention.	Υ
Appointments, care and treatment were only cancelled or delayed when absolutely necessary.	Υ

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone (01/01/2018 to 31/03/2018)	56.3%	N/A	70.3%	-
The percentage of respondents to the GP patient survey who responded positively to the overall experience of making an appointment (01/01/2018 to 31/03/2018)	62.8%	62.8%	68.6%	No statistical variation
The percentage of respondents to the GP patient survey who were very satisfied or fairly satisfied with their GP practice appointment times (01/01/2018 to 31/03/2018)	57.4%	61.2%	65.9%	No statistical variation
The percentage of respondents to the GP patient survey who were satisfied with the type of appointment (or appointments) they were offered (01/01/2018 to 31/03/2018)	57.9%	70.6%	74.4%	No statistical variation

#### Any additional evidence or comments

The practice had implemented a new appointment structure in response to feedback from patients. Since January 2019 they had also offered a GP triage system. On the day of the inspection we noted an over 80-minute wait for a call back.

The practice had also responded to negative patient feedback about appointment length and were due to implement 15-minute GP appointments from March 2019.

The practice had carried out their own patient survey in February 2019 and the results showed 65% of patients were very satisfied or fairly satisfied with getting through to the practice on the phone.

Source	Feedback
Comment cards	GP triage call helpful and reduced need to go to the practice to be seen.
Comment cards	Appointments allocated on emergency and priority basis.
Comment cards	Can wait up to, or over, two weeks for a GP appointment.
Comment cards	Waiting times for GP triage/call back can sometimes be long.
	Mixed feedback about waiting times. Some patients stated a few minutes (which was acceptable) and others told us they had waited over an hour after their appointment time to be seen.

#### Listening and learning from concerns and complaints

# Complaints were listened and responded to and used to improve the quality of care.

Complaints	
Number of complaints received in the last year.	13
Number of complaints we examined.	3
Number of complaints we examined that were satisfactorily handled in a timely way.	3
Number of complaints referred to the Parliamentary and Health Service Ombudsman.	0

	Y/N/Partial
Information about how to complain was readily available.	Υ
There was evidence that complaints were used to drive continuous improvement.	Υ

Explanation of any answers and additional evidence:

The practice did not include details of the health ombudsman in any of their correspondence with patients. Details of the ombudsman would offer patients additional escalation if they were dissatisfied with the outcome of their complaint by the practice. The practice told us they would review this after the inspection.

The practice decided to look into initiating a comments and compliments log after the inspection, following information about some negative feedback that had been resolved in person on the day. Documenting this type of feedback would enable the practice to review themes and trends alongside formal complaints and other feedback.

#### Example(s) of learning from complaints.

Complaint	Specific action taken
Staff attitude	Customer service training for staff.
Appointment length not suitable	Practice to implement 15-minute appointments from March 2019.

Well-led Rating: Good

## Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	Υ
They had identified the actions necessary to address these challenges.	Υ
Staff reported that leaders were visible and approachable.	Υ
There was a leadership development programme, including a succession plan.	Y

#### Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Y
There was a realistic strategy to achieve their priorities.	Υ
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	Y
Staff knew and understood the vision, values and strategy and their role in achieving them.	Y
Progress against delivery of the strategy was monitored.	Y

#### Culture

The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Y
Staff reported that they felt able to raise concerns without fear of retribution.	Y
There was a strong emphasis on the safety and well-being of staff.	Υ
There were systems to ensure compliance with the requirements of the duty of candour.	Y
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Y

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
Staff feedback	Feel supported by management and encouraged to develop new skills.
Staff feedback	Leaders and managers were visible in the practice.
Staff feedback	A lot of improvements and initiatives have been introduced. These are improving services and positive feedback has increased.

#### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	Y
Staff were clear about their roles and responsibilities.	Y
There were appropriate governance arrangements with third parties.	Y

#### Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

Y/N/Partial
Y
Y
Y
Y
Y
Y
Y

Explanation of any answers and additional evidence:

Internal audit identified an error in child immunisation vaccinations being administered by a locum clinician. The practice sought advice from an external stakeholder and contacted the parents of the young patients involved to ensure they were on the correct immunisations pathway for their age.

#### Appropriate and accurate information

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Υ
Performance information was used to hold staff and management to account.	Y
Our inspection indicated that information was accurate, valid, reliable and timely.	Y
There were effective arrangements for identifying, managing and mitigating risks.	Y
Staff whose responsibilities included making statutory notifications understood what this entails.	Y

Explanation of any answers and additional evidence:

A routine review of patient records identified an issue with coding. This was escalated as a significant event and all patient records affected reviewed to ensure no treatment or care provision had been missed. Only a small number of patients required an active recall into the practice to receive appropriate follow up or review.

In response to this, the practice planned to initiate a complete review of all patient records in April 2019 to ensure they held up to date and accurate information.

#### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Y
Staff views were reflected in the planning and delivery of services.	Υ
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Υ

Explanation of any answers and additional evidence:

The practice had a "you said, we did" board in the waiting room outlining some of the improvements they had made, including the changes to appointments and telephone access.

Feedback from Patient Participation Group.

#### **Feedback**

There was a newly established virtual PPG as the PPG was very small with only two members at the time of the inspection. They had not had many meetings with the practice. A meeting was planned with the practice manager in March 2019.

#### **Continuous improvement and innovation**

There were systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Υ
Learning was shared effectively and used to make improvements.	Υ

#### Examples of continuous learning and improvement

The practice utilised many IT systems and technologies to improve patient pathways and practice efficiency.

They were due to introduce a text messaging service in March 2019, where individual patients could be contacted to book clinic appointments for reviews.

The practice was preparing to introduce electronic consultation in April 2019.

A new significant events and incidents reporting system was due to go live in April 2019.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

	Variation Band	Z-score threshold
1	Significant variation (positive)	Z ≤-3
2	Variation (positive)	-3 < Z ≤ -2
3	No statistical variation	-2 < Z < 2
4	Variation (negative)	2 ≤ Z < 3
5	Significant variation (negative)	Z ≥3
6	No data	Null

Note: for the following indicators the variation bands are different:

Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: http://www.cgc.org.uk/what-we-do/how-we-use-information/monitoring-gp-practices

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- RCP: Royal College of Physicians.
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.