# **Care Quality Commission**

# **Inspection Evidence Table**

# **Beech Tree Surgery (1-553732282)**

**Inspection date: 12 December 2018** 

Date of data download: 04 December 2018

# **Overall rating: Good**

Please note: Any Quality Outcomes Framework (QOF) data relates to 2017/18.

# Safe Rating: Good

### Safety systems and processes

The practice had clear systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Υ
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	Υ
Policies were in place covering adult and child safeguarding.	Υ
Policies took account of patients accessing any online services.	Υ
Policies and procedures were monitored, reviewed and updated.	Υ
Policies were accessible to all staff.	Υ
Partners and staff were trained to appropriate levels for their role (for example, level three for GPs, including locum GPs).	Υ
There was active and appropriate engagement in local safeguarding processes.	Υ
Systems were in place to identify vulnerable patients on record.	Υ
There was a risk register of specific patients.	Υ
Disclosure and Barring Service (DBS) checks were undertaken where required.	Υ
Staff who acted as chaperones were trained for their role.	Υ
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social workers. to support and protect adults and children at risk of significant harm.	Y
Explanation of any answers and additional evidence:	

Safeguarding Y/N/Partial

All staff employed in the practice received Disclosure and Barring Service (DBS) checks.

The practice provided a list of all staff who acted as chaperones which staff could access on their desktop.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Partial
Staff vaccination was maintained in line with current Public Health England (PHE) guidance and if relevant to role.	Partial
Systems were in place to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Y
Staff who required medical indemnity insurance had it in place.	Υ

Explanation of any answers and additional evidence:

We saw that not all staff had their vaccination status recorded. The practice had a process in place to improve the process for ensuring staff vaccinations were up to date and recorded.

We reviewed four staff files, in one file we saw that the practice had requested but not received evidence of satisfactory conduct in previous employment for one member of staff. In another staff file we saw that a member of staff had worked in the practice through an agency, on employing the member staff permanently in the practice they had not taken up further evidence of satisfactory conduct in previous employment.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person.  Date of last inspection/test: June 2017	Y
There was a record of equipment calibration.  Date of last calibration: 7 March 2017	Y
Risk assessments were in place for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	Y
There was a fire procedure in place.	Υ
There was a record of fire extinguisher checks.  Date of last check: 3/12/2018	Υ
There was a log of fire drills. Date of last drill: 8/6/2018	Υ
There was a record of fire alarm checks.	Υ

Date of last check: 3/12/2018		
There was a record of fire training for staff.  Date of last training: Training was undertaken by all staff using an online training tool	Y	
There were fire marshals in place.	Υ	
A fire risk assessment had been completed.  Date of completion: 24/07/2018	Y	
Actions from fire risk assessment were identified and completed.	Partial	
Explanation of any answers and additional evidence:		
A fixed wiring test was required – The practice had contacted a contractor and this was being arranged.		

Health and Safety	Y/N/Partial
Premises/security risk assessment had been carried out.	V
Date of last assessment: July 2018	ľ
Health and safety risk assessments had been carried out and appropriate actions taken.	V
Date of last assessment: August 2018	
Explanation of any answers and additional evidence:	
We saw that the practice produced a monthly 'top ten' briefing for staff which updated staff issues including health and safety. Examples of these were a reminder to staff about keeping	•

We saw that the practice produced a monthly 'top ten' briefing for staff which updated staff on many issues including health and safety. Examples of these were a reminder to staff about keeping all fire exits clear, ensuring smart cards were removed from computers and ensuring staff always wore their name badges.

### Infection prevention and control

# Appropriate standards of cleanliness and hygiene were met.

	Y/N/Partial
An infection prevention and control risk assessment and policy were in place.	Υ
Staff had received effective training on infection prevention and control.	Y
Date of last infection prevention and control audit:	4/12/2018
The practice had acted on any issues identified in infection prevention and control audits.	Y
The arrangements for managing waste and clinical specimens kept people safe.	Y

Explanation of any answers and additional evidence:

The practice had identified issues that required action but the action plan did not include timescales.

We saw that the different coloured mops used were stored leaning against each other.

We saw that the bin used for the storage of clinical waste outside at the main site was out of sight at the rear of the building. However, it was not stored securely and there was a clinical waste bag on the top of the bin.

### **Risks to patients**

There were adequate systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	Υ
There was an effective induction system for temporary staff tailored to their role.	Υ
Comprehensive risk assessments were carried out for patients.	Υ
Risk management plans for patients were developed in line with national guidance.	Υ
Panic alarms were fitted and administrative staff understood how to respond to the alarm and the location of emergency equipment.	Y
Clinicians knew how to identify and manage patients with severe infections including sepsis.	Y
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Y
There was a process in the practice for urgent clinical review of such patients.	Υ
There was equipment available to enable assessment of patients with presumed sepsis or other clinical emergency.	Y
There were systems in place to enable the assessment of patients with presumed sepsis in ine with National Institute for Health and Care Excellence (NICE) guidance.	Y
When there were changes to services or staff the practice assessed and monitored the mpact on safety.	Y
Explanation of any anawara and additional avidance:	

Explanation of any answers and additional evidence:

We saw that the symptoms and treatment of Sepsis had been discussed in recent clinical meetings.

We saw evidence of regular monitoring of staffing particularly at busy times and evidence of how this was addressed.

#### Information to deliver safe care and treatment

Staff had the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Υ
There was a system for processing information relating to new patients including the summarising of new patient notes.	Υ
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Υ
Referral letters contained specific information to allow appropriate and timely referrals.	Υ

Referrals to specialist services were documented.	Υ
There was a system to monitor delays in referrals.	Υ
There was a documented approach to the management of test results and this was managed in a timely manner.	Υ
The practice demonstrated that when patients use multiple services, all the information needed for their ongoing care was shared appropriately and in line with relevant protocols.	Υ

# Appropriate and safe use of medicines

The practice had systems for the appropriate and safe use of medicines, including medicines optimisation

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2017 to 30/09/2018) NHS Business Service Authority - NHSBSA)	0.99	0.86	0.94	No statistical variation
The number of prescription items for co-amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/10/2017 to 30/09/2018) (NHSBSA)	3.7%	4.2%	8.7%	Variation (positive)

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Υ
Blank prescriptions were kept securely and their use monitored in line with national guidance.	Partial
Staff had the appropriate authorisations in place to administer medicines (including Patient Group Directions or Patient Specific Directions).	Υ
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	Y
There was a process in place for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	Y
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Y
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Y

Medicines management	Y/N/Partial
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Υ
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	Y
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Υ
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Y
The practice had arrangements to monitor the stock levels and expiry dates of emergency medicines/medical gases.	Y
There was medical oxygen and a defibrillator on site and systems were in place to ensure these were regularly checked and fit for use.	Y
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Y
Explanation of any answers and additional evidence:	

We saw blank prescription forms were recorded upon receipt into each branch practice but not tracked beyond that.

Dispensary services (where the practice provided a dispensary service)	Y/N/Partial
There was a GP responsible for providing effective leadership for the dispensary.	Υ
The practice had clear Standard Operating Procedures which covered all aspects of the dispensing process, were regularly reviewed, and a system was in place to monitor staff compliance.	Υ
Dispensary staff who worked unsupervised had received appropriate training and regular checks of their competency.	Y
Prescriptions were signed before medicines were dispensed and handed out to patents.  There was a risk assessment or surgery policy for exceptions such as acute prescriptions.	Y
Medicines stock was appropriately managed and disposed of, and staff kept appropriate records.	Y
Medicines that required refrigeration were appropriately stored, monitored and transported in line with the manufacturer's recommendations to ensure they remained safe and effective.	Y
Dispensing incidents and near misses were recorded and reviewed regularly to identify themes and reduce the chance of reoccurrence.	Y
Information was provided to patients in accessible formats for example, large print labels, braille, information in a variety of languages etc.	Y
There was the facility for dispensers to speak confidentially to patients and protocols described the process for referral to clinicians.	Y

# Track record on safety and lessons learned and improvements made

The practice learned and made improvements when things went wrong.

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	Υ
Staff knew how to identify and report concerns, safety incidents and near misses.	Υ
There was a system for recording and acting on significant events.	Υ
Staff understood how to raise concerns and report incidents both internally and externally.	Y
There was evidence of learning and dissemination of information.	Υ
Number of events recorded in last 12 months:	12
Number of events that required action:	12
Explanation of any answers and additional evidence:	•

Explanation of any answers and additional evidence:

We saw evidence in staff meetings and in the staff 'top ten' that staff were continually reminded to report significant events and they could see information regarding significant events that had been dealt with.

Examples of significant events recorded and actions taken by the practice.

Event	Specific action taken
Repeat use of oral steroids in asthmatic patients.	<ul> <li>Oral steroids not to be on repeat prescription for asthmatic patients.</li> <li>Regular audit of asthmatic patients on steroids.</li> <li>A review of the process for rescue packs for respiratory patients.</li> </ul>
	<ul> <li>All asthmatic patients now have a face to face review.</li> </ul>
A referral completed for the wrong patient	Review of the referral process.
	<ul> <li>Ensure the use of the patient's full demographic details.</li> </ul>
	<ul> <li>Review the option of creating a new task type for GPs to note the referral required.</li> </ul>

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Υ
Staff understood how to deal with alerts.	Υ

# **Effective**

# **Rating: Good**

#### Effective needs assessment, care and treatment

Patients' needs were assessed, and care and treatment was delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Y
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Υ
We saw no evidence of discrimination when staff made care and treatment decisions.	Υ
Patients' treatment was regularly reviewed and updated.	Υ
Appropriate referral pathways were in place to make sure that patients' needs were addressed.	Y
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Y

Explanation of any answers and additional evidence:

We saw that there were care plans in place for patient's resident in care homes and for those on the end of life pathway.

Prescribing	Practice performance	CCG average	England average	England comparison
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/10/2017 to 30/09/2018) (NHSBSA)	0.20	0.45	0.81	Significant Variation (positive)

### Older people

# **Population group rating: Good**

- The practice used a clinical tool to identify older patients who were living with moderate or severe frailty. Those identified received a full assessment of their physical, mental and social needs.
- The practice followed up on older patients discharged from hospital. It ensured that their care
  plans and prescriptions were updated to reflect any extra or changed needs. The practice was
  also able to access follow up care for patients discharged from hospital.
- The practice provided a service to those patients in care homes.
- Staff had appropriate knowledge of treating older people including their psychological, mental

- and communication needs.
- Health checks were offered to patients over 75 years of age.

# People with long-term conditions Population group rating: Good

- Patients with long-term conditions had a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GP worked with other health and care professionals to deliver a coordinated package of care.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training.
- GPs followed up patients who had received treatment in hospital or through out of hours services for an acute exacerbation of asthma.
- The practice could demonstrate how they identified patients with commonly undiagnosed conditions, for example diabetes, chronic obstructive pulmonary disease (COPD), atrial fibrillation and hypertension.
- Patients with suspected hypertension were offered ambulatory blood pressure monitoring.
- The practice pharmacist provided support for those patients with complex or multiple medicines.
- The practice had regular respiratory meetings to discuss complex patients.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.

Diabetes Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, in whom the last IFCC-HbA1c is 64 mmol/mol or less in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	85.2%	84.5%	78.8%	No statistical variation
Exception rate (number of exceptions).	14.3% (135)	19.9%	13.2%	N/A
The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2017 to 31/03/2018) (QOF)	87.0%	77.9%	77.7%	No statistical variation
Exception rate (number of exceptions).	12.2% (115)	16.1%	9.8%	N/A

	Practice	CCG average	England average	England comparison
The percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less (01/04/2017 to 31/03/2018) (QOF)	83.9%	83.4%	80.1%	No statistical variation
Exception rate (number of exceptions).	20.9% (197)	18.7%	13.5%	N/A

Other long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions, NICE 2011 menu ID: NM23 (01/04/2017 to 31/03/2018) (QOF)	73.1%	75.3%	76.0%	No statistical variation
Exception rate (number of exceptions).	13.3% (155)	8.3%	7.7%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	91.5%	89.8%	89.7%	No statistical variation
Exception rate (number of exceptions).	15.3% (62)	12.6%	11.5%	N/A

Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months is 150/90mmHg or less (01/04/2017 to 31/03/2018) (QOF)	89.9%	83.4%	82.6%	Variation (positive)
Exception rate (number of exceptions).	8.3% (204)	5.8%	4.2%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2017 to 31/03/2018) (QOF)	90.0%	91.6%	90.0%	No statistical variation
Exception rate (number of exceptions).	8.9% (35)	7.6%	6.7%	N/A

#### Any additional evidence or comments

There were a few exception reporting rates above 10%. We discussed these with the practice during the inspection and the practice had reviewed the reasons for this and identified any actions required. For example; in 2017/2018 they had run a clinic which included telephone reviews for patients with controlled asthma. The uptake of these clinics was low and as a result in 2018/19 the practice has changed these clinics so they were now face to face reviews.

### Families, children and young people

## Population group rating: Good

- Childhood immunisation uptake rates were below the World Health Organisation (WHO) targets. The practice had reviewed reasons why some children had not received their immunisations and put actions in place to achieve as high an uptake of routine immunisations as possible.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines. These patients were provided with advice and post-natal support in accordance with best practice guidance.
- The practice had arrangements for following up failed attendance of children's appointments
  following an appointment in secondary care or for immunisation and would liaise with health
  visitors when necessary.
- Young people could access services for sexual health and contraception.
- The practice monitored prescriptions not collected by young people.
- The practice offered postnatal appointments to allow mothers and babies to have a joint appointment.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib)((i.e. three doses of DTaP/IPV/Hib) (01/04/2017 to 31/03/2018) (NHS England)	154	162	95.1%	Met 95% WHO based target (significant variation positive)
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2017 to 31/03/2018) (NHS England)	153	172	89.0%	Below 90% minimum (variation negative)
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC)	154	172	89.5%	Below 90% minimum (variation

(i.e. received Hib/MenC booster) (01/04/2017 to				negative)
31/03/2018) (NHS England)				
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2017 to 31/03/2018) (NHS England)	152	172	88.4%	Below 90% minimum (variation negative)

# Working age people (including those recently retired and students)

# Population group rating: Good

- The practice had systems to inform eligible patients to have the meningitis vaccine, for example before attending university for the first time.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40 to 74. There was appropriate and timely follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.
- Patients could book or cancel appointments online and order repeat medication without the need to attend the surgery.
- The practice provided extended hours appointments.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64) (01/04/2016 to 31/03/2017) (Public Health England)	81.6%	75.5%	72.1%	No statistical variation
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (PHE)	75.7%	78.3%	70.3%	N/A
Persons, 60-69, screened for bowel cancer in last 30 months (2.5 year coverage, %) <sub>(PHE)</sub>	63.6%	64.7%	54.6%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis. (PHE)	54.8%	73.1%	71.3%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2016 to 31/03/2017) (PHE)	44.4%	48.2%	51.6%	No statistical variation

# People whose circumstances make them vulnerable

# Population group rating: Good

### **Findings**

- End of life care was delivered in a coordinated way which considered the needs of those whose circumstances may make them vulnerable.
- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- The practice had a system for vaccinating patients with an underlying medical condition according to the recommended schedule.
- The practice demonstrated that they had a system to identify people who misused substances.

# People experiencing poor mental health (including people with dementia)

## Population group rating: Good

- The practice assessed and monitored the physical health of people with mental illness, severe
  mental illness, and personality disorder by providing access to health checks, interventions for
  physical activity, obesity, diabetes, heart disease, cancer and access to 'stop smoking' services.
- There was a system for following up patients who failed to attend for administration of long-term medication.
- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- The practice allocated a double appointment to those patients with mental health issues as standard.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	96.7%	92.7%	89.5%	No statistical variation
Exception rate (number of exceptions).	16.7% (12)	18.7%	12.7%	N/A
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses whose alcohol consumption has been recorded in	91.5%	90.6%	90.0%	No statistical variation

the preceding 12 months (01/04/2017 to 31/03/2018)				
(QOF)				
Exception rate (number of exceptions).	18.1% (13)	16.7%	10.5%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	85.5%	85.1%	83.0%	No statistical variation
Exception rate (number of exceptions).	7.3% (13)	7.6%	6.6%	N/A

### Any additional evidence or comments

The exception reporting rates for two of the mental health indicators was above 10%. We discussed these with the practice and they explained this appeared higher due to the low numbers of patients on the mental health register. If patients did not attend for their reviews they were all sent at least three letters to remind them that they needed to attend.

### **Monitoring care and treatment**

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided.

Indicator	Practice	CCG average	England average
Overall QOF score (out of maximum 559)	557.5	-	537.5
Overall QOF exception reporting (all domains)	8.0%	5.9%	5.8%

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Υ
The practice had a comprehensive programme of quality improvement and used information about care and treatment to make improvements.	Υ

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

- An audit had identified caution was not being taken when prescribing antibiotics for patients with long term clostridium difficile. The practice had put measures in place to ensure a major alert was added to a patients' record (when necessary) on the clinical system stating 'clostridium difficile infection caution with antibiotics'.
- An audit had identified a gap in blood pressure monitoring for patients on a medicine used to treat
  urinary problems. The practice had put measures in place to check the patients' blood pressure
  prior to prescribing the medicine.

#### Any additional evidence or comments

We saw a positive approach to audit in the number of audits undertaken. However, we saw that the there was little evidence of how the results were shared within the practice.

#### **Effective staffing**

The practice was able to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment. This included specific training for nurses on immunisation and on sample taking for the cervical screening programme.	Y
The learning and development needs of staff were assessed.	Υ
The practice had a programme of learning and development.	Υ
Staff had protected time for learning and development.	Υ
There was an induction programme for new staff. This included completion of the Care Certificate for Health Care Assistants employed since April 2015.	Υ
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Partial
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	Y
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Y
For patients who accessed the practice's digital service there were clear and effective processes to make referrals to other services.	Y
Explanation of any answers and additional evidence:	
We saw that not all the appraisals for pursing staff had been completed this year due to s	staff changes

We saw that not all the appraisals for nursing staff had been completed this year due to staff changes. Following the inspection, we received confirmation that these had been scheduled.

### **Coordinating care and treatment**

Staff worked together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
The contractor had regular (at least 3 monthly) multidisciplinary case review meetings where all patients on the palliative care register were discussed (01/04/2017 to 31/03/2018) (QOF)	Y
We saw records that showed that all appropriate staff, including those in different teams and organisations, were involved in assessing, planning and delivering care and treatment.	Y
Care was delivered and reviewed in a coordinated way when different teams, services or	Υ

organisations were involved.	
Patients received consistent, coordinated, person-centred care when they moved between services.	Υ

# Helping patients to live healthier lives

Staff were consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	Y
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	Υ
Staff discussed changes to care or treatment with patients and their carers as necessary.	Υ
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.	Y

Smoking Indicator	Practice	CCG average	England average	England comparison
The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 12 months (01/04/2017 to 31/03/2018) (QOF)	97.5%	95.7%	95.1%	No statistical variation
Exception rate (number of exceptions).	2.1% (88)	0.8%	0.8%	N/A

#### **Consent to care and treatment**

The practice always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Y
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	Y
The practice monitored the process for seeking consent appropriately.	Υ

# **Caring**

# **Rating: Good**

### Kindness, respect and compassion

Staff treated patients with kindness, respect and compassion. Feedback from patients was positive about the way staff treated people.

	Y/N/Partial
Staff understood and respected the personal, cultural, social and religious needs of patients.	Y
Patients were given appropriate and timely information to cope emotionally with their care, treatment or condition.	Y

CQC comments cards	
Total comments cards received.	15
Number of CQC comments received which were positive about the service.	11
Number of comments cards received which were mixed about the service.	2
Number of CQC comments received which were negative about the service.	2

Source	Feedback
Comment cards	Patients expressed difficulties accessing appointments and accessing the practice using the current telephone system.
Comment cards	Patient expressed concern regarding delays in prescriptions being sent to the chemist and clinical suppliers

### **National GP Survey results**

**Note:** The questions in the 2018 GP Survey indicators have changed. Ipsos MORI have advised that the new survey data must not be directly compared to the past survey data, because the survey methodology changed in 2018.

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
15937	235	111	47%	0.70%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at listening to them (01/01/2018 to 31/03/2018)	85.5%	91.0%	89.0%	No statistical variation

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that the last time they had a general practice appointment, the healthcare professional was good or very good at treating them with care and concern (01/01/2018 to 31/03/2018)	92.9%	90.4%	87.4%	No statistical variation
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they had confidence and trust in the healthcare professional they saw or spoke to (01/01/2018 to 31/03/2018)	99.1%	97.7%	95.6%	No statistical variation
The percentage of respondents to the GP patient survey who responded positively to the overall experience of their GP practice (01/01/2018 to 31/03/2018)	80.5%	87.3%	83.8%	No statistical variation

### Any additional evidence or comments

The practice had produced an action plan to address various issues mainly relating to access to appointments. Patients were able to access services on-line and 50% of same day appointments were released at 6am each day.

Question	Y/N
The practice carried out its own patient survey/patient feedback exercises.	N

#### Involvement in decisions about care and treatment

Staff helped patients to be involved in decisions about care and treatment.

	Y/N/Partial
Staff communicated with patients in a way that helped them to understand their care, treatment and condition, and any advice given.	Y
Staff helped patients and their carers find further information and access community and advocacy services.	Y

Explanation of any answers and additional evidence:

The staff provided information and links to local carers support in Selby.

The practice provided forms to encourage patients to identify themselves as carers.

We saw a display in the reception area of information to support carers.

Source	Feedback
Interviews with patients.	Patients said the staff were kind, friendly, professional, caring, they explained things to them and were supportive. Most of the feedback described the practice as excellent and mentioned staff from all the different disciplines.

# **National GP Survey results**

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that during their last GP appointment they were involved as much as they wanted to be in decisions about their care and treatment (01/01/2018 to 31/03/2018)	95.5%	95.7%	93.5%	No statistical variation

	Y/N/Partial
Interpretation services were available for patients who did not have English as a first language.	Y
Patient information leaflets and notices were available in the patient waiting area which told patients how to access support groups and organisations.	Y
Information leaflets were available in other languages and in easy read format.	Y
Information about support groups was available on the practice website.	Υ

Carers	Narrative
	446 carers had been identified which equated to 2.8% of the practice population
carers.	The practice had a process in place to identify patients who were carers. There is a process in place to refer carers to local support services. It was unclear if the practice offered flexible appointments or the flu vaccine to these patients.
	The practice contacted patients who had recently been bereaved offering appointments and counselling.

# Privacy and dignity

# The practice respected patients' privacy and dignity.

	Y/N/Partial
Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.	Υ
Consultation and treatment room doors were closed during consultations.	Υ
A private room was available if patients were distressed or wanted to discuss sensitive issues.	Y
There were arrangements to ensure confidentiality at the reception desk.	Υ

# Responsive

# **Rating: Good**

# Responding to and meeting people's needs

The practice organised and delivered services to meet patients' needs.

	Y/N/Partial
The importance of flexibility, informed choice and continuity of care was reflected in the services provided.	Y
The facilities and premises were appropriate for the services being delivered.	Υ
The practice made reasonable adjustments when patients found it hard to access services.	Υ
The practice provided effective care coordination for patients who were more vulnerable or who had complex needs. They supported them to access services both within and outside the practice.	Y
Care and treatment for patients with multiple long-term conditions and patients approaching the end of life was coordinated with other services.	Y

Practice Opening Times	
Day Beech Tree surgery	Opening Times
Monday	08.00 to 18.00
Tuesday	08.00 to 18.00
Wednesday	08.00 to 12.00 and 14.00 to 18.00
Thursday	08.00 to 12.00 and 13.00 to 18.00
Friday	08.00 to 12.00 and 13.00 to 18.00
Appointments available:	
Monday	08.30 to 11.00 and 15.30 to 17.30
Tuesday	08.30 to 11.00 and 15.30 to 17.30
Wednesday	08.30 to 11.00 and 15.30 to 17.30
Thursday	08.30 to 11.00 and 15.30 to 17.30
Friday	08.30 to 11.00 and 15.30 to 17.30
Carlton Surgery (branch surgery)	Opening Times & Appointments available
Monday	08.30 to 11.30 and 14.30 to 18.00
Tuesday	08.30 to 11.30 and 14.30 to 18.00
Wednesday	08.00 to 11.30
Thursday	08.00 to 11.30
Friday	08.00 to 12.30
Ricall Surgery (branch surgery)	Opening Times & Appointments available
Monday	08.00 to 11.30 and 14.30 to 18.00
Tuesday	08.00 to 11.30
Wednesday	14.30 to 18.00
Thursday	14.30 to 18.00
Friday	08.00 to 11.30

### National GP Survey results

Practice population size	Surveys sent out	Surveys returned	Survey Response rate%	% of practice population
15937	235	111	47%	0.70%

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who stated that at their last general practice appointment, their needs were met (01/01/2018 to 31/03/2018)	95.8%	96.0%	94.8%	No statistical variation

### Older people

## Population group rating: Good

#### **Findings**

- All patients had a named GP who supported them in whatever setting they lived.
- The practice was responsive to the needs of older patients, and offered home visits and urgent appointments for those with enhanced needs and complex medical issues. This service was extended to the care homes.

## People with long-term conditions

## Population group rating: Good

#### **Findings**

- Patients with multiple conditions had their needs reviewed in one appointment.
- The practice liaised regularly with the local district nursing team and community matrons to discuss and manage the needs of patients with complex medical issues.
- Care and treatment for people with long-term conditions approaching the end of life was coordinated with other services.
- The practice held regular respiratory meetings to review complex patients.

# Families, children and young people

# Population group rating: Good

- We found there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances. Records we looked at confirmed this.
- All parents or guardians calling with concerns about a child were reviewed and offered a same day
  appointment when necessary.

# Working age people (including those recently retired and students)

Population group rating: Good

### **Findings**

- The needs of this population group had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- The practice was open from 18.30 to 19.30 on a Monday and between 07.00 to 08.00 on a Tuesday for pre- bookable appointments.

# People whose circumstances make them vulnerable

Population group rating: Good

## **Findings**

- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- People in vulnerable circumstances were easily able to register with the practice, including those with no fixed abode.
- The practice adjusted the delivery of its services to meet the needs of patients with a learning disability.

# People experiencing poor mental health (including people with dementia)

Population group rating: Good

- Priority appointments were allocated when necessary to those experiencing poor mental health. The practice offered double appointments as routine for this patient group.
- Staff interviewed had a good understanding of how to support patients with mental health needs and those patients living with dementia.
- The practice was aware of support groups within the area and signposted their patients to these
  accordingly.

### Timely access to the service

People were able to access care and treatment in a timely way.

	Y/N/Partial
Patients with urgent needs had their care prioritised.	Υ
The practice had a system to assess whether a home visit was clinically necessary and the urgency of the need for medical attention.	Y
Appointments, care and treatment were only cancelled or delayed when absolutely necessary.	Υ
	Y

# National GP Survey results

Indicator	Practice	CCG average	England average	England comparison
The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone (01/01/2018 to 31/03/2018)	60.7%	66.9%	70.3%	N/A
The percentage of respondents to the GP patient survey who responded positively to the overall experience of making an appointment (01/01/2018 to 31/03/2018)	61.1%	66.7%	68.6%	No statistical variation
The percentage of respondents to the GP patient survey who were very satisfied or fairly satisfied with their GP practice appointment times (01/01/2018 to 31/03/2018)	45.5%	63.7%	65.9%	No statistical variation
The percentage of respondents to the GP patient survey who were satisfied with the type of appointment (or appointments) they were offered (01/01/2018 to 31/03/2018)	68.2%	74.0%	74.4%	No statistical variation

# Any additional evidence or comments

The practice had increased the number of appointments available. They had improved online access to appointments and prescription requests, there were 8,000 patients currently registered for online access. The practice intended to change the current telephone system when the current contract expired.

Source	Feedback
Choices	The following comment had been posted on NHS choices in the previous 12 months: 'I would like to say thank you to the staff at Beech Tree and particularly at Riccall for the care my family have received this year'.

There were other comments praising the staff for their care and support. However, there were several comments about difficulties accessing appointments up until July 2018.

# Listening and learning from concerns and complaints

# Complaints were listened and responded to and used to improve the quality of care.

Complaints	
Number of complaints received in the last year.	18
Number of complaints we examined.	4
Number of complaints we examined that were satisfactorily handled in a timely way.	4
Number of complaints referred to the Parliamentary and Health Service Ombudsman.	0

	Y/N/Partial
Information about how to complain was readily available.	Υ
There was evidence that complaints were used to drive continuous improvement.	Υ

# Examples of learning from complaints.

Complaint	Specific action taken
	The complaint was dealt with as a significant event. The policy for dealing with wounds was reviewed and training sourced for staff. The policy now advised that after four weeks the nurse referred the patients to the GP for review and further referral to secondary wound management services.
Concerns regarding poor access to appointments	The practice had reviewed the appointment process and employed additional staff.

# Well-led

# **Rating: Good**

### Leadership capacity and capability

There was compassionate, inclusive and effective leadership at all levels to deliver high quality sustainable care.

✓
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Y
Y
Y
Y Y Y

Explanation of any answers and additional evidence:

We saw that the practice manager would be leaving after 20 plus years and the practice had implemented succession planning with the new practice manager working alongside the manager retiring. Some staff expressed their concern regarding forthcoming changes and the future.

### Vision and strategy

The practice had a clear vision and credible strategy to provide high quality sustainable care.

	Y/N/Partial
The practice had a clear vision and set of values that prioritised quality and sustainability.	Υ
There was a realistic strategy in place to achieve their priorities.	Υ
The vision, values and strategy were developed in collaboration with staff, patients and external partners.	Y
Staff knew and understood the vision, values and strategy and their role in achieving them.	Y
Progress against delivery of the strategy was monitored.	Υ

Explanation of any answers and additional evidence:

The staff we spoke with were aware of the practice vision and values and could express this. All staff had been involved in developing the vision for the practice.

#### Culture

The practice had a culture which drove high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Υ
Staff reported that they felt able to raise concerns without fear of retribution.	Υ
There was a strong emphasis on the safety and well-being of staff.	Υ
There were systems to ensure compliance with the requirements of the duty of candour.	Υ
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Υ

Examples of feedback from staff or other evidence about working at the practice

Source	Feedback	
Staff interviews	Staff we spoke with told us they felt supported by the clinicians and management.	

### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.

	Y/N/Partial
There were governance structures and systems in place which were regularly reviewed.	Υ
Staff were clear about their roles and responsibilities.	Υ
There were appropriate governance arrangements with third parties.	Υ

### Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

	Y/N/Partial
There were comprehensive assurance systems in place which were regularly reviewed and improved.	Y
There were processes in place to manage performance.	Y
There was a systematic programme of clinical and internal audit.	Y
There were effective arrangements for identifying, managing and mitigating risks.	Y
A major incident plan was in place.	Y
Staff were trained in preparation for major incidents.	Y
When considering service developments or changes, the impact on quality and sustainability was assessed.	Y

### **Appropriate and accurate information**

There was a demonstrated commitment to using data and information proactively to drive and support decision making.

	Y/N/Partial
Staff used data to adjust and improve performance.	Υ
Performance information was used to hold staff and management to account.	Υ
Our inspection indicated that information was accurate, valid, reliable and timely.	Υ
There were effective arrangements for identifying, managing and mitigating risks.	Υ
Staff whose responsibilities included making statutory notifications understood what this entails.	Y

Explanation of any answers and additional evidence:

The practice produced a monthly 'top ten', this kept staff updated about changes in the practice, new initiatives and identified risks.

The practice also produced a newsletter six monthly for patients and staff.

### Engagement with patients, the public, staff and external partners

The practice involved the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	Υ
Staff views were reflected in the planning and delivery of services.	Υ
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	Y

Feedback from Patient Participation Group.

#### **Feedback**

We saw that the Patient Participation Group was active and supportive in the practice. The group met regularly, produced detailed minutes and were responsible for improvements in the practice. Examples included: repainting the white lines in the car park at Beech Tree surgery to improve parking, funding approved for a sliding door at Ricall surgery which was installed 31 October 2018. The group were also involved in the plans to improve the branch surgeries.

## **Continuous improvement and innovation**

There was evidence of systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	Υ

Learning was shared effectively and used to make improvements.	Υ
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# Examples of continuous learning and improvement

The practice was currently pursuing funding to increase the size and facilities at Carlton Surgery which they stated was not fit for purpose. The practice was also aware of plans for further housing developments in the Selby area which could impact on patient numbers.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

	Variation Band	Z-score threshold
1	Significant variation (positive)	Z ≤-3
2	Variation (positive)	-3 < Z ≤ -2
3	No statistical variation	-2 < Z < 2
4	Variation (negative)	2 ≤ Z < 3
5	Significant variation (negative)	Z ≥3
6	No data	Null

Note: for the following indicators the variation bands are different:

• Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: https://www.cqc.org.uk/quidance-providers/qps/how-we-monitor-qp-practices

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease
- PHE: Public Health England
- QOF: Quality and Outcomes Framework
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.